

# TORBAY

NEWSLETTER

*more than a place - a lifestyle*

APRIL 2020

[www.torbay.co.nz](http://www.torbay.co.nz)



*Further work  
clearing Deep Creek*

Well done  
all you  
volunteers!

***April market closed for health  
and safety reasons.***

## Editor's Letter

Anzac Day is this month on Saturday 25th April.

It is an important date on the New Zealand calendar.

As numbers decline in attendance at the RSAs throughout the country, it is important that this day is not forgotten.

Many of us in our families have relatives who served in one of the world wars, or other conflicts and never returned. Buried on some foreign field with no marker or remembrance. Others did return missing limbs or marked forever by the hideous experience that is war. Their lives and those of their families were never the same again.

We have much to be grateful for. The sacrifice they gave, which robbed them of their tomorrow, gave us our today.

Help your children understand why it is important we remember this day.

This year's Anzac Day will have a very different look to previous year's. At the time we went to print the government were clamping down on all gatherings over 500 so that would put many dawn parades out of the picture. However Anzac Day is remembered this year take some personal time to reflect what it all means to us today in 2020. If the Second World War had not been won the world would be a very different place today.

Last month I made a "bloomer". Luckily there were those of you out there to help out. I incorrectly stated that there were three pillboxes in Torbay. I missed the one halfway along Long Bay beach. I stand correct- there are four. I never mind being told because it means people are reading this magazine, so all the effort of putting it together is worthwhile- so thank you to those who emailed and phoned.

Page 15 has some photos of a recent Deep Creek cleanup. Round of applause for all those who turn out to help in this necessary work, and thanks to local resident David Grey who spear heads the work.



Carole McMinn

## WE ARE ALWAYS LOOKING FOR NEWS ABOUT WHAT'S HAPPENING IN TORBAY

To submit a news item or advertise, please contact:

Torbay Newsletter Editor

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**Bill Ellis** Phone: 473 6482

This newsletter is designed and sustainably printed by Silverdale Print & Design  
09 426 5845



# FACEBOOK LIVE DISCUSSION CRIME & SAFETY

Thursday 23 April, 7.00pm

[facebook.com/EricaStanfordECB](https://www.facebook.com/EricaStanfordECB)

Tune-in to watch the discussion live. Ask questions, make comments and we will address them as we go.



(09) 478 0207

office@ecbelectorate.co.nz

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www.EricaStanfordMP.co.nz

**ERICA STANFORD**  
MP for East Coast Bays

with guest speaker  
**MARK MITCHELL**  
MP for Rodney



# VAUGHAN PARK

Anglican Retreat & Conference Centre

*Wāhi manaaki, taunga whakatā*

The Vaughan Park Anglican Retreat Centre is a special place.

Whether you arrive as a guest, visitor or staff; the Centre provides an array of services that will hopefully transform any person who comes through our gates.

What makes Vaughan Park inviting? Many will likely warm up to the accommodation afforded by the Centre; or others may admire the aesthetic surroundings; whilst to some, compliments are extended to the chef for a satisfying meal or the staff for their hospitality. But what makes Vaughan Park really special is that at the heart of the Centre is the Ruatara Chapel offering not only a rhythm of prayer and pastoral support, but provides a peaceful place/space to be still...

So, whether you are a regular guest, or even if you are looking in from the periphery as a neighbour, local resident, or a beachgoer – whose view of Vaughan Park is limited but equally important; we welcome all to experience Auckland's best



kept secret. Come down and be transformed at the Vaughan Park Anglican Retreat Centre at 1043 Beach Road, Torbay.

Sapati Tima is the Chaplain for the Vaughan Park Anglican Retreat Centre.

He is responsible for its spiritual life – including worship, daily prayers, spiritual mentoring and pastoral care for the staff, guests, scholarship recipients, as well as local residents. Sapati, his wife Meiolandre and their 3 young children stay onsite having moved from South Auckland. "I see this role as a calling to serve God, and to share the Gospel in a new capacity with people from all walks of life".

Sapati is an ordained Deacon under the Anglican Church working towards being a priest. He has over 10 years of experience in pastoral ministry and youth ministry having previously served under the Congregational Christian Church Samoa in

South Auckland both as an assistant and lead pastor. He was also a High school teacher at Alfriston College teaching the Samoan language before being called to chaplaincy.

Outside of work, Sapati likes to spend time with his family, travelling, sports, and enjoys a Sunday feast after a church service. He has a Postgraduate Diploma and Master's degree in Theology from the University of Auckland, majoring in Practical Theology. Sapati completed his Bachelor's degree in Biblical Studies from Malua Theological College in Samoa. However, he deeply believes that "There is no greater teacher than the Holy Spirit".

You can reach Sapati at chaplain@vaughanpark.org.nz or dial 473 2607 (Ext 210). Connect with him also over LinkedIn for networking, and more: [linkedin.com/in/sapati-tima-aa663919b/](https://www.linkedin.com/in/sapati-tima-aa663919b/) Faamanuia le Atua



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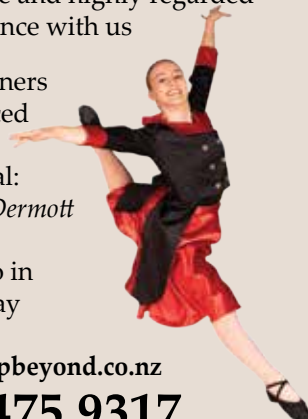
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harboursport.co.nz/calendar/harbour-sport-term-1-school-holiday-programme-2020



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# Torbay Theatre

Master Builder Phil returns from Rotoiti to spend his weekends building our set; the magical fairyland backdrop from last July's "Quest" play must make way for Quartet.



**ACTT AWARD** for Kyle Perwick and Paul Topliss: Best Lighting Design for **Snow Queen**. Congratulations Kyle and Paul: this Auckland-wide top prize is all down to your hard work and creativity.

**This Month: QUARTET** - a comedy by Ronald Harwood, directed by Steve Wright, 30 April-10 May

The theatre is busy with set building (almost finished), painting (ditto), costume creation (well along), prop gathering (a huge job!) and all that goes on backstage, with rehearsals a treat now that the garden scene, painted by artist Rob Campion, is mostly in place, adding its air of realism and beauty to Anne Rimmer's vibrant set design.

Come and see the eccentric approach taken by four retired opera singers to old age and the decline of their once-glorious talents. Wit and pathos abound. See website for dates, times, and to book.

**BROADWAY LIGHTS: A Musical Revue!** 22nd-31st May

A fantastic night out in Torbay! A great variety of all the best bits - song and dance from a wide range of favourite musicals.

For more information or to get involved backstage, please contact Tor on 021 250 7203 / torhardie@gmail.com

**Later in the year:** July-Holidays play for the very young, end-of-year musical, quarterly Club Nights, and more!

**Backstage Club:** Wednesday mornings, Gate Theatre.

**Jacqué Mandeno's Love Drama** speech and drama classes, Term One Show: 4th of April. To get involved or for more information, phone 027-522-7836.

**Lynette's French Theatre classes** (teens/adults), ph 0210-294-0630.

[www.torbaytheatre.com](http://www.torbaytheatre.com) Facebook @TorbayTheatre ph 473-5454

35 Watea Rd, Behind the Torbay Shops

## Torbay Community Association Annual General Meeting

The Annual General Meeting for the Torbay Community Association Inc. will be held at the Torbay Community Hall, Watea Road in the upstairs room at 7pm. on 27th. April 2020. We welcome anyone interested in our hall to attend.



# Local Vet Nurse Fundraising

Lauren is 26 years old and was diagnosed with Multiple Sclerosis in December 2015.

Lauren was studying full-time at Massey University. The diagnosis made her reassess what she was doing and made the decision to start studying to be a Veterinary Nurse.

At the beginning of 2019 she qualified and was rewarded with a full-time position at a local Vet Practice.

Having MS along with a full time job, Lauren has no energy for anything else except looking after her dog and her two rabbits.

Lauren's DREAM is to work with animal charities around the world caring for stray and sick animals.

However, she lives daily with constant nerve pain, spasms, loss of feeling in arms, legs and chronic fatigue.

MS can affect people in different ways - hand-eye coordination, sight, muscle weakness, balance, nerve pain, spasms, loss of feeling in limbs and chronic fatigue. These occur when the brain has trouble sending signals to the nerves and muscles.

Everyday Lauren takes a cocktail of medication. She also gets an infusion of a specialised drug every 5 weeks to help slow down the progression of her MS.

This drug (Tysabri) can lead to complications including a viral

infection of the brain called PML.

Autologous haematopoietic stem cell transplantation (AHSCT) is an intense chemotherapy treatment for MS. It aims to stop the damage MS causes by wiping out then re-growing your immune system, using your own stem cells.

This isn't funded in New Zealand. Many people from New Zealand have already undergone treatment abroad. Moscow is one of the centres that has pioneered the treatment, successfully treating patients for many years.

This costs a lot of money – treatment costs, travel and accommodation costs. The recovery period is at least 3 months.

We have been fundraising since January with pop up shops and sausage sizzles.

Future Events :

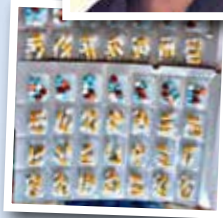
- Bond Movie Night and Raffle
- Quiz Night and Raffle
- Mid Winter Xmas Event
- East Coast Bay Vets - Tough Girl Team Challenge (looking for sponsors)

We are continuously looking for raffle prizes, donations and new ideas!

Givealittle - [givealittle.co.nz/cause/laurens-ms-treatment-reprogram-her-life](https://www.givealittle.co.nz/cause/laurens-ms-treatment-reprogram-her-life)

Facebook - LaurensMSTreatment

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## WENDY'S UPDATE

### EXCEPTIONAL SALE NUMBERS!

Stable prices were a major factor in why the Auckland property market burst into activity in February.

The prices buyers were prepared to pay met vendors expectations, and our clearance rate of properties at auction and by direct negotiation, were close to the numbers we were selling at the height of the 1990s property cycle.

Definitely a great time to be selling - the Auction process proving popular with excellent results for owners! We have a shortage of homes to sell – maximise your return on today's market!

We are settled back in our newly renovated Torbay Branch – a prime position to expose your property in our window.

If you are thinking of selling give me a call so we can discuss the many advantages of listing with Barfoot and Thompson,



No. 3 Individual Salesperson  
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Kind Regards,

Wendy



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# Monthly Quiz

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[brownsbayrotary.co.nz](http://brownsbayrotary.co.nz)

## Answers on Page 22

- 1 On a standard clock face how many degrees does the small hand move through in 3 hours? 6 Which 2 crews compete in the Thames annual boat race?
- 2 How many months in a year have at least 30 days? 7 What do humans have 206 of?
- 3 Which American said that President Trump's control of nuclear weapons is 'worse than any horror story I have ever written?'
- 4 Which language has official status in 9 South American countries? 8 Who was the subject of the first story to be published by Beatrix Potter?
- 5 In Germany what is a Gasthaus? 9 What famous North American landmark is constantly moving backwards?
- 10 In liquor stores you can buy pear brandy, with a real pear inside the bottle. The pear is whole and ripe and the bottle is genuine; it hasn't been cut in any way. How did the pear get inside the bottle?

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# Through Our Eyes PHOTO COMPETITION 2020

## PRIZES

### OPEN

#### 1st - \$100 Cash

Supplied by Torbay Unichem Pharmacy

#### 2nd - \$50 Cash

Supplied by Torbay Medical Centre

#### 3rd - \$25 Cash

Supplied by Torbay Medical Centre

### YOUTH

#### 1st - \$100 Cash

Supplied by Torbay Unichem Pharmacy

#### 2nd - \$50 Cash

Supplied by Torbay Medical Centre

#### 3rd - \$25 Cash

Supplied by Torbay Medical Centre

### KIDS

#### 1st - \$100 Cash

Supplied by Torbay Unichem Pharmacy

#### 2nd - \$50 Cash

Supplied by Torbay Medical Centre

#### 3rd - \$25 Cash

Supplied by Torbay Medical Centre

### PEOPLES CHOICE VOTE

#### Winner receives \$50 Cash

from Torbay Medical Centre

### VOTERS PRIZE

#### Winner receives \$50 Cash

from Torbay Medical Centre

## TO ENTER

Photos can be taken any time prior or during the entry window, by anyone, but must be taken in or around Torbay - this includes the area of Long Bay and Waiake. Private properties, businesses within the village, the Village, beach or park). Events within Torbay - ie: Santa Day.

"Through our Eyes" community photography competition is an initiative of The Torbay Business Association

Entries will be displayed in Torbay in April 2020 (MAC) for people to go and vote for their favourite Photo. This Gallery is then an opportunity for locals to vote, by way of email or a voting box for the "Peoples Choice award" for the Through our Eyes competition.

All Entries can be emailed to [competition@torbay.co.nz](mailto:competition@torbay.co.nz) and must be received by 15 April 2019.

no more than 5 entries per person will be accepted.

A photo entry must include the following information:

- Photographers Name
- Age (If in Youth or Child Category)
- Category entered
- Location photo was taken
- Description

Note: The photo does not have to be taken within the dates above, just submitted by the 1st of April 2020.

All photographs submitted remain the property of Torbay Business Association, and may be used to promote local events and Torbay Village.

Winners - will be notified via phone, and prizes awarded. Prize winners may be photographed, and promoted within the Torbay Village Magazine, The Torbay Village Website, and Facebook page.



## MAKE HAY WHILE THE SUN SHINES!!



Just as many have predicted, February's property market has been as hot as a lizard on a rock at noon, and there has been no drought of buyers either, scrambling to pick up what they can, especially in favourite school zones, with views, home and income or future subdivision potential. The long hot weather has afforded favourable sales, even of plaster homes, and our Barfoot auction houses have been packed to standing room only, with a high percentage of well-priced homes selling under the hammer, on the day. Many families have enjoyed settling

into our Torbay & Long Bay neighbourhoods, and we have more buyers who would dearly love the opportunity to give their children a beachside childhood. It's the best time to sell that we've had for a few years, now. If you would like a great price for your unique home, call Jen or Shane for a chat, some sound advice & a tailor-made roadmap from "LIST" to "SOLD". Ask about our latest marketing specials!

Jen & Shane

### Local House sales in February\*

1/59 Stredwick Drive	\$600,000	16C Charmaine Road	\$1,125,000
2/126 Stredwick Drive	\$665,000	34 Stredwick Drive	\$1,151,000
2/32 Stredwick Drive	\$700,000	47 Okura River Road	\$1,175,000
2/37 Glamorgan Drive	\$720,000	24 Long Bay Drive	\$1,180,000
1/20 Halder Place	\$787,000	68 A Carlisle Road	\$1,200,000
1/34 Waiau Street	\$825,000	1/26 County Road	\$1,276,000
2/48 Nor'east Drive	\$835,000	943 East Coast Road	\$1,280,000
21 Acacia Road	\$850,000	47 Hebron Road	\$1,312,000
2/44 Waiau Street	\$857,000	14 Keel Street	\$1,335,000
1/38 Waiau Street	\$872,000	5 Tuatini Place	\$1,420,000
2 Finchley Road	\$896,000	86 Deep Creek Road	\$1,435,000
1 Rock Isle Road	\$905,000	920 Beach Road	\$1,680,000
30 Bight Road	\$960,000	11 Tawatawa Street	\$1,700,000
70 Weatherly Road	\$985,000	12 Tuangi Street	\$1,750,000
7 Uruhau Close	\$985,000	79 Headsail Drive	\$1,770,000
151 Stredwick Drive	\$1,002,000	72 Vaughans Road	\$1,868,000
4A Makura Road	\$1,050,000	119 Vaughans Road	\$1,980,000
15A Manuawai Road	\$1,100,000		

\* Source REINZ

Median price for February 2020 **\$1,100,000**

## Shane & Jen Anderson

Shane: 0274 827 440 or Jen: 0211 77 55 30  
s.anderson3@barfoot.co.nz j.anderson@barfoot.co.nz



# Strengthen your body, de-stress your mind!



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emphasis on three planes of the body; physical | mental | emotional. Lynne understands the many aspects involved in exercise, for the support of good daily living.

Lynne's expertise and extensive experience, means anyone can train successfully to enjoy a stronger body, better posture, greater balance and loss of CM's. Lynne offers 'one of the best all round wellness experiences'.

Lynne has many very satisfied clients. Hear from two of them.

*"I have done training with Lynne for many years. I have found her large group to be fun and encouraging, small groups are intimate and challenging and personal training is focused and life changing. I am always astounded at the depth of Lynne's knowledge and experience and touched by how deeply she cares about her client's well-being. Her skills and wisdom cannot be exaggerated."* "D"



*"In my mid seventy's there I was again in a moon boot and on crutches having fallen yet again. I decided I either had to buy a couple of sticks for stability or do something. I "did" something- I went to Lynne.*

*The first two incredible successes for me were when after only a couple of weeks I could actually just stand up out of an armchair. Previously I had to wriggle to front of chair and launch myself up using my arms. The second was after 5 weeks. If I knelt down in the middle of a room I had to crawl to a sofa to haul myself up by my arms. I was able to get up without any other help. I can also now crouch and then stand- previously another thing I couldn't do. I felt energized and the weight started to fall off. Everyone noticed the difference in me. It has transformed my life."* "C"

Lynne also offers small group training for men and women, as well as an exercise class for women only. Exercises are adaptable to every person's level!

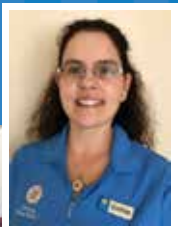
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# What is a Lion?

It is a muscular, deep-chested cat known as the “king of the jungle”, or it could be a rugby team, or it could be a member of the public dedicated to serve the local community. The last type is a much rarer species but it can be found in Browns Bay and its environments. If you look carefully you may spot one cleaning up the rubbish on Browns Bay beach or delivering firewood in the winter time. Occasionally we collect things like old spectacles from our local optician, Nicholls & Associates Optometrists, and we send them away to be cleaned and calibrated. These glasses are then sent to the Pacific Islands helping save the sight of thousands. We collect aluminium bottle tops and old coins which can be melted and reprocessed into money which is in turn released to charities. We are the ones lobbying for a life guard on Browns Bay beach in the summer time. We help out with traffic and crowd patrol at Christmas parades. We support some charities by assisting in their bucket collections. But by the far the easiest way of spotting a lion is to visit your local hardware stores or attend an



*Antonia Towers of Murrays Bay Intermediate receives from Chris Naylor, East Coast Bays Lions Vice President the Lions Good Citizen Award along with a cheque for \$75.*

event in Browns Bay. Here you will find a whole bunch of them selling sausages and drinks. This is our main source of income, all of which goes to charity. We the Lions do not take a cent for administration.

Lions come in all shapes and sizes, nationality and age (17+). Our club (or pride) is lacking in numbers particularly younger members. We are very interested in new ideas for projects in our local neighbourhood. In New Zealand there are about 9,000 members and worldwide it's 1.4 million in 208 countries. If you think you can help or you need our assistance please phone 0220473266 or email me at [chris.naylor886@hotmail.com](mailto:chris.naylor886@hotmail.com) or come along to our business meeting on the first Tuesday of the month at the Community Centre in Browns Bay. To those potential lions who say they cannot spare the time it takes just 90 minutes a month to attend our meeting and there is no pressure to help in any activities. Some Lions do some don't and some lions have special skills.

*Matthew Hill receives a cheque for \$1500 from Ricky Stephens, East Coast Bays Lions Club President to support an outward Bound course. "Outward Bound was the most of the most incredible experiences I have been through. It has changed how I choose to view the world when faced with adversity". (Matthew Hill)*



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## LIVE LOCAL. LIST LOCAL.

It's currently a more active market, so get your local team to give you a free appraisal on your property.

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**Ian & Diane Dodds**

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W: [www.ExperienceDoesCount.co.nz](http://www.ExperienceDoesCount.co.nz)



# Exciting new boutique opens at Long Bay

Jo Paradine, founder and owner of Coco Sand, had her first boutique in Singapore situated just off of Orchard Road but now opens her boutique in Long Bay Village.

After more than 27 years living abroad in Dubai, Bermuda and Singapore, Jo has decided to return home with her three children. Despite being born in Wellington she was raised on the North Shore so it was a natural choice to re-establish family roots where her heart was.



Jo has always had a keen interest in fashion but mainly in resort wear as she lives for the summer with days and evenings spent on or near the beach. She defies the winter months and believes that 'it's summer somewhere' and this is reflected in her designs and choice of fabrics which is primarily rayon and linen. Because Jo's creations have evolved after countless hours sitting with the manufacturers in both India and Indonesia you will not see them mass produced and quantities are kept to a limited amount. Her designs are priced to suit most ladies pockets without compromising style and quality.

Jo is joined by her manager and close friend (of over 30 years), Fenella and together they create a relaxed and welcoming atmosphere so swing by for a chat and have some fun trying on something new.



COCO  SAND

103/57 Glenvar Ridge Road, Long Bay Tel: 021422808



# Life on the Edge

## April 2020

### The Importance of the Ocean in the Climate Conversation

We value the fact that we live 'life on the edge'. The oceans play a significant role in our lives; not only is it where we play, learn & discover, but the oceans supply most of the oxygen we breathe! Not to mention that the ocean is home to more than half of the living creatures on earth! Climate change, caused by high greenhouse gas emissions, is affecting everything, including our oceans. However, the ocean is also a key component of our climate! It absorbs a huge amount



of carbon dioxide from the atmosphere. This has led to changes in chemistry, oxygen levels, productivity and food availability.

Ocean temperatures around the world are rising and warmer water has many implications; rising sea levels & the influx of freshwater from melting glaciers threaten to alter the weather-driving ocean currents and cause more frequent, powerful storms.

The message we want to leave with you is; don't lose hope. We can lessen our carbon footprint as well as protect and restore ecosystems to build resilience! Ecosystem restoration will take more CO<sub>2</sub> from the atmosphere – it's time to realize these opportunities that nature has already given us to help sequester carbon.

Article & photos by Yuin Khai Foong for Sir Peter Blake Marine Education and Recreation Centre, Long Bay. [merc.org.nz](http://merc.org.nz)

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Leaves are falling, autumn is calling!



# Torbay Friendship Club

At a well-attended AGM on 12 March, Barry Lumsden was elected President, Delphine Pearson as Vice President and Noreen McArthur as Secretary. [ see photograph]. Don Ferrari continues in the Treasurer's role. Out-going President Liz Yeats reported on another remarkable year for the Club: total membership had topped 100, financial position was healthy, all but one of the speakers at General Meetings had been very interesting, excursions to a wide variety of destinations were much enjoyed and all other activities (walking, rummikub, craft, mah-jong, coffee morning, casual lunch, scrabble & pot-luck dinners) were well supported. She thanked all the respective organisers of activities, the Board and all club members for their support.

On day 43 without rain 37 members boarded a private\*\* bus for Westhaven Marina, one of the largest marinas



in the southern hemisphere. Organisers were relieved the long hot summer days held for the trip on the "Red Boat". "The Hogwash" was formerly a tugboat built in the 1940s and chugs along on the original engine. The Waitamata Harbour was calm, the soft sea- breeze allowed many to sit up top, the passengers learned of the history of the famous

landmarks on the harbour and the Tamaki River - all in all a perfect day out. (see photographs).

The outing by bus on 29 March was to the Botanical Gardens, Manurewa . In April, again by private bus, members will visit Auckland Museum to see the Wildlife art exhibition and the virtual reality show on Antarctica. \*\*The Club is able to hire a private bus thanks to Treasurer Don's successful application to NZ Lottery Board Te Puna Tahua for grant monies to assist with travel costs. The generous grant of \$9,000 [\$3,000 for each of 3 yrs - to date \$6,000 expended) is most appreciated.

To know more about TFC one may make up to 2 visits to a General Meeting on the second Thursday of a month from 10am 'til noon in Torbay Community Hall. A warm welcome is assured.

<i>President:</i>	Barry Lumsden	tel 027 488 1161
<i>Secretary:</i>	Noreen McArthur	tel 473 1183
<i>Membership Secretary:</i>	John Harry	tel 021 541 233

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# Torbay Historical Society

The first Primary school in this area was at Long Bay, in 1888. The school was relocated in Deep Creek Road in 1940 – then to Browns Bay and renamed. We have written about this in previous Newsletters. But what about the history of the present Primary Schools in this area?

Torbay School, in Deep Creek Road opened in 1956. with 216 pupils. The people of Torbay wanted to name the School 'Deep Creek School' but the Education Board had already entered the name 'Torbay School' in its records. The first Headmaster was Mr. R. Kirton. The school was officially opened 14 months later, the delay having been because of the tardiness of the necessary work on the playground. On the 4th. May 1957 the then Minister of Education, Mr. Algie officially opened the school. He safely navigated the newly-sealed driveway, known then on as 'Algie's Walk'. The swimming pool was built in 1965. By 1975 the roll had reached 920.

Glamorgan School first functioned as a 'side school' to Torbay under the supervision of Bob Baird, Deputy Headmaster of Torbay School. On 2nd. August the first teachers and pupils came from Torbay School to occupy the first 3 available classrooms. The land had originally belonged to Dr. Maurice Greville. The school was officially opened February 1973 with the Headmaster John Hare. He remembers when the school was so remote the postman was not obliged to deliver mail so far up Glamorgan Drive.

Acting President: Bill Ellis, Secretary: Barbara Ellis - 473 6482



Before Glamorgan reached its maximum roll, Long Bay Primary School was being built, - but opening held up because of controversy of access. The school opened in 1979.

We hope that the schools are keeping their History in their archives.

The AGM of the Torbay Historical Society will be held Sunday 17th. May 2pm at the Vaughan Homestead, Long Bay. We hope to have a speaker and will advertise again in the May Newsletter.

Remember we are available to cater for Devonshire Teas at the Homestead for groups of 10 or more. The Homestead is also available for hire.

For Vaughan Homestead opening hours and bookings Phone 473 6482. The Homestead will open Sunday 19th April 1-4pm. email wjb2ellis@gmail.com

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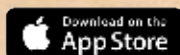
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# Good old chicken casserole

*With the cooler weather  
it is good to look at hot  
meals instead of salads.*

*Why not give this one a  
try?*



### Method

Heat a knob of butter and ½ tbsp oil in a large frying pan, cook onion for 8-10 mins until softened and starting to caramelize.

Meanwhile, put 1 ½ tbsp flour and a little salt and pepper in a bowl and toss 650g boneless, skinless chicken thigh fillets in it.

Add 3 crushed garlic cloves and the chicken to the pan and cook for 4-5 mins more until the chicken is starting to brown.

Transfer to your slow cooker, along with halved baby new potatoes, peppers, diced celery sticks, diced carrots, mushrooms, red kidney

knob of butter  
½ tbsp rapeseed or olive oil  
1 large onion, finely chopped  
1 ½ tbsp flour  
650g boneless, skinless chicken thighs  
3 garlic cloves, crushed  
400g baby new potatoes, halved  
2 sticks celery, diced  
2 carrots diced  
1 green pepper diced  
250 g mushrooms, sliced  
1 can red kidney beans  
500ml stock made with 2 very low salt chicken stock cubes  
2 tsp mustard  
1 cup chopped parsley  
Salt and pepper

beans, 500ml chicken stock, 2 tsp mustard and chopped parsley. Add pinch salt and good shake of pepper.

Give it a good stir. Cook on high for 4 hours. The smell while cooking will have you salivating!



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# Working bee held at Deep Creek on 25th February



Everyone pitched in to help.



*Photos by Bill Ellis*



  
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# Great start to 2020!

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# Torbay Garden

The dahlia was the March 'Flower of the Month' for the Torbay Garden Club. A variety of blooms showed why this flower is a splendid choice for gardeners, for both its beauty outdoors as well as in a vase. The theme for our floral arrangement was 'Summer Sunset' which produced colourful designs. Late summer was on display this month in flowers, foliage, fruit and vegetables.



Club Secretary, Georgie Maurice, has retired after thirteen years' service. President Hilary Collins acknowledged Georgie's much valued contribution and presented her with a gift and a framed certificate of service and appreciation.



Our charity for 2020 is the 'Garden to Table' initiative. Our speaker, Becks Kelleher, described how the movement began and outlined its objectives. The 'Garden to Table' programme aims to teach children the life-long skills of growing, nurturing, harvesting and cooking fresh food by following this complete cycle. It began 10 years ago in Meadowbank School with Year 4 children and has since extended to early childhood and intermediate levels across almost 200 schools nationwide. Each week around 400 children participate as part of their educational timetable. While some plant, weed, compost, and harvest vegetables

**President: Hilary Collins Phone: 478 1601**  
**Secretary: Ange Taft Phone: 021 631 103**



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# len Club



and fruit in the school garden, others prepare a shared meal from the produce they have grown. Many parent and community volunteers are involved for supervision and guidance with the theme of “grow, harvest, prepare and share”. In this way children from a range of backgrounds are able to have new tasty and nutritional experiences and to share this learning with their families. Torbay and Long Bay schools are among the participants.



## March competition results:

Most points – 1st Cherie Buckingham, 2nd Jo Price, 3rd Barbara Dines. Best in show – Jo Price. Decorative Trophy – Jo Price

Included in our previous trip was a visit to the extensive greenhouses of a commercial grower who described how indoor plants such as philodendron, ficus and anthurium are growing in popularity. It has been commented that with increasing apartment living, people are nurturing their pot plants as substitutes for pets. In April we visit two of Auckland’s historic homes and gardens – Alberton and Highwic, where we step back in “garden time” and learn more about this era of Auckland’s heritage.

## In the garden in April

Prune and tidy daylilies, daisies, lavender, phlox and other perennials that have finished flowering. Take pre-chilled bulbs out of fridge (eg. daffodil, tulip and hyacinth) and plant out in pots or garden beds. Plant the rest of your spring-flowering bulbs. Bulbs that have the best chance of success in warm climates are freesias, jonquils, ixias and babianas. Feed established shrubs and trees. Mix compost or old manure into the soil to get it ready for new roses. If soil is acid, add some lime. Feed lawns with a good quality lawn food and water well to carry the fertiliser down to the roots. April is one of the best months to plant trees and shrubs. Cut back geraniums with spotty, diseased leaves. Prepare for winter vegetables by digging in a good layering of compost.



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# JULIA PARFITT & ALEXIS POPPELBAUM

## Local Board members

### Deep creek estuary gets a launching pontoon

Locals might be unaware that the Deep Creek estuary is over 550 metres long and ends in a deep tidal pool below a small waterfall. The estuary was once a safe calm passage for the community to enjoy, but in recent times has been difficult to manoeuvre small craft (e.g. kayaks, stand-up paddleboards) in a passage that is subject to tidal currents and restricted by mangrove branches. Headed by Dr David Gray, the Deep Creek Restoration Society and its volunteers have been working hard to restore the estuary.



Dr David Gray and Brian Mooney from Deep Creek Restoration Society.

The Society gave useful feedback to the Local Board when it was consulting on its strategic plan in 2017. This led to an emphasis on the importance of the restoration of Deep Creek and investigating its upper catchment to better understand how to improve this local waterway. We're pleased to say that a contractor is currently underway putting in a kayak launching pontoon.

### Have your say on the Local Board's 3-year plan

The Local Board has been busy consulting with the community on our strategic three-year plan. We've already received great feedback online, at stakeholder sessions and at community events. The Local Board Plan guides the Board's activity, funding and investment. We are keen to hear the views of as many people as possible. You can give feedback online: [akhaveyoursay.aucklandcouncil.govt.nz](http://akhaveyoursay.aucklandcouncil.govt.nz) or you are welcome to email us [Julia.parfitt@aucklandcouncil.govt.nz](mailto:Julia.parfitt@aucklandcouncil.govt.nz), [alexis.poppelbaum@aucklandcouncil.govt.nz](mailto:alexis.poppelbaum@aucklandcouncil.govt.nz)

### Coming up – Movies in Parks

The NZ musical drama film Daffodils will be playing at Waiake Reserve Saturday 11 April. Pre-movie entertainment starts from 4pm.

## More than a Lawn Bowling Club

Our club, established in 1947 has seen many changes over the years, growing from a club of just a few ladies (who had their own club) and men who had the foresight to purchase land and develop the bowling greens, (at the time, an 'out of the way bowls club'), to a vibrant, mixed club that it is now in 2020.

With a membership of playing members and a social membership of 310 and growing, we offer excellent facilities for a range of activities.

Included in the club's current membership are players (men and women) who have won NZ titles. We also strongly support and encourage bowlers with disabilities, including those with impaired vision.

Alongside full coaching for people that would like to join our club as bowling members, we offer

- Casual, fun bowling on an hourly basis
- Competitive and roll up bowls twice weekly
- Facilities for Birthday Parties or celebrations of any sort
- Functions Team Building / Conferences / Fundraising Quiz nights
- Business House Bowls
- In-house Catering
- Affiliation to Clubs NZ – this means we accept any member of Clubs NZ to visit our facilities
- Indoor bowls
- Pool & Snooker



We also cater for the community at large, whether it be a small group or up to 200 guests, we can take care of your needs. Last year the Browns Bay Fishing Club joined as

Social members. We are also hoping to welcome the East Coast Bays Rugby League to our club as Social members. Each group has its own club night to enjoy a yarn & refreshments.

Last year a group of international tourists on a cruise around New Zealand, stopped off in Auckland & descended upon us to play bowls; that was great fun and a great diversion for them all.

In 2018, the East Coast Bays RSA joined us after their own building was sold. The Browns Bay Bowling Club and the RSA have formed a healthy, association - we have both worked hard to develop a good friendship & understanding of each other's needs. After the dawn service, ANZAC Day celebrations are held at the bowling club, with many smartly dressed officers, cadets & RSA members enjoying the day here. Music & food & refreshments are offered to all those that attend.

If you would like to know more about us, what we offer or simply want to check us out, don't hesitate to call – Browns Bay Bowling Club - Ph 478 6952 – Ask for Mike, Richard or Lin. We are at corner Beach Rd & Woodlands Crescent, Browns Bay.



# GRADUATE AWARDED YOUNG NEW ZEALANDER OF THE YEAR

Georgia Hale, Long Bay College's former student and staff member, has earned the coveted title of Young New Zealander of the Year.



Photo courtesy of NZ Awards

Her significant efforts in the community, supporting people with intellectual disabilities through her work with the New Zealand Warriors, has been acknowledged.

"I am absolutely blown away by all of this. To be recognised was definitely a moment I will forever remember," says Georgia.

Now, a Kiwi Ferns rugby league star and Community Coordinator with the New Zealand Warriors, the 2013 Long Bay College graduate says she remembers her time at the school like it was yesterday.

"There were so many people around who supported not just me but everyone. It's a great school to be a part of."

After school finished, Georgia turned down two scholarships and chose to return to the College to work as a Teacher Aide, assisting students in Learning Support. The role kick-started her interest in making rugby league accessible to everyone, including those with intellectual disabilities, which is still a big part of her work today.

"The students I worked with at Long Bay College made such a difference to me. It was just so rewarding seeing someone with an intellectual disability working so hard and then to see them 'get it.'"



Photo courtesy of NZ Awards

## National champion in athletics



It's been a fantastic athletics season for Year 11 student Nadia Evans who has become a National sprint champion.

She won the U18 100 metre and 200 metre events at the New Zealand Track and Field Championships in Christchurch last month where she sliced almost a full second off her 200m time, achieving a new personal best. She also anchored the Auckland U18 4 x 100m relay team to win gold and set a new Auckland Athletics record. In addition, while representing Long Bay College, Nadia set a new College Sport Auckland record at the Northern Zone Athletics Day for the 200m. Her incredible success comes

on the back of a difficult 2019 season when Nadia suffered growth related injuries that forced her out of training and off the track.

"I can't really believe it. But I do feel really proud," says Nadia of her newly achieved records.

Known fondly by family and friends as the 'Ginger flash' (thanks to her hair colour and speed), Nadia has an absolute passion for her sport and says she finds competing 'exhilarating'.

"I am quite competitive and I like to do well. I'm really excited to get out there. I don't really get nervous. I just try to do the best I can and whatever happens, happens."

Nadia was just five years old when she joined Torbay Athletics Club before moving to Bays Athletics. She has always had an enormous passion

for her sport and was delighted at age eight to meet her idol, legendary sprinter Usain Bolt. She is focussed on one day competing at the Olympics and Commonwealth Games. Nadia largely credits her success to her sprint coach Steve Erkkila who has guided her through the last eight seasons. She was selected to represent Long Bay College and New Zealand in the secondary schools' team competing in Sydney at the Australian Championships but this event has now been cancelled due to COVID-19. Nadia is excited to see what next season will bring.



# Easter Services 2020

## ECB CATHOLIC PARISH EASTER CEREMONIES 2020

St Francis, 8 Finchley Rd Torbay St Johns, 87 Hastings Rd Mairangi Bay

<b>Holy Thursday</b>	<b>9th April</b>	7.00pm	Mass of the Lord's Supper – St Francis
<b>Good Friday</b>	<b>10th April</b>	10.00am	Stations of the Cross – St Johns
<b>Good Friday</b>	<b>10th April</b>	3.00pm	Good Friday Service – St Francis
<b>Holy Saturday</b>	<b>11th April</b>	7.00pm	Easter Vigil Mass – St Johns, Note: No 5.30 Mass
<b>Easter Sunday</b>	<b>12th April</b>	7.30am	Easter Celebration Mass – St Francis
<b>Easter Sunday</b>	<b>12th April</b>	9.00am	Easter Celebration Mass – St Johns
<b>Easter Sunday</b>	<b>12th April</b>	10.30am	Easter Celebration Mass – St Francis

## Trinity @ Waiake Easter Services

**10.00am Sunday 5 April**  
Palm Sunday  
**8-9.00am Friday 10 April**  
Good Friday Breakfast & Communion  
**10.00am Sunday 12 April**  
Easter Day

East Coast Bays  
Methodist Parish

864 Beach Rd, Waiake.  
Minister: Rev Abhishek Solomon  
Ph 478 5107

## EASTER SERVICE TIMES

**8pm Thur 9 April**  
MAUNDY THURSDAY SERVICE

**10am Fri 10 April**  
GOOD FRIDAY COMBINED  
CHURCHES SERVICE AT ECB  
LEISURE CENTRE

**9.30am Sun 12 April**  
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## Holy Week and Easter

**Wilderness** – reflection/prayer space – Mon 6<sup>th</sup> to Thr 9<sup>th</sup> Apr, 5–7pm  
**The Last Supper** – Thursday 9<sup>th</sup> April, 5:15pm with roast meal  
**Good Friday Combined Churches** – Browns Bay Rec Centre, 10am  
**Intergenerational Good Friday**, Friday 10<sup>th</sup> April, 3pm, St Mary's

**Easter** – Sunrise Communion, 6:30am @ Waiake Beach  
**Easter** – Traditional Communion, 8:00am St Mary's  
**Easter** – Intergenerational Communion, 10:00am St Mary's



**St Mary by the Sea**

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## QUIZ ANSWERS

- The small hand on a clock face goes through 90 degrees in 3 hours.
- There are 30 days in at least 11 months of every year.
- Stephen King said Trump's control of nuclear weapons is worse than any horror story he had ever written.
- Spanish is the language with official status in 9 Sth American countries.
- A Gasthaus in Germany is a hotel.
- Oxford and Cambridge University boat crews compete in the annual Thames boat race.
- Humans have 206 bones in their body,
- Beatrix Potter's first story was Peter Rabbit.
- The rim of the Niagara Fall is moving backwards about .76 of a metre each year.
- The pear in the brandy bottle grew there (the bottle is placed over a pear bud when it is small and wired in place on the tree. The bottle is left in place for the entire growing season. When the pear is ripe it is snipped off at the stem.

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		LOW	HIGH	LOW	HIGH	LOW			
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Thu 02			02:18 2.9m	08:26 1.1m	14:44 2.9m	20:49 1.0m			
Fri 03			03:18 2.9m	09:27 1.1m	15:44 2.9m	21:53 0.9m			
Sat 04			04:22 3.0m	10:31 1.0m	16:49 2.9m	22:59 0.9m			
Sun 05			04:25 3.1m	10:32 0.9m	16:55 3.1m	23:01 0.7m			
Mon 06			05:24 3.3m	11:31 0.7m	17:57 3.2m	23:58 0.6m			
Tue 07			06:20 3.4m	12:27 0.5m	18:54 3.4m				
Wed 08	00:52 0.4m	07:14 3.5m	13:21 0.4m	19:48 3.6m					
Thu 09	01:44 0.3m	08:07 3.6m	14:13 0.3m	20:39 3.6m					
Fri 10	02:34 0.3m	08:58 3.6m	15:03 0.3m	21:30 3.7m					
Sat 11	03:25 0.4m	09:50 3.6m	15:53 0.3m	22:19 3.6m					
Sun 12	04:16 0.5m	10:41 3.5m	16:42 0.4m	23:10 3.5m					
Mon 13	05:09 0.6m	11:32 3.3m	17:32 0.6m						
Tue 14		00:02 3.3m	06:04 0.8m	12:24 3.2m	18:25 0.7m				
Wed 15		00:57 3.2m	07:02 0.9m	13:18 3.0m	19:21 0.9m				
Thu 16		01:55 3.1m	08:01 1.0m	14:15 2.9m	20:22 1.0m				
Fri 17		02:55 3.0m	09:01 1.0m	15:14 2.8m	21:26 1.1m				
Sat 18		03:52 2.9m	09:58 1.1m	16:14 2.8m	22:25 1.1m				
Sun 19		04:46 3.0m	10:50 1.0m	17:11 2.8m	23:18 1.0m				
Mon 20		05:36 3.0m	11:38 1.0m	18:02 2.9m					
Tue 21	00:04 1.0m	06:21 3.0m	12:23 0.9m	18:47 3.0m					
Wed 22	00:45 0.9m	07:03 3.1m	13:04 0.9m	19:28 3.0m					
Thu 23	01:23 0.9m	07:43 3.1m	13:42 0.8m	20:06 3.1m					
Fri 24	01:59 0.9m	08:22 3.1m	14:20 0.8m	20:43 3.1m					
Sat 25	02:36 0.9m	08:59 3.1m	14:57 0.7m	21:19 3.1m					
Sun 26	03:13 0.9m	09:37 3.1m	15:34 0.7m	21:5m 3.1m					
Mon 27	03:52 0.9m	10:17 3.0m	16:13 0.8m	22:35 3.1m					
Tue 28	04:34 0.9m	10:58 3.0m	16:54 0.8m	23:18 3.1m					
Wed 29	05:20 1.0m	11:43 3.0m	17:38 0.8m						
Thu 30		00:05 3.1m	06:11 1.0m	12:31 2.9m	18:29 0.9m				

Times adjusted for Daylight Saving.

# Market Pulse on the Shore

## Investors Poise to Take Advantage

Whenever there's a global challenge, shrewd people time their investment. We are experiencing such a period right now.

Loan interest rates are being reduced consecutively to encourage the market to continue spending. That coincides with more proposed changes to the tenancy law. With buyer demand at a seasonal high, the momentum may continue into and past autumn.

“ An unprecedented combination of factors are at play that could alter the course ... ”

The question is whether the expected slow in property sales will happen prior to the general election this year? No sign of a slow-down yet!

An unprecedented combination of factors are at play that could alter the course. The events of 2003 were similar and the demand for property resulted in a price increase, despite the predictions.

North Shore isn't a travel destination and may be able to avoid any of the industry-related decline.

It will be interesting to look back at the end of the year and see who the active buyers were. Property has always been the best long term investment. A much better prospect than off-shore!



*Don't Be Afraid to Give Up the Good for Great!*

### Getting Ready to Sell During Autumn?

*Summer is often seen as the most popular time of the year to list a home but it can be smart to wait until autumn to hammer that "For Sale" sign into your lawn.*

### Less Competition

There are fewer homes on the market during the autumn months, so you have less competition.

### Heating and Cooling During a Cooler Market

Weather extremes are less of an issue for open homes. Heat pumps and fireplaces become big selling points.

### Less Waiting for Trade and Preparation Teams

### Buyers are Keen to Move in Before Winter

I offer a wider and more diverse service than anyone else on the Shore! I can put you in touch with local trusted professionals, including: an experienced lawyer; financial adviser; interior home stylist; handyman; builder; electrician; gardening services; exterior house cleaning, property management and much more!  
*Check us out @ thinkbigkiwi.com*



["Thank You Pauline and Bryan for the Kind Words"](#)

*"We have bought and sold several houses over the last 10 years and each time Geraldine was the first person we contacted when we decided to make the move. She is extremely genuine, and has always given us straight up, honest advice."*

Geraldine Zareian

M 021 184 0312

E [g.zareian@barfoot.co.nz](mailto:g.zareian@barfoot.co.nz)

W [www.tosell.nz](http://www.tosell.nz)

**BARFOOT  
THOMPSON &**  
JOINED REAL ESTATE

[barfoot.co.nz/g.zareian](http://barfoot.co.nz/g.zareian)

# LONG BAY MEDICAL

Torbay Medical Centre is proud to announce that we have opened a satellite clinic in Long Bay Village.

Long Bay Medical is situated in the heart of the village at 55a Glenvar Ridge Road.

Our brand new clinic will offer the community a similar range of health care services that you have been receiving from Torbay Medical Centre just on a smaller scale.

You will be able to book your appointments on Manage My Health, just select the Long Bay button on our website or by logging onto Manage My Health.



You will be able to book an appointment on certain days at Long Bay to see your regular GP.

Dr Clare Dudding is available on Mondays, Dr Lynda Thwaites Tuesday and Thursday mornings, Dr Gareth Shalley on

Tuesday and Thursday afternoons, Dr Jess Joung on Wednesday and Dr David Thompson on Fridays.

Torbay Medical Centre has been part of the community for 30 years and we plan to have the same continuity of care with our new patients at Long Bay Medical Centre. Our opening hours are 9am - 12pm and 2pm - 5pm.

Enquire  
at Long Bay  
Medical Centre  
about enrolling  
on "Manage my  
Health Portal"

## APPOINTMENTS:

Mon – Fri : 9.00am – 12pm, 2pm – 5.00pm

Closed on Public Holidays

Long Bay Medical Centre 55a Glenvar Ridge Road, Torbay Ph: 09 473 0063



# What is COVID-19?

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a type of coronavirus.

## Symptoms

The symptoms of COVID-19 are:

- a cough
- a high temperature (at least 38°C)
- shortness of breath

These symptoms do not necessarily mean you have COVID-19. The symptoms are similar to other illnesses that are much more common, such as cold and flu.

Shortness of breath is a sign of possible pneumonia and requires immediate medical attention.

It is not yet known how long symptoms take to show after a person has been infected, but current World Health Organization assessments suggest that it is 2–10 days.

If you have these symptoms and have recently been to a country or area of concern, or have been in close contact with someone confirmed with COVID-19, please telephone Healthline (for free) on 0800 358 5453 or your doctor immediately.



## How it spreads

COVID-19, like the flu, can be spread from person to person. When a person who has COVID-19 coughs, sneezes or talks, they may spread droplets containing the virus a short distance, which quickly settle on surrounding surfaces.

You may get infected by the virus if you touch those surfaces or objects and then touch your mouth, nose or eyes.

That's why it's really important to use good hygiene, regularly wash and thoroughly dry your hands, and use good cough etiquette.

## Prevention – how to protect yourself and others

- Cough or sneeze into your elbow or by covering your mouth and nose with tissues.
- Put used tissues in the bin or a bag immediately.
- Wash your hands with soap and water often (for at least 20 seconds).
- Try to avoid close contact with people who are unwell.
- Don't touch your eyes, nose or mouth if your hands are not clean.
- Avoid personal contact, such as kissing, sharing cups or food with sick people.
- Clean and disinfect frequently touched surfaces and objects, such as doorknobs.
- Stay home if you feel unwell.

Call Healthline on 0800 358 5453 if you have any symptoms and have been to any countries or territories of concern or have been in close contact with someone confirmed with COVID-19.



# Torbay Pharmacy: Get Your Personalised Anti-Viral Plan: FREE

There is no "one-size fits all" solution to virus protection. That is why I am offering you your very own personalised Anti-Virus Protection plan.

## FREE For A Limited Time

I feel upset that many people are looking to profit from the Corona virus health scare by ramping up the prices of face masks and hand sanitiser. It is just not ethical. That is why I am offering my knowledge for free. Just my little way of helping to create health and calm in our current craziness.

Because I expect to be inundated with requests, I do ask that you write down for me some background information on your health.

I will consider this and write you out your own plan for effective and safe virus protection. It might take me a few days to get back to you depending on demand. But first in, first served.

## Your Personalised Plan:

No two people are the same, which is why for best safety and effectiveness I am will write a plan for you based on your medical conditions, allergies and any medicines that you take. This will ensure that we do no harm, and that you have the most effective solution for you.

If you are healthy (no allergies, no medical conditions and taking no medicines), then you can safely take my No More Colds or Viruses Optimal Health Solution straight off the shelf. This consists of my Anti-Viral Immune-Boosting Herbal Tonic plus a Wellness Multi. The combination of these two little beauties will seriously interfere with the ability of viruses to survive. More importantly, they will have your immune system fit and ready and able to control anything that gets thrown at it. In other words, you will be stronger, and the virus will be weaker. Boom!

Pop into the pharmacy and get your questionnaire (I'll need to know things like what medical conditions you have, whether you have allergies to anything, and what medicines and supplements you currently take).

Or if you are wanting to stay at home then email [info@torbaypharmacy.co.nz](mailto:info@torbaypharmacy.co.nz) and we will send you a questionnaire. I will then email (or leave at the pharmacy) your very own GAME PLAN Prescription for Wellness.

**Torbay Pharmacy**  
Ph 473 9629



# Unichem<sup>+</sup>

## Latest Robotic Technology Now Available at Torbay Unichem Pharmacy

We can now pack your medicines into single dose sachet packs.

No need to have multiple boxes and bottles for your medicines.

Super cool

Super convenient

Super easy to use

Super easy for our pharmacists - thanks to the new robot.

**And all this for FREE!**

Just our way of making your life a little more hassle free.



**Unichem Torbay Pharmacy**

1040 Beach Road, Torbay

**Phone:** 473 9629 **Fax:** 473 0730

**Email:** [info@torbaypharmacy.co.nz](mailto:info@torbaypharmacy.co.nz)

# Designed for Display

## Plant Material Shaped with Purpose

Fibre was the general theme for the March competition of the Hauraki Floral Art Club. Each level of entry was tasked with interpreting either fibre knotted, fibre bound, fibre stitched, fibre woven or plaited. The designs had to be in the form of a wall hanging and many creative ideas were on display.



Our guest for the day was well-known National Judge, Geraldine Bathhurst, whose helpful and knowledgeable critique was greatly appreciated. After a delicious shared lunch the Club's AGM was held, followed by a workshop conducted by our ongoing President, Pauleen Burfoot-Postins. Pauleen demonstrated a Freeform design which emphasizes the elements of space and asymmetry. This style of



floral art is created upwards from the floor, is freestanding and viewed from all angles, It is three-dimensional and follows a natural style in its use of plant material. Freeform will feature in the April designs of members who will also celebrate the Hauraki Floral Art Club's Golden Jubilee year. We meet at the Outram Hall on the second Wednesday of each month. For more information about the club, or to start free beginner's lessons Contact Pauleen on 4739916.



susan kinghorn  
*it's your move*



**Harcourts** Cooper & Co

Susan Kinghorn

Sales & Marketing Consultant

**M: 021 797 994**

Harcourts Cooper & Co Ltd

Licensed Agent REAA 2008

# CLASSIFIEDS



## ACCOMODATION

**Becmar Cottage** – Self contained, short term or holiday accommodation. Sunny, private, close to beach, shops, bus stop. Suit couple becmar9@gmail.com, 09473 9383 or 0274 901 900

**Wanted Furnished room or studio (studio to buy or rent)** – I need place from April 19th (or may 1st). I'm a single professional in my 50's. working in Torbay. please email Robin at robinjepson15@gmail.com



## BUILDING TRADE

**As Handy As** - For all your general household repairs and renovations, painting and decorating. Including kitchen and bathroom makeovers, tiling and laminate floors. Deck repairs and building. You name it- I'll fix it or build you a new one. Many satisfied clients. Phone Paul 021 253 9905 or 479 1748

**Builder** – Decks, Fences, Alterations. Free quotes. Phone Barry. 413 7133 or 027 280 1038

**Builder** – Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Also gutter cleaning and roof repairs. Phone Cliff 473 6317 or 027 618 5917

**Building & Landscape Maintenance** - Including general building maintenance, small renovations, handyman work, landscaping, fences, pergolas & more. References available. Call Dale on 0274397519

**Coast Roofing Ltd** - Long run roofing, new roofing, re-roofing and repairs. Local Torbay resident 35 years experience. FREE QUOTES. Contact Matt 027 274 6159

**Electrician** – Regd, Licensed, 34 yrs experience. 28 years owner and resident at Torbay. Available for installations/additions/ alterations, faults, repairs, power, hot water, lights and cookers etc. Ph George 473 6632 or Mob 027 492 0878

**Electrician** – 24hr service, All work considered, no job too small. All work guaranteed with Electrical Certification, phone Graham anytime 473 0233 or 021 067 6294.

**Fence Brothers** - For all your fencing needs. Fences, decks, gates, automation, steel or timber. FREE QUOTES. Phone Greg 0800 336 232 or 021 605 552

**Gera Glass** - Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! FREE quote phone Dylan 022 656 9417 or email geraglass@xtra.co.nz

**Interior exterior repairs & maintenance** eg painting, decks, paving to welding plus...Ph Ian: 021 1842426

**Kitchens** - new or facelifts, laundries and other cabinets... Listed on nocowboys under Groove Kitchens. Phone Garth 021397863.

**Painter** - No job too big or small. 30 yrs experience Heaps local references ph Clive 0274 812 231

**Painter and decorator** - After 36 years in the trade and 25 of those spent in Torbay I am scaling down my work load and able to do smaller jobs at a very fair rate. If interested call Darren for a free estimate 0272706728.

**Painting and Wallpaper Hanging** – Interior Exterior. 20 yrs Torbay. 35 yrs Experience. Paul 021420466

**Plasterers / Wallboard Stoppers** - Friendly local tradesman, trustworthy and experienced. Specialist renovations or small repairs. All work guaranteed. Ph Kaleb 021 0233 5032.

**Plastering/Painting** - Male and Female team 20 years experience, no job too small immediate start. Brad Ph 0272 5111 65 or 443 5064

**Plumber** – All work. Ph 473 7787 or 027 263 3217 Coastal Plumbing & Drainage

**TIPS Painters** – Interior/Exterior and Roof Painting John Trotter 021 0238 7190 jjtrotter1@hotmail.com Rob Jenkins 027 209 7204 alstye@xtra.co.nz



## SERVICES

**Butterflyer Personalised Transport** - Lisa's Mobile: 021-118-2715. www.butterflyer.co.nz

**Passport Photos** – Torbay Pharmacy. Phone 473 9629

**Summit Accounting and Business Solutions** - Your neighborhood accountant, for bookkeeping, tax returns, Xero/MYOB training and Company office maintenance call Sophie at 021 261 7060

**Tax Returns & Advice** - Phone Jon 473 8860

**Vision Accounting Solutions Ltd** – Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Phone Virginia 09 473 0507.



## HOME AND GARDEN

**21st Century Cleaning** - Carpets and general cleaning, phone Mike 021 656 885

**Active Tree Care Ltd** – All tree work undertaken qualified arborists & free quotes given. Phone 473 6723 or 027 555 6403

**Carpet & Upholstery Cleaning** – stain removal, free deodorising. Fly & Insect control. Phone Michael 473 1422 or 0275 739 112

**Floor Cleaning & Polishing** – Phone Michael 4731422 or 0275739112

**Garden Bags And Bins** – Prompt and professional service & competitively priced. Call John, 0508 262 626 or 021745992. jdpropertysservices.co.nz

**Garden Maintenance & Makeovers** – Qualified horticulturist available for plans, planting, bark & rock gardens, irrigation, lawn laying, tree pruning, hedge trimming, etc. Free consultation. Ph Roger N.C.H. 021 298 9368 or 473 8340. www.allgood.net.nz

**Handyman** – General property repairs and maintenance, inside and out. Tool and knife sharpening. Automated gaet installation. Ian 021 184 2426

**Handyman** - Born and bred in Torbay Martin is a qualified cabinetmaker and experienced professional. Allsorts property services is available for Property maintenance, odd jobs, decks, fences and garden services. Call Martin Bassett 027 452 6515

**Ladybirds Lawn Care** - Call Phillipa for your lawnmowing needs. 0276438888

**Landscaping** – From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Phone Peter on 09 473 5156. www.peterfrylandscapes.co.nz

**Landscaping** – Format Landscapes, Local, over 20 years experience, Diploma in landscape design. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quote www.formatlandscapes.co.nz call Matt 021599 107

**Lawn mowing & Garden Maintenance** – Contact Ian at Grassroots Mowing 021 764 426 or 473 2004 Affordable, Dependable Service ian@grassrootsmowing.co.nz

**Lawnmowing and Hedges** – Call Jim's Mowing 09 4438189 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed!

**Locks + Safes + Alarms + Cameras + Fire Protection** – Complete Family Protection. East Coast Bays Company no site call out fee. Ph 0800 875 247 or helpdesk@uslgroup.co.nz

**Premium Garden Solutions** - Phone Shane 021723751 or Email shane@premiumgardensolutions.co.nz Planting and Design, Paving, Hedges and Trees, Garden Maintenance Regulars and One offs, Formative Pruning, Irrigation Installs 25+ Years Experience

**Prestige Mowing** - specialising in quality lawn mowing, hedges and gardening, locally based in the Bays. Phone Steve on 021 2551273.

**Squeaky Clean-ers** – Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specializing in Residential / Office cleaning to show-home standard. Call or text Joy now to discuss your options. Ph 021 487 463. squeakycleaner.co.nz

**Waterblasting / House Chemical Washing** – all roofs, decks, paths, gutters and large concrete areas. No job too difficult. Both hard and soft pressures. Small jobs also welcome. Satisfaction guaranteed. Free quotes. Phone Graham 473 0059

**Window Cleaning** – All clear windows, great service, competitive prices. Call Scott for a free quote 473 8475 or 021 241 2121



## SIGNS

**SignAddiction** - Shops - Vehicles - Boats - Site Signs & more. Ph 0274 991 744 or 473 6364, sign.addiction@xtra.co.nz



## TRANSPORT

**Move with Murphy Ltd** - Ron Murphy Carriers, PO Box 35473, Browns Bay. Phone 444 6825

# CLASSIFIEDS



## FOR HIRE

**Awatuna Scout Hall** – at Waiake Beach available for hire for birthday parties, exercise classes. Kitchen facility included. Contact Sharon 021 025 73489



## TUITION

**Ballet** - Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. [www.dianne-wallaceballet.co.nz](http://www.dianne-wallaceballet.co.nz) Dianne Wallace RAD Dip Tchg Phone 027 603 0481 or 473 6992

**Ballet & Contemporary Dance** – Step Beyond Studios. Classes in Torbay. Beginners to advanced. Positive, inspiring & progressive school. Principal Marian McDermott. No exams. Home of acclaimed youth company One Step Beyond. Ph 475 9317, 021 027 01303 [www.stepbeyond.co.nz](http://www.stepbeyond.co.nz)

**Drama, Speech & Communication** – Jacque Mandeno VoiceWorks offers private and group tuition at the Gate Theatre, Torbay Community Hall, 5 years to adult. Everyone deserves a voice Phone 473 5454

**French rusty? Bring it alive!** – French Theatre classes (Adults/Teens), Torbay Community Hall. Also individual / conversation. Phone Lynette (Phd French), 0210-294-0630

**Spanish Lessons** - In Torbay and Browns Bay. Learn Spanish from a native Spanish speaker. Individual or small group lessons. Dynamic and fun too! Contact Ara on 021 0812 4141. [www.northshorespanish.nz](http://www.northshorespanish.nz)



## FOR SALE / WANTED TO BUY

**Pre-Loved Goods For Sale** – now in new premises at 12 Inverness Rd Browns Bay. Open Monday to Saturday 10am to 4pm.



ENTRY BY GOLD COIN DONATION

[sales@aucklandmamamarket.co.nz](mailto:sales@aucklandmamamarket.co.nz)

[torbayplunketnearlynewsale](https://www.facebook.com/torbayplunketnearlynewsale)



# What's On

**Al-Anon Family Groups** – Support group for family and friends of alcoholics. Visit [www.al.anon.org.nz](http://www.al.anon.org.nz) or phone 0508 425 266

**Alcoholics Anonymous** – 0800229 6757 [www.aa.org.nz](http://www.aa.org.nz). Join our friendly Tuesday night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking

**Browns Bay Ladies Club** - Retired and still young at heart ? Why not join The Browns Bay ladies club. We meet once a month on a Friday morning for trips, speakers and mini groups. Phone Margaret 478 2073 or Pat 479 1696

**Browns Bay Racquets Club** – would love to have more players 55 yrs plus... we play mixed doubles. Friday 9am .. we have lots of fun and fees are low, in fact nil at first. Ph: Roy 021 256 2192

**The Creative Keyboard Club** – who have Members in Torbay. We meet at The Community Hall, (behind St Cuthberts Church) 45 Anzac Road, Browns Bay, at 2.00pm every 2nd Sunday of the month and enjoy Music, from Members, and Guest Artists. Includes afternoon tea. Small Admission Fee. Please Phone Marlene 4783166, for further details.

**Dementia Social Group** - Runs Monday 10.30am - 2.30pm & Thursday 10am-2pm for people with early to moderate dementia for further information please call Margaret 09 4893176 or 0272258893.

**East Coast Badminton** – Active Badminton Centre, 44/46 Apollo Drive. Tuesday 5.30pm to 10pm. Don 478 3830

**East Coast Bays Bridge Club** - always happy to sign up new members. Lessons are starting March 16 (night time) and Tuesday morning March 17 Contact: 09 479-4689

**Exercise Group for senior women** – Monday, 9.45 – 11.15am, St Mary's By The Sea, 168 Deep Creek Road, Torbay. Free & friendly. Phone Jill 473 1932

**Get up & Active - Women's exercise classes.** All ages & levels. No high impact. Personal training also offered for men & women. Lynne Scott - [www.thebodytonicgroup.com](http://www.thebodytonicgroup.com) - 021 204 3280 [lscott@thebodytonicgroup.com](mailto:lscott@thebodytonicgroup.com)

**Inner Wheel Club of East Coast Albany Bays** - We are a group of women who enjoy being involved in the community. Come and enjoy some fellowship, interesting speakers and morning tea. We meet at the Presbyterian Church Hall, Mairangi Bay, Hastings Road entrance at 10am on the second Thursday of the month. Contact Carol on 479 7137

**North Shore Activity Group** – Welcomes singles/couples 40+. Phone Christina 021 887 696 or [www.meetup.com/north-shore-activity-group](http://www.meetup.com/north-shore-activity-group)

**Play Group** – Drop In - For Parents & Preschoolers. Tues & Thurs 9.30am-11.30am. \$3 per family. St Mary's Church Hall. Deep Creek Road.

**Rotary Browns Bay** - Torbay meets every 1st and 3rd Tuesday of the month at 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community ring Murray on 021 631662 or email [m.allison23@xtra.co.nz](mailto:m.allison23@xtra.co.nz) Come for a visit.

**Sewing Connect Group** – Tuesday mornings from 10:30-12:30 at 2/91 Glamorgan Dr, Torbay. No cost. Contact [lyngarrardnz@gmail.com](mailto:lyngarrardnz@gmail.com) & 021689011

**Torbay Tennis Club** - Torbay Tennis Club, situated behind the Community Hall, offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. Please visit our website for more information & registration/Open day dates [www.torbaytennis.org.nz](http://www.torbaytennis.org.nz)

**Torbay Indoor Bowling Club** – Are you looking for a New Activity or New to Torbay then come and join this friendly club on Monday 7:00 pm at Torbay Community Hall beginning the First Monday in February. You will be very welcome. Phone Kevin 473-3253 or Janet 473-1621.

**Torbay Walkers** – a group of friendly women meet every Wednesday afternoon at 4pm and walk for one hour. Please come along and join us, at the bus stop in Torbay Centre. For further information phone Irene 473 1159 & Diane 473 1761.

# TORBAY Village

## DIRECTORY

www.torbay.co.nz

## TORBAY BUSINESS ASSOCIATION



### DINING

#### RESTAURANT

- Chand Indian .....473 6259
- Piatti Waiake .....478 6936
- Scout Cafe.....887 9269
- Thai Torbay .....473 1674
- Tides Restaurant and Café...473 3771
- Torbay Bar .....473 1002

#### TAKEAWAYS

- Sushi Torbay .....473 6361
- Hot Roast Shop.....473 2134
- Torbay Takeaways.....473 9229



### HAIR & BEAUTY

#### BEAUTY THERAPY

- La Bella Vita Beauty .....473 0856

#### HAIR SALON

- Hairazors/Niaa The Hub .....473 9468
- Simply Colours & Cuts .....473 8111
- The Cutting Room.....473 5241
- Foxyy & Co.....473 2277

#### MASSAGE

- Jasmine's Thai Massage - ladies only..  
.....022 247 4753
- Nom Thai Massage .....473 5080



### GROCERIES

#### BAKERY

- Euro Patisserie - *Great range of fresh breads, eats, pies & coffee*..... 473 7535
- Torbay Bakery and Café  
- *Fresh each day*..... 473 6467
- Bakers Gallery - *Great coffee shop, ample parking* ..... 473 2998

#### BUTCHER

- Butcher - *Free range meats* ..... 473 2014

#### DAIRY

- Torbay Dairy  
- *For your convenience*..... 473 9721

#### GREENGROCER

- Torbay Fruit Shop  
- *Fresh produce daily* ..... 473 9429

#### GROCERIES

- BK's Four Square  
- *Service with a big smile* ..... 473 6197

#### LIQUOR

- Torbay Cellars - *Local wine, beer & spirits supplier*..... 473 9619



### OP SHOP

- Salvation Army Shop - ....473 2150  
*preloved goods and clothes*



### HEALTH

#### ACUPUNCTURIST

- Torbay Chinese Acupuncture Centre  
- *Leigh Zhang* .....473 2278

#### DENTIST

- Lumino - *Impeccable service* .....473 1400

#### DOCTOR

- Dr Paul Hunter - *'The Cottage'*.  
987 Beach Rd.....473 9594
- Torbay Skin Clinic.....477 1111
- Torbay Medical Centre .....477 9000
- Waiake Medical Centre .....478 7660

#### MEDICAL TESTING

- Community Laboratory  
- *appts needed* .....473 1908

#### PHARMACY

- Torbay Pharmacy .....473 9629 or 473 0730

#### PHYSIOTHERAPY

- Torbay Physiotherapy & Hand Clinic  
..... 473 0333

#### PODIATRIST

- North Shore Foot Clinic .....021 0322 856



### SERVICES

#### DOG GROOMING

- Dogs Body Grooming Parlour .....473 1500

#### GARAGE

- Torbay Service Station *Workshop* 473 6408  
..... *Forecourt* 473 5281

#### REAL ESTATE

- Barfoot & Thompson.....473 9190
- Bayleys..... 487 0630

### COMMUNITY GROUPS

- Adult Community Education ..... 477 0075
- Age Concern North Shore ..... 489 4975
- Age Plus Charitable Trust ..... 09 550 3387
- Association of Book Crafts ..... 473 6865
- Awatuna Sea Scouts ..... 478 2254
- Bays City Judo ..... 473 7855
- Browns Bay Presbyterian Church ..... 478 2441
- Citizens Advice Bureau ..... 479 2222
- City Impact Church ..... 477 0300
- Dances of Universal Peace ..... 473 7344
- Deep Creek Restoration Society ..... 0211586681
- Dementia Social Group ..... 09 4893176 or 0272258893
- East Coast Folk Club ..... 09 426 3588
- ECB Bible Baptist Church ..... 473 8562
- ECB Catholic Parish ..... 478 4565
- ECB Lions Club ..... 476 5627
- ECB MP ..... 478 5107
- ECB Toastmasters ..... 0221632673
- ECB Widow & Widowers Association ..... 479 6042
- Friends of Sherwood ..... 476 7279
- Friendship Club of ECB ..... 09 424 0246
- Girl's Brigade ..... 09 473 8626
- Long Bay Baptist Church ..... 473 2498

- Long Bay Baptist Mainly Music ..... 476 6114
- Long Bay Okura Great Park Society ..... 473 9642
- Long Bay Toastmasters ..... 027 458 5688
- Long Bay Residents Association ..... 027 272 3960
- Mainly Music ..... 09 947 3378
- Neighbourhood Support ..... 09 353 0427
- North Harbour Tripe and Onion Club ..... 410 5298
- North Shore CMA ..... 489 8954
- North Shore Historical Society ..... 09 489 5489
- North Shore East Parkinson's Group ..... 444 9379
- North Shore Kick boxing ..... 021 228 2808
- NS Brass Academy ..... 021 084 15370
- Plunket ..... 473 9611
- Rotary Browns Bay - Torbay ..... 473 6418
- Salvation Army Op Shop ..... 473 2150
- SANZ Coffee Group ..... 478 5933
- Step Beyond Studios ..... 021 0270 1303
- Shore Presbyterian Church ..... 021 036 7957
- St Mary by the Sea Anglican Church ..... 473 8180
- Torbay Community Playgroup ..... 473 4473
- Torbay 60s Up ..... 09 421 1011
- Torbay Friendship Club ..... 473 7908
- Torbay Community Hall ..... 478 4091
- Torbay Theatre ..... 473 5454
- Torbay Garden Club ..... 478 1601

- Torbay Historical Society Inc. .... 473 6482
- Torbay Indoor Bowls Club Inc. .... 473 3253
- Torbay International Coffee Group ..... 473 3259
- Torbay Kindergarten ..... 473 9340
- Torbay Play Centre ..... 473 8077
- Torbay Running Group ..... 475 5501
- Torbay Sailing Club ..... 473 9955
- Torbay Sailing Club - Hall Hire ..... 473 9519
- Torbay Senior Citizens ..... 473 5593
- Torbay Transition Towns ..... 473 9642
- Torbay Walkers ..... 473 8731
- Trinity Methodist Church ..... 478 5107
- Zumba Group ..... 021 752007

#### SCHOOLS

- City Impact School ..... 477 0302
- City Impact Arts Academy ..... 477 0300
- Corelli School ..... 476 5043
- Glamorgan Free Kindy ..... 473 5099
- Glamorgan Primary School ..... 473 6453
- Long Bay College ..... 477 9009
- Long Bay Primary School ..... 473 6077
- Northcross Intermediate School ..... 477 0167
- Titoki Montessori School ..... 473 0362
- Torbay Primary School ..... 473 8603



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**FOR SALE**

58 Headland Drive, Long Bay

Ref. 787335

🛏 5 🌳 3 🚗 2



**FOR SALE**

5 Remuremu Street, Long Bay

Ref. 781607

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**FOR SALE**

27 Gilbert Place, Torbay

Ref. 785868

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**FOR SALE**

2A Mizpah Road, Torbay

Ref. 785969

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**FOR SALE**

68 Arran Road, Browns Bay

Ref. 786190

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**NO. 1**

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