



www.torbay.co.nz

Editor's Letter

There is something very challenging about the start of a new year.

When you look back at the year just passed and you see so many missed opportunities, now is the time to make sure they are not missed for a second time.

Gym memberships have a sudden rise in January when people full of Christmas food and good intentions sign up to get themselves fit and back in shape.

Smokers will often use 1st of January as a start for nicotine patches and will power.

Lovers of good wine will sometimes make the decision to have at least 2 alcohol free days a week to give the liver a rest.

New jobs, new homes, new relationships also figure heavily in the list of resolutions too. The break period having been a good time to reflect and "see where you are at". Sometimes it has been easier to "coast" along in the comfort of a less than challenging job and you really know that now is the time to make the next move on the career ladder. Having spent considerable time at home over the Christmas period the shortfalls of your home have been highlighted and upsizing or downsizing may now really be appropriate. Sadly a holiday period always seems to bring the worst out in a failing relationship and now may be the time to move on.

Getting up earlier to make a better start to the day is one I have heard this year - it will be interesting to see how long that one goes once they are back at work!

I am a list person. I have a daily list, a weekly list, a monthly list and now at my age I don't bother with a yearly list! Every year I make the resolution to complete every task on my daily list - fatal to carry over into the next day

as it puts you under pressure. Time and circumstance means that this does get broken so this year I have made the resolution to make more realistically achievable lists!

Statistics show, unfortunately, that 95% of all resolutions made at the start of the year have all fallen by the wayside- so make sure your resolution is realistic so that it can become a reality for 2019.

I wish you all the very best for 2019.



Carole McMinn



For all your exterior requirements Call today for your free quote

PHONE: (09) 473-0313 021-2313788 - IAN

www.typhoonbuildingwash.co.nz



D 473 3990

e sewinspired@xtra.co.nz www.sewinspired.co.nz





Stella Bryon CELEBRATES 100 YEARS!

On 4th January earlier this year Torbay Rest Home held a very important celebration- Stella Bryan celebrated her 100th birthday.

Born on Waiheke Island to Jimmy and Nellie Day (the Day family was one of the original European settlers on Waiheke, and Days Bay on the western side of the Island is named after the family).

Stella was the youngest of 7 children (3 brothers and three sisters) and the four sisters all shared the longevity gene. Her sister Sheila (Allen) also reached 100 years on 1 April 2016. The other two lived until late into their 90s.

Stella grew up on the family farm on Waiheke where she inherited lifelong passion for horses – firstly as a very competent rider and later in life as a great follower of horse racing. At very young age she regularly rode to school as was common at that time. She spent time in Auckland over the war years and married Bob Bryan in Auckland in 1950. They lived outside of Auckland (Christchurch, Whangarei, London, Rotorua and Hamilton) before returning to Auckland in the early 80s when her husband retired. They bought a house in Bournemouth Terrace in Murrays Bay in the early 1980s and lived there until she moved into Torbay Rest Home 4 years ago. Sadly her husband died in the mid 1990s.

Stella loved to play golf and was keen and competitive, with an 18 handicap. She was a member of many golf clubs and other clubs locally.

Stella has one child, Warwick, two granddaughters, Michaela and Jessica who live in Sydney and London respectively, and two great grandsons, Charlie and Jimmy - and they all travelled to Auckland to be with Stella for her 100th birthday.



The birthday party also attended by some of the children of Stella's brothers and sisters (all of whom have passed away), her late husband's younger sister (Joyce Bongard) and some of the children of his five brothers and sisters

Stella really enjoyed receiving her letter of congratulations from the Queen.

We are always looking for news about what's happening in Torbay

To submit a news item or advertise, please

Torbay Newsletter Editor

Carole McMinn

Email: editor@torbay.co.nz

Phone: 473 3259

Torbay Business Association Coordinator Joanne Martin

Email: coordinator@torbay.co.nz

Phone: 021 614 655

This newsletter is designed and sustainably printed by Silverdale Print & Design: 09 426 5845 Torbay Website: Joanne Martin

Email: coordinator@torbay.co.nz

Torbay Business Association Chairman:

Tony Carter

Barfoot & Thompson Torbay Phone: 09 473 9190

Torbay Newsletter photographer: Bill Ellis Phone: 473 6482





PHYSIOTHERAPY & HAND THERAPY

Now open Saturday mornings!

Monday to Friday 8.00am - 6.00pm

- Hand therapy
- Back pain
- Neck Pain
- Sports injuries



Email admin@torbayhandphysio.co.nz Website www.torbayhandphysio.co.nz

1042 Beach Road, Torbay

Phone (09) 473 0333

Saiph Technologies COMPUTERS & ACCESSORIES



New systems, Rebuilds, Upgrades, Maintenance, Printers, Networking and Software Installation

> Ralph Barker CompTIA Certified Service Technician

Tel: (09) 473 6706 021 0747 913



\$9 Meal Deal

Purchase any meal and second meal is only \$9

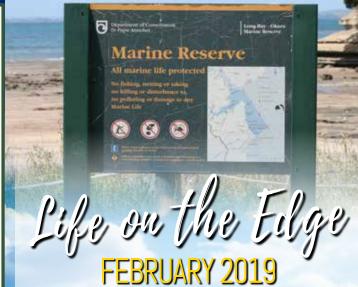
Tuesday, Wednesday & Thursday

*Dine in only, please book and this coupon must be presented. \$9 meal will be equal or lesser in value to paid meal. One \$9 meal per coupon, maximum 2 coupons per table, not to be used in conjunction with any other deals or specials. Promo ends 28 Feb 19. Deal not available Valentine's Day (14 Feb 19) Piatti reserves all rights.

Open hours Tue to Sat - 5pm to close

5 Hebron Road, Waiake phone: 09 478 6936 email: info@piatti.co.nz website: www.piatti.co.nz





Having Long Bay Regional Park and Long Bay Okura Marine Reserve as neighbours means we are reasonably knowledgeable about the regulations and guidelines in place to protect these beautiful places, the creatures inhabiting them and the people who visit. This places us in a

position to extract fun and meaningful experiences while adhering to rules and regulations as we do year round so it is possible! While the kids manage to set a great example, sadly we see people who can't.





Sometimes regulations don't make sense to an individual and may be in place for reasons users aren't privy to. can't understand nor agree with, but that doesn't mean we should disregard them.

We encourage people to take the time to inform themselves of local regulations before heading off to a location. It would be embarrassing to find yourself fishing in a Marine Reserve or lighting a fire when there is a fire ban for the sake of doing some research before exploring. Likewise, when you see people in our local area not adhering to the rules, a reminder wouldn't go astray. And as always, if you are caught out, taking action to adhere to rules is the preferred course of action.

Yuin Khai Foong for Sir Peter Blake Marine Education and Recreation Centre, Long Bay, www.merc.org.nz

FINANCIAL PROBLEMS? WE CAN HELP

Many people find financial difficulties cause stress and relationship problems. They find that their Xmas spending catches up and, there is an apparent unsurmountable credit card debt. There are ways to manage debt and help get control of the situation. We can help you.

We frequently have clients contact us seeking help to get them through difficult financial situations.

Trained volunteers will take the time to confidentially assess and understand your problem. You may qualify for assistance to buy food for your family, or if you are on a low income, you may be eligible for financial assistance. There are many Government sponsored services available and we can help guide you towards the service which would be most appropriate for your situation. Many people just need help with budgeting their income and expenditure. We can give you contact details for budgeting assistance organisations.

We can help with any financial problems. A client recently called in and said that when applying for hire purchase finance, he was advised that he had a bad debt record. The client had no knowledge of this and wanted to know how he could check. We were able to advise him he could check his credit record with 3 credit reporting firms. If any incorrect information was recorded, he could apply to have the information corrected.

The Citizens Advice Bureau website (www.cab.org.nz) gives more detailed information about financial assistance and services with links to reliable websites, or phone or call in to a CAB branch for information.

At the Citizens Advice Bureau, Browns Bay, trained volunteers receive questions and gueries from a wide range of clients. Questions may relate to tenancy issues, employment, migrant information, budgeting, family and personal issues or simple things like where to find a social event. Our advice is free and confidential. We empower our clients by giving access to information, options and support to meet their needs.

In CAB Browns Bay and Northcote we welcome New Migrants to book an appointment for our free Settlement Information service. We have Chinese and Korean speakers on duty every week. Clients are welcome to phone us with their questions or call in for a face-to-face discussion.

Our Justice of the Peace is present every week day - hours vary from day to day so please check our website or call to confirm JP attendance hours. You can also follow our Facebook page for updates or more information.

Citizens Advice Bureau

2 Glen Road, Browns Bay Community Centre Hours: 9.00am to 4.30pm.

Phone: 479 2222

W: www.cab.org.nz E: brownsbay@cab.org.nz Facebook: www.facebook.com/CabNorthShore



Service | Experience | Results

WENDY'S UPDATE

WELCOME 2019

The average 12 month sale price for 2018 at \$929,910 is up on that for 2017.

The Auckland property market ended the year edging towards its first decline in prices for a decade. A range of factors contributed to market uncertainty - non New Zealand residents being restricted from buying certain categories of property, decline of prices in Australian cities, potential for capital gains for investment properties in the future.

We are still experiencing strong activity in the Torbay/Waiake area - working thru the holiday season saw a lot of enquiry for purchasing - we are an extremely popular place to live in!

If you are thinking of selling or would like to have a discussion about your real estate requirements please call me direct 021 772 070

Wishing you a fantastic New Year,

Kind regards,

TOP INDIVIDUAL SALESPERSON TORBAY BRANCH 2017-2018

Consistently Awarded Excellence in Sales Performance



Wendy Radcliffe **M** 021 772 070 **E** w.radcliffe@barfoot.co.nz





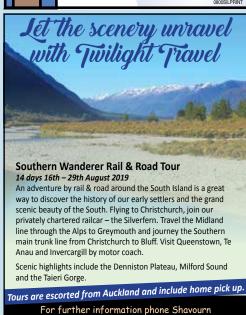
09 476 4564

Find us upstairs at: Unit N6 Rosedale Rd Pinehill

after hours ppointments

www.venusdentureclinic.co.nz



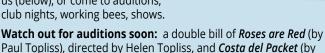


Twilight Travel & Tours 0800 999 887 info@twilighttravel.co.nz www.twilighttravel.co.nz



After our very popular Charlie and the Chocolate Factory, we return refreshed to a full programme over 2019. New members are always welcome, aged 8-88(ish): contact

us (below), or come to auditions,



Anthony Booth), directed by Lynne Davis, on-stage in June.

Our first informal Club Night of the year will be in March: we are looking for teens and young adults keen on directing, acting, backstage involvement, to join in short rehearsed playlets for Club Nights - see our Facebook page for details, and come develop your skills while having a barrel of fun.

Later: July-Holidays play for the very young, once again written by Sophia Burton.

This year's December Musical is **The Snow Queen**, written and directed by Paul and Helen Topliss, with music composed once again by *Charlie* and *Cinderella* composer Jonah Vakapora-Hall.

Wednesdays 10:15am-12: Regular fun social back-stage group: sew, build, paint, create! Gate Theatre.

Children, youth and adults flock to Jacqué Mandeno's VoiceWorks speech and drama classes, with a show each term. Everyone deserves a voice. First week starts 4th February. Phone Jacqué: 473-5454.

Revive / improve / polish your French with Lynette's French **Theatre** classes for teens and adults: from skits, games and Python to Molière and Racine. Phone Lynette: 478-7911 / 0210-294-0630.

www.torbaytheatre.com

For more information, phone 473-5454, or see our Facebook page.



BARFOOT & THOMPSON WINS BEST REAL ESTATE COMPANY IN THE WORLD AT THE INTERNATIONAL PROPERTY AWARDS IN LONDON.

2018-2019

We are thrilled to announce that Barfoot & Thompson has been named as the Best Real Estate company in the World at the acclaimed International Property Awards in London. In addition, the company scooped two of the three awards for the Asia Pacific region, one for the Best Agency over 20 Offices and the other for Best Marketing of the Nugent Rise project, with a nomination for Best Lettings Agency.

Peter Thompson, Managing Director said "This is an achievement made possible by every single one of our staff and being acknowledged at this international level shows that a local company can compete on the world stage when it comes to real estate."

"We are extremely proud of our win and recognition by our peers for the international standard of service that our clients receive through our amazing network of salespeople. Being a family owned

business we pride ourselves on exceptional service delivery which is only made possible by our diverse, driven and committed Barfoot & Thompson team."

About the International Property Awards

The International Property Awards recognise the highest levels of achievement by companies operating in all sectors of the property and real estate industry.

The awards are open to residential and commercial property professionals from around the globe. Competition between entrants in the Asia Pacific region is strong, with companies from around 25

countries vying for recognition across every category.

More than 80 experts are involved in a meticulous judging process covering every aspect of the property business.

Local Branch Manager Tony Carter was delighted to hear of the award.

2018 was a Busy Year in the Bay Get Ready for A Fantastic 2019!!

Peter Thompson reported that, in Auckland, 2018 was a more active year for residential sales than 2017, with sales numbers up 8.1% on 2017. The overall median sales price has remained relatively steady, dropping less than 1%, and is still sitting at \$836,792 Auckland-wide, with vendors that were prepared to meet the market who achieved their sales, while those holding out for their dream price, possibly did not.

Our local median is still well above that, being \$944,000 for Nov/Dec. Houses are taking a few days longer to sell, on average, but patience has been the winner, and it has been a good choice for those relocating, to get their house on the market early, before purchasing the next, in order to avoid disappointment once they find the home they like.

Call Shane or Jen for sound advice & your best price for your valuable home.

NOV/DEC 2018 SALES: Torbay to Waiake

Dunraven Pl	\$609,100	East Coast Rd	\$950,000
Portobello Pl	\$705,000	Glenvar Rd	\$970,500
Weatherly Rd	\$745,000	Mawson Ave	\$990,000
Glamorgan Dr	\$745,000	Palawan Pl	\$1,050,000
Salem Pl	\$795,000	Freya Pl	\$1,120,000
Weatherly Rd	\$843,000	Tiri View Pl	\$1,150,000
County Rd	\$845,000	Law St	\$1,180,000
Tallington Cres	\$859,500	Awaruku Rd	\$1,270,000
lan Sage Ave	\$867,000	Manuwai Rd	\$1,300,000
Alexander Ave	\$882,000	Deep Creek Rd	\$1,435,000
Relko Cres	\$890,000	Sharon Rd	\$2,325,000
Regatta Rd	\$930,000	Sharon Rd	\$2,550,000
Beach Rd	\$938,000	Gilberd Pl	\$2,800,000

Median House Price in Torbay for Nov/Dec = \$944.000



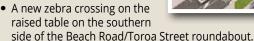
Shane & Jen Anderson
Shane: 0274 827 440 Jen: 0211 77 55 30
s.anderson3@barfoot.co.nz A/H 473 8338

*source REINZ

Barfoot&Thompson

TORBAY TOWN CENTRE SAFETY IMPROVEMENTS

Auckland Transport (AT) is working alongside the Hibiscus and Bays Local Board to make changes to roads in the Torbay town centre to improve safety and accessibility for all road users. The improvements proposed, shown in the concept plan below, include:



- Building out the kerbs near the Beach Road and County Road intersection, the Beach Road and Toroa Street intersection and north of the Beach Road and Deep Creek Road intersection to help encourage slower vehicle speeds upon entry to the town centre.
- Moving the bus stop on Beach Road opposite Chand Indian Restaurant by a few metres to enable buses easier access to the bus stop.
- Introduction of three 30 minute waiting spaces (P30) on Toroa Street near its intersection with Beach Road.

Another aspect of this project is the reduction of the current 50km/h speed limit through the town centre to 30km/h. This change will be consulted on in early February/March 2019 when Auckland Transport begins



the legal process for changing many other speed limits across the region, as per Section 27.1 of the Land Transport Rule: Setting of Speed Limits 2017. Whilst physical changes in the town centre may be constructed earlier, implementation of the 30km/h zone will not take place until after July 2019 when Auckland Transport completes the legal process required.

The aim of the project is to improve safety for all road users. Hibiscus and Bays Local Board members see these changes as important and are funding the proposed improvements through their Local Board Transport Capital Fund, a capital budget provided to all local boards by Auckland Council and delivered by AT. Local boards can use this fund to deliver transport infrastructure projects that they believe are important to their communities but are not part of AT's work programme.

More information on the changes planned for Torbay can be found at: https://at.govt.nz/projects-roadworks/reducing-speed-limits/torbay-town-centre-safety-improvements/. Look out for your opportunity to comment on the proposed speed limit change when AT consults on its Speed Limits Bylaw early in 2019.

You can **count on us** every step of the way



EAST COAST BAYS | HIBISCUS COAST

At Forrests we can help you make that time memorable.

- Qualified, professional & caring staff you can count on.
- Two locations: Browns Bay and Orewa, both with on-site chapels and reception facilities.
- Excellent audio visual systems, including web streaming.
- FDANZ Pre-plan & pre-paid options available.
- Forrest monumental, headstone
 & plaque services.





Let us dance!

Look out for BRAEMAR SCOTTISH COUNTRY DANCE CLUB members dancing at BROWNS BAY BEACHFRONT on TUESDAY 5th FEBRUARY from around 6pm. Why not join in with us and have a go?

Scottish Country Dance is an enjoyable and healthy pasttime, as you can see from these photos, taken at our Club recently.

We are a friendly and welcoming club and, following our beachfront event, we warmly invite you to come to our TWO FREE OPEN NIGHTS on TUESDAYS 19TH and 26TH FEBRUARY at ST ANNE'S HALL, BROWNS BAY (corner of Glencoe Road and Beach Road). Wear comfy soft-soled shoes, but no other special clothes are needed.

We dance every Tuesday evening at 7.30pm. Do come along, either on your own or with someone you know. Age is irrelevant! You don't need to bring a partner, because we swap around, mixing new dancers with experienced ones so that we can all learn the dances whilst enjoying ourselves.

Steps and formations are taught by our wonderfully patient teachers over the first few months, so don't worry if you've never done Scottish country dance before. We all make mistakes at times and the aim is to enjoy the social activity and wonderful exercise!

See you in February, either on the beachfront or at St Anne's Hall!

FOR MORE INFORMATION

Contact: Yvonne (Phone: 410 9126)





Team Dodds

It takes a team to be successful. Ian, Diane & Kathy are that team.

Thinking of selling in 2019?

Call us now.

Team Dodds achieved a 93% Auction Success Rate for 2018

IAN & DIANE DODDS

MARKETING CONSULTANT

P: 09 477 4240 | M: 021 909 067 E: iananddiane.dodds@harcourts.co.nz

KATHY WESTMORELAND

MARKETING CONSULTANT

P: 09 477 4208 | M: 021 989 179 E: kathy.westmoreland@harcourts.co.nz









WHAT TO DO WITH USED TEA BAGS

To eliminate odours from your hands after chopping onions or garlic rub your hands with a used tea bag.

Stained toilet bowl? Put several used tea bags into the bowl and leave overnight.

Scatter used tea bags in your pantry and it will keep away mice.

For an extra shine clean your windows with weak tea.

Saucepan hard to clean with burnt on food? Fill pot with water and two tea bags and gently simmer.

Sprinkle dry used green tea over carpet. Leave for 15minutes and vacuum for a fresh smelling carpet.

Play is the Way

In 2016 I became a Mum. In that first year during the many sleepless nights I read dozens of books and hundreds of articles on how to raise a well-adjusted, happy, well behaved child. Needless to say there was a lot of conflicting information! But one thing everyone agreed on was the importance of play for children from new-born through to seven years old and beyond. For my son's first birthday I decided that instead of buying him stuff, I would get him a subscription to the North Shore Community Toy library – where he would have access to over 1300 toys!

When I went in to have a look around and sign up Doris, the amazing librarian, mentioned that the toy library is a not for profit charity which is run by a committee and volunteers and asked if I would be able to help. Despite a few reservations I joined the committee and haven't looked back! It is lots of fun applying for grants and helping choose all the new toys! We run a number of events every year including a toddler disco and an annual open day. The parents who are part of the Toy Library are great and so supportive of all our fundraising.

I am so glad that we joined the toy library. Jack is almost three now and looks forward to his weekly trips to see Doris and to get new toys. We have enjoyed everything from trampolines, ride on diggers, puzzles, games, tea sets and more. When Jack has friends over to play we always get comments about how cool the toys are, and I don't feel bad that I am buying so much plastic that would just end up in landfill.

I would recommend to anyone with a toddler or preschooler to look into their local toy library as it provides

your kids with access to an awesome array of different toys. So check out the North Shore Community Toy Library – just pop in and Doris the librarian would be happy to show you and your little ones around.

North Shore Community Toy Library:

We stock over 1,300 high quality educational toys, games, puzzles, CDs and DVDs for young children which can be borrowed for a small annual fee.

We offer:

- Access to hundreds of educational toys
- Less financial outlay than purchasing toys
- Borrow toys that match your child's age, stage of development and interests
- Borrow toys that facilitate a particular skill development in children
- Avoid storage issues of multiple bulky toys
- Help the environment by borrowing rather than purchasing
- Having the opportunity to try toys before you buy them
- Able to exchange toys as children lose interest in them
- Access to toys of a high quality
- An opportunity to meet other families in the community and network

Fb thetoylibrary | **W** www.thetoylibrary.co.nz

North Shore Community Toy Library 1 Sidmouth St | Mairangi Bay

Want to sell for top dollar?

Successfully selling across the North Shore Bay and Whangaparaoa area over the past 6 years.

Ensure both Kiwi buyers and Chinese buyers alike are introduced to your property, giving you the best chance of maximizing your sale price.

Effective marketing in both traditional, digital and social media to reach your right buyers and sell quickly.

Enthusiastic, highly skilled real estate professional with positive attitude help you make your move successful and stress free.

Want to sell for top dollar? Please contact me!

CALL FOR A FREE MARKET APPRAISAL

Susana Perez 021 182 6329 s.perez@barfoot.co.nz

1054b Beach Road Torbay www.susanaperez.co.nz

Barfoot & Thompson

FISHING DIRECT NZ - FISHING REPORT



Happy New Year readers and may 2019 be a fishy year for you all.

Summer is notoriously a challenging time to load up on any good size snapper, especially those that come off such a great spring fishing high. Best tips are evenings and early mornings. We recently went out one evening, close in to Motorora Island. The wind was northerly with an incoming tide and, fishing up to the change of light, we had a great



night with fish caught all between 35 and 55cm – not one throw back. Berley was the key, as not only did it attract the fish, it also keeps them there.

Kingfishermen, like
Eric who works here,
are having great
success this time
of the year using
poppers and stickbait lures around
Shearer's Buoy
behind Tiri Island.

Live-baiting at Flat Rock and Leigh Reef have been producing lots of Kingfish. There is a heap of sharks around these areas who will gladly remove the tail-end section of your fish. If this continues, my

advice would be to try somewhere else, as this can only result in reducing the kingfish population and giving the sharks a reason to keep residence in that area. Local fisho Don had a great tussle with an oversized kingy just before Christmas. We weighed it in at 39kg – caught somewhere around Little Barrier on a live-bait. Call in to find out more!

Game fisherman will be starting to get excited as reports filter in everyday of various catches around our coast. We have a great Game Fishing set up here at Fishing Direct, so if you need some re-spooling, lures re-rigging or you are looking at possible upgrades, we have a full range for all levels – with Dave giving great advice at no extra charge!

All the best for the summer months

Andy, Dave & Eric

Fishing Direct, Silverdale Open 7 days

Tides for Anckland FEBRUARY 2019

7	Time	m		Time	m		Time	m		Time	m
1 Fr	0545 1144 1758	2.9 1.0 2.9	9 Sa	0459 1129 1728 2343	0.8 3.1 0.8 3.0	17 Su	0549 1152 1813	3.1 0.8 3.1	25 Mo	0034 0630 1257 1901	3.4 0.5 3.4 0.5
2 Sa	0012 0640 1237 1853	0.9 3.0 1.0 2.9	10 Su	0537 1207 1807	0.8 3.1 0.8	18 Mo	0022 0650 1253 1916	0.6 3.2 0.7 3.2	26	0125 0723 1347 1952	3.3 0.7 3.2 0.7
3 Su	0103 0730 1325 1944	0.9 3.0 1.0 2.9	11 Mo	0021 0616 1246 1847	3.0 0.9 3.1 0.8	19	0120 0747 1350 2015	0.5 3.4 0.6 3.4	27 We	0219 0819 1439 2046	3.1 0.9 3.1 0.8
4 Mo	0149 0816 1411 2031	0.8 3.1 0.9 2.9	12	0101 0659 1328 1930	2.9 0.9 3.0 0.8	20 We	0215 0842 1445 2111	0.3 3.6 0.4 3.5	28 Th	0316 0918 1533 2143	3.0 1.0 2.9 0.9
5 Tu	0231 0858 1453 2114	0.8 3.1 0.9 3.0	13 We	0146 0748 1414 2019	2.9 1.0 3.0 0.9	21 Th	0308 0934 1539 2203	0.2 3.7 0.3 3.6			
6 We	0310 0938 1533 2153	0.7 3.1 0.8 3.0	14	0238 0843 1505 2114	2.9 1.0 2.9 0.9	22 Fr	0359 1026 1631 2254	0.2 3.7 0.3 3.6			
7 Th	0347 1016 1612 2231	0.7 3.2 0.8 3.0	15 Fr	0338 0946 1603 2215	2.9 1.0 2.9 0.8	23 Sa	0449 1116 1721 2344	0.3 3.6 0.3 3.5			
8 Fr	0423 1053 1650 2307	0.7 3.1 0.8 3.0	16 Sa	0444 1050 1707 2319	3.0 1.0 3.0 0.7	24 Su	0539 1207 1811	0.4 3.5 0.4			

TIMES LISTED HAVE BEEN ADJUSTED FOR NZ DAYLIGHT TIME AS REQUIRED

(5) principles

- 1 Understand your numbers
- ⁽²⁾ Build financial freedom
- 3 Protect your assets
- 4 Manage your financials without stress
- 5 Make informed decisions when you need to

chartered accountants ision accounting GIVING YOU CLARITY 09 473 0507

FIVE BENEFITS OF FAMILY TRAVEL

Spend Quality Time Together

Shared life experiences such as travel can bring families closer together with the opportunity to spend uninterrupted time together. The trip itself will provide many opportunities to strengthen relationships. Travel takes away distractions such as work, school, and the daily family routine and creates more time to talk, experience and play together.

Create Lasting Memories

Taking time together to share experiences and activities creates memories that will be recalled and reminisced about for many years after.

Experience The World From a Child's Perspective

Children are naturally inquisitive, so having them around makes the family as a whole see what they otherwise might not have noticed. Seeing children's reactions to the world's most extraordinary sights and scenery can remind an adult to feel that appreciation, too.

Travelling with kids encourages you to travel at a slower pace with time to experience new destinations.

Travel Education

Travel, even at the planning stage, can reignite a child's curiosity and sense of adventure regardless of their age. Exploration and experiencing new cultures and with new people broadens all of

our horizons. Children are able to absorb knowledge through experiential learning, so while embracing new cultures, trying new cuisines and getting to know local customs, they may even pick up a little of the language.

Teach Children Flexibility & Adaptability

Experiencing an unfamiliar culture will create many new and unpredictable situations. When you are in a place where languages, customs, transportation, and food is different to what you are used to there will be plenty of unpredictability.

So, plan a trip! Detach from your daily stress; teach your children how to adapt to unplanned situations; expose children to new experiences; connect as a family; and create memories for the future – all accomplished with a family holiday.



Join the helloworld Browns Bay team for our Family Day!

Get inspired for your next family holiday with expert advice on Australia & Pacific Islands, Hawaii, Asia, P&O Cruises, Trafalgar Tours, Family Cruises, and more.

Special activities and travel deals on the day.

When: Saturday 2nd March, 10am to 2pm Where: In-store helloworld Browns Bay





Meeting for friendship, worship and Bible teaching
Sundays at 10.00am
Long Bay Primary School, Ralph Eagles Pl.

Contact Pastor Peter Boyd
P 473 9390 M 021 0367 957

www.shorepres.org.nz



All Mains \$14.00

Mon, Tue, Wed (conditions apply)

Open 7 days from 4.30pm

Torbay only now open for lunches 11.30am - 2.30pm

Lunch Special \$15.00

Torbay 1028 Beach Road Ph 09 473 6259

Rothesay Bay 603 Beach Road Ph 09 478 1400

Torbay Historical Society

Anstruther McGowan was a Scotsman who came to New Zealand every second summer. In the early 1900s he had the house built in Ellangowan Road for his wife Zick (Alice) Cholmondeley-Smith, the captains' youngest daughter. The house was named 'Ellangowan' after his Scottish Castle home (Anniegowan). McGowan owned a large block of land fronting the beach and extending right up the

south bank of the creek

Some of this land was an

to the falls at the top.



P 09 947 0013 M 0220 733 713

apple orchard. His marriage didn't last and Zick later became Mrs Woodward. Apparently Mr. McGowan and Mr. Woodward (Woody) kept on good terms and used to refer to Zick as 'our wife'. They had no children. Ellangowan became a boarding house. He died at Waiake in 1936.

After Anstruther's death part of the land was purchased by Selwyn Aickin for 1250 pounds. His wife Hazel had a gardener and kept a beautiful garden and a macrocarpa hedge along the driveway. The

prestigepoolsnz@gmail.com www.prestigepools.co.nz



Aickin Reserve is named after them. The black and white photo is of the McGowan Homestead in 1908. The other is a pencil drawing by A.G. Parker of the Homestead after alterations had been made.

This information was from Pat Soar and from our book 'and then came the bridge'. You can read more about early settlers in Torbay in our book.

A recent addition to the Torbay Historical Society Library at Vaughan Homestead, is the well-illustrated book "MERC by the sea "describing how the Sir Peter Blake Marine Education and Recreation Centre at Long Bay came to be after 12 years of local

> volunteer effort and Local Council support. 2019 will be the 29th year of action-packed education for schools throughout greater Auckland and beyond. The Authors are also locals - David Gray with Ross Garrett.

"MERC by the sea " is available at Browns Bay Library for purchase at \$25, all proceeds going to the MERC fund for disadvantaged children.



Phone: President: Cathy Currey - 473 9371 Secretary: Barbara Ellis - 473 6482

HELP!!! PLEASE.

Deep Creek Restoration Society Inc is in need of a qualified arborist who will give their time to supervise and guide volunteers in trimming back the mangroves on the estuary from Deep Creek Bridge to the Beach Rd Bridge. After much consultation and with the assistance of the local Hibiscus Coast and Bays Board, the society has been awarded Resource Consent to trim back the mangroves that are slowly choking the estuary and preventing safe navigation for manually operated water craft. The Resource Consent was granted on the condition that the trimming is done with qualified supervision.

If you can help, or know somebody who would like to assist us, please contact Brian Mooney 021 158 6681 or e-mail details to: deepcreekrestoration@gmail.com



I'm a Torbay local and an experienced Podiatrist.

Come see me for all your podiatry needs. I also offer competitively priced orthotics (insoles) if needed.

I'm now working from a fully equipped room at home, and have plenty of on-site parking.



Marise Logan for The North Shore Foot clinic 20 Rock Isle Road, Torbay

Phone: 021 0322 856 for an appointment, I'm open Tuesdays, Wednesdays and Saturdays.

021 0322 856 20 Rock Isle Road, Torbay





Annette Gibson - Beauty Therapist annette@peonybeauty.co.nz 23 Turutu Place, Long Bay www.peonybeauty.co.nz



Poetree

I Cut down trees cos that's me job.

I come round with me saws and dog

I'll never be a doc or lawyer.

But I'll prome or cut your trees down for you

QUALIFIED ARBORIST PH MARTIN: 473 7330

#Dog has died

psychotherapy, counselling family therapy

registeredqualifiedexperienced

Margie Bowman 473 9316

ACC approved • affordable rates

5 Star Plumbing Ltd



0800 11 11 81

your loyal local plumber

mains • hot water cylinders • leaky roofs general maintenance • new • drain laying concrete work

Michael Mullany mob: 022 630 2460 fivestarplumbing@xtra.co.nz www.5starplumbing.co.nz

.....

Torbay Garden

NEWSLETTER FEBRUARY 2019

We were spoilt for choice in November with two lovely garden trips on offer. The first was to Greenlaw Garden in Kaukapakapa, a beautiful property displaying many old roses and perennials. Here we were treated to a very generous lunch provided by our host Raewyn, who also had her art works on display. Next was Mahoenui Farm Garden which we visited last year before the roses

were blooming. This year they were magnificent and the whole property was a picture. Our second trip was to the NZ Flower and Garden Show which was a definite improvement on last year's offering. The arena housed some glorious floral displays and the outdoor Zen Garden, awarded Best in Show, was a work of art complete with a century old maple, hundreds of perennials and ferns and boardwalks spanning a trickling water feature.

Our prize-giving in December was a relaxed social occasion with a musical interlude from Mary Brownhill on piano and some horticultural guizzes that stretched the mind. We enjoyed a generous lunch and two Life Members. Rhyll Willoughby and Mary Brownhill, cut the Christmas cake, made as usual by Mary.









Our prize winners for the year were:

Flowers and Shrubs: 1st Val Gregory, 2nd Jo Price,

3rd Hilary Collins.

Fruit and Vegetables: Jo Price

Decorative Trophies: Senior Barbara Dines, Intermediate Beryl Fickling, Junior Jan Reid.

A special award was presented to Jo Price for her outstanding contribution to the Club over many years.

As 6 February is Waitangi Day, our first meet will be 13 February with a shared lunch at Long Bay.

President: Hilary Collins Phone: 478 1601 Secretary: Georgie Maurice Phone: 473 0404 To the Garden in February

A good watering once or twice a week is better than a little every day. Apply gently and slowly rather than a strong blast which can damage roots. Deadhead roses, annuals and perennials to prolong flowering. Watch for thrips on vireyas, pieris and viburnums. Plant marigolds, asters, zinnias and portulaca for autumn colour. Plant the first of the Spring bulbs.

Plant lettuce, herbs, beetroot and radish. Brassicas, peas, snow peas and carrots can also go in now. Trim off laterals and dying foliage on tomatoes to channel energy to the fruit.



Step Zeyond Studios

Offering excellent classes in ballet and contemporary dance

Progressive and highly regarded – come dance with us

Beginners to Advanced

Principal: Marian McDermott

> Studio in Torbay

www.stepbeyond.co.nz

Ph 475 9317

Shore2pass Driving lessons and Defensive Driving Courses available. Bartercard accepted. Kind, patient instructor 15 years experience. Phone Bronwyn 0274 731436 E enquiries@shore2pass.co.nz W shore2pass.co.nz



Torbay Friendship Club

During the past month at the General Meeting our guest speaker was Jennie Michel who was a senior nurse at St.



Bartholomew's Hospital in the City of London in the seventies. Jennie painted a vivid picture, not only of St. Barts Hospital, founded in 1123, but also of the City of London. Among her experiences we heard of the devastation caused by the IRA bombings in London when many of the casualties ended up at "Barts". Jennie was a great speaker who provided us with a vivid picture of the oldest hospital in Britain still providing medical services which occupies the site it was originally built on. In August the planned speaker is Martin Harris who will talk about Torbay Pharmacy.

Another memorable day for the Club in June was the Club Excursion when we visited two local artisans in their home workshops. We started at Rod Capper's Guitar Studio where Rod (whose handmade guitars are sold worldwide) gave us a talk on classical Spanish guitar history and construction and played to us on one of his guitars. We then moved next door for a decoupage exhibition by Lorraine Meissner who teaches this artistic technique, and also makes and sells a range of products. This was followed by a very pleasant lunch at the Khun Pun Thai Restaurant in Albany.



We also enjoyed the President's Mid Year Lunch at the end of June at the Bays Club, Browns Bay where a Christmas themed lunch was served to many club members.

Each month there is a casual lunch at a local café, a coffee morning, Scrabble, Mahjong and Rummi afternoons and often a Pot Luck Lunch held in a member's home with surprise guests.

General Meetings are held in Torbay Community Hall on the second Thursday of the month from 10am to midday. Please contact one of the following club officers if you are interested in attending a meeting or wish to learn more about the Club:

Contact details:

President:Linda Harrytel 473 7908Secretary:Kenwyn Soarestel 473 3253Membership Secretary:Tony Lairdtel 448 5726

Let Our Family Help Yours

THINKING OF SELLING SOON?

We are here to help you get ahead of the competition.

We will be offering our clients a choice of these
special promotions when you list with us:

- Half day gardening package
- Half day house cleaning package
 - Half day handyman service
- Partial staging of your property
- Fresh flowers for your open home weekend

EXPERIENCE . KNOWLEDGE . RESULTS

GERALDINE ZAREIAN 021 184 0312 g.zareian@barfoot.co.nz ANDRE ZAREIAN 021 234 2791 a.zareian@barfoot.co.nz





Freehold!! Land opportunity with sea views



38 Auld Street, Torbay

bayleys.co.nz/1350706



WILLI BARDOHL Property and Marketing Consultant M 0211 922 925

E willi.bardohl@bayleys.co.nz

Bayleys Real Estate Ltd,

Licensed under the REAA 2008



Act now - Must be SOLD!



4 Eastreef Court, Long Bay

bayleys.co.nz/130736

THÉRÈSE LESLIE Property and Marketing Consultant M 021 0226 6192

E therese.leslie@bayleys.co.nz Bayleys Real Estate Ltd,

Licensed under the REAA 2008



JIANG KOU 寇 江 Property and Marketing Consultant **M** 021 0879 3257

E jiang.kou@bayleys.co.nz Bayleys Real Estate Ltd, Licensed under the REAA 2008

Pharmacy: Need Some Help With Your Resolutions?

The new year is a great time to stop and think about our goals and aspirations in life. Many of us set New Year's Resolutions such as to get fit, lose weight, eat healthier, or even just to be kinder and more loving to family and friends. By the time February rolls around, the initial excitement may have dwindled,



and you may be faced with barriers to success. For example, maybe your goal was to get fit, but your knees start aching. Or you wanted to be more kind and loving, but the stress of being back at work is causing you to be tired and snappy.

This is the moment that separates champions from the pack. You can view your sore knees or stress as reasons to give up. Or you can breathe slowly and deeply, get some support or coaching and focus on achieving your goals. Here are a couple of my own practical DIY hints to support your new year's resolutions.

Sore Knees:

If you are struggling with sore knees, then I can empathise with you. I love running and I used to be an obsessive marathon runner. Now, if I get my weekly mileage up too high, my knees get sore. To keep my love affair with running alive I take a lot of joint restorative nutrients to supplement my low inflammatory diet. Plus, I take 2 or 3 days off each week. I also do lots of yoga to keep my joints flexible. This is me playing the "long game" so I can still be enjoying my jogs on the beach well into my later years.

Tired and Snappy:

Modern day stresses are hard to avoid, but we can improve our mental resilience. This means you can deal with family, work, traffic, and exercise commitments and still feel you have the energy and peace-ofmind to be kind and loving.

There are many nutrients that support mental resilience. Therefore, a good diet is critical. Fish oils and magnesium would be high on my list key supplements to support mental resilience. And of course, yoga and breathing work like magic too!

If you would like some personal health coaching including your very



own nutrition medicine plan based on your goals and your current health and medications (if any), then pop in and talk to our team at Torbay Unichem Pharmacy. Or make an appointment for a one-on-one consultation with Martin.

Torbay Pharmacy Ph 473 9629

Unichem

Latest Robotic Technology Now Available at Torbay Unichem Pharmacy

We can now pack your medicines into single dose sachet packs.

No need to have multiple boxes and bottles for your medicines.

Super cool

Super convenient

Super easy to use

Super easy for our pharmacists – thanks to the new robot.

And all this for FREE!

Just our way of making your life a little more hassle free.



Unichem Torbay Pharmacy

1040 Beach Road, Torbay **Phone:** 473 9629 **Fax:** 473 0730 **Email:** info@torbaypharmacy.co.nz

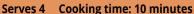
Balinese Coconut Crust Fish

Chef, Food Writer and Food Stylist. www.thegalley.co.nz

Food photography Carolyn Robertson

Tracey Sunderland





4 tablespoons desiccated or shredded coconut

1 x 50 Spice paste for Indonesian Sambal

4 fresh, soft kaffir lime leaves, finely sliced *

4 x 150g fillets fresh snapper or medium texture white fish

4 large potatoes, cut into wedges

2 tablespoons peanut oil

6 large tomatoes, cut into wedges

Half a telegraph cucumber, sliced

1 green capsicum, cut into wedges

½ an avocado, cut into wedges

1 Lemon

Step 1 Place coconut into a small bowl and cover with water, soak for 10 minutes. Drain. Add spice paste and stir through kaffir lime leaves. Share paste among 4 fish fillets. Use teaspoon to pat on the crust. Put aside until ready to cook.

Step 2 Heat large fry pan and half the oil, add half potatoes, and fry until golden. Repeat until cooked. Season the fried potatoes with a little flakey salt. Layer the salad ingredients together in a bowl and squeeze over lemon juice.



Step 3 Cook fish in large fry pan, spray with oil. Lay fish fillets spice side down and cook for 2 minutes. Turn and cook for a further 1-2 minutes until cooked.

Step 4 Serve directly from heat with side of simple salad and fried potatoes.

NOTE: Oil substitutes could be Grape seed oil or sunflower oil.

*Replace kaffir leaves with fresh new lemon leaves or try lemon basil or plain basil.



e. Paultroake@gmail.com **p.** 021 24 888 44 w. paultroakeconstruction.co.nz

PAUL TROAKE CONSTRUCTION LTD

NewHomes | Renovations | Recladding | Decks

Here at Paul Troake Construction Ltd, we understand that building or renovating your home is one of the biggest investments you can make. So we make it our job to make the process as stress free as possible. With 20+ years in the industry we take pride in being

one of the names you can trust to deliver honest, reliable top quality workmanship with service. Based in Torbay Paul lives with his wife and children right in the heart of Torbay Village. He loves being part of the Torbay Community and being able to offer good quality building with service you can rely on.

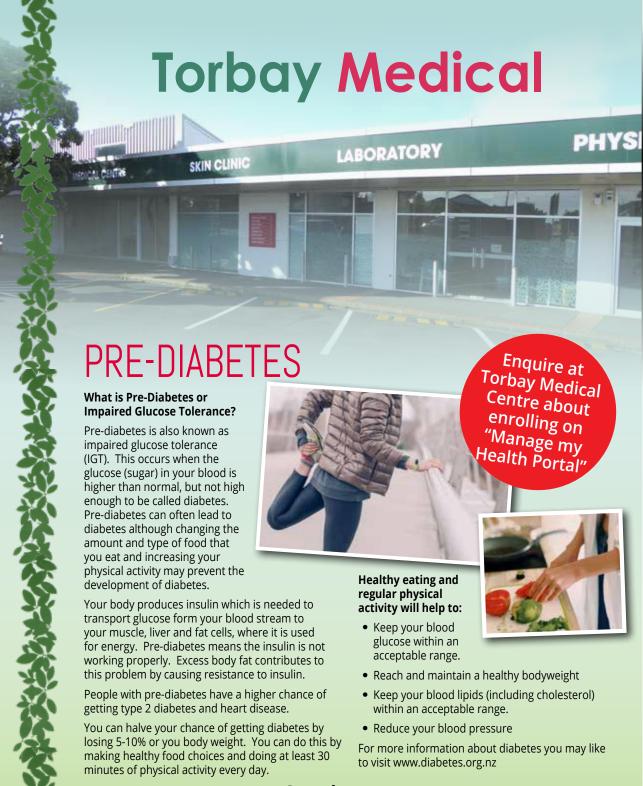
We can be proud of our no cow boys rating 99% out of 39 testimonials.











Appointments:

Mon – Fri : 8am – 6pm Closed on Public Holidays

Torbay Medical Centre

1042 Beach Rd, Torbay 477 9000





Torbay Skin Has Moved!

Torbay Skin has undergone expansion and has moved into larger premises a few metres down from the previous location. Our brand new clinic is offering a broader range of services and is now open.

Skin cancer checks: Still the same high quality skin checks with the staff you know and trust, Dermatoscopist Clare Gunn has been joined by Dermatoscopist Naomi Ashman and Registered Nurse Katy Doherty

Skin surgery by our Southern Cross Affiliated providers, Dr David Thompson and Dr Lynda Thwaites.

> Appointments are available now for full skin checks. Please call 477-1111 for an appointment

1050 Beach Road, Torbay | admin@torbayskin.co.nz | www.torbayskin.co.nz



Torbay Skin is offering new and exciting treatments!

New Anti-aging treatments

Muscle relaxants are not only used for removing fine lines and wrinkles but also to treat medical conditions such as migraines, headaches, excessive sweating and teeth grinding

Specialised Skin Treatments

Dermal needling not only improves the texture and appearance of your skin, it can also reduce the visible appearance of sun damage, acne scarring and pigmentation



Call 477-1111 to book your complimentary Injectable Treatment Consult with Nurse Kate or Dermal **Needling Consult with Nurse Linda**

LONG BAY* Sections for sale. Great lifestyl included

 $Pur chase \ a \ limited \ release \ section \ in \ Long \ Bay \ and \ enjoy \ an \ enviable \ coastal \ lifestyle.$

Stunning Long Bay beach on your doorstep and a range of fantastic amenities close by at the Village means you'll have everything you need.

Sections range from 459-2,525sqm and many boast spectacular sea views.

CALL MIKE HOTCHIN TO SECURE YOUR SECTION TODAY 0800 LONG BAY (0800 566 4229) | LONGBAY.CO.NZ



MAINTENANCE PLUMBING GAS FITTING COMMERCIAL PLUMBING HOT WATER CYLINDERS

ALL PLUMBING REPAIRS & SERVICING We provide a range of gasfitting services



We are proud of our 98% No Cowboys rating

We are local and support the community and local clubs

Total Plumbing/Gasfitting Serviced in your area



Eagle Plumbing Ltd • 0508 438 324 • www.eagleplumbing.co.nz

Answers on Page 35 northly Qui

- 1. What is the Maori name of the largest kauri tree in New Zealand?
- 2. What is a jumbuck?
- 3. The Suez Canal connects which 2 seas?
- 4. Where were this country's first grapevines planted?
- 5. What would you do with an ocarina?

- 6. In Scrabble what 2 letters are worth 10 points?
- 7. What is the world's longest river?
- 8. What is the main ingredient in the dish called Angels on Horseback?
- 9. Which Christchurch building first opened to the public on December 16 in 1904?
- 10. By population, which city was the world's largest at the end of the first millennium?



Start the New Year in a new luxury apartment at Aria Bay. These homes are ready to move into now and enjoy!





Left: Penthouse kitchen - Right: Shared outdoor BBQ area and pool



These brand new, spacious and beautifully designed homes offer lift access, ample storage, private undercover parking and use of heated swimming pool, spa, gym and indoor/outdoor entertaining spaces.

Please call Sharon Rabone today on 021 618 913 or 0800 278 432.



3-7 Woodlands Crescent, Browns Bay Auckland. Email sales@ariavillages.co.nz www.ariabay.co.nz



Better Blokes has been supporting men for ten years. It builds upon the work of twenty years of male support services in New Zealand and the work of specialist professionals internationally. It has MSD Level 3 approval.

Better Blokes has a sound history of ongoing support from charitable foundations with a steadily increasing income stream to match expansion of service provision.

The service is confidential, independent and is free of charge offering individual support, peer support groups and weekend workshops and now operates on the North Shore and other areas of greater Auckland and Northland.

Better Blokes offers peer support for men recovering from emotional, verbal, physical and sexual harm. All facilitators have travelled their own paths towards healing and are now able and willing to support other men to become whole. It is the passion, commitment and strength of our facilitators that is the bedrock of the Better Blokes service.

Our facilitators understand the effects of sexual harm, will have participated in our peer support groups, completed inhouse training and will have relevant qualifications or training in a related field such as teaching, social work, counselling and peer support.

Better Blokes, as an organisation, is committed to creating safe spaces for men to grow and heal, without imposing any ideological framework. Better Blokes respects the diversity of different men's life experiences, beliefs, values, cultures, spiritual backgrounds and sexual orientations. We work from a strength-based philosophy,

Large group exercise classes Women only Personal training for men & women All ages & levels No high impact Lynne Scott Reps registered trainer 30 years experience Phone 021 204 3280 www.thebodytonicgroup.com

encouraging men to identify and value their wholeness, while taking responsibility for their emotions, words and behaviours, and the effects that those have on others in their lives

Men who have been sexually harmed have had their boundaries violated, been deprived of their mana and had their voices silenced. Better Blokes believes that these must be allowed to grow back by treating men with respect, listening to their stories with compassion, and demonstrating a model of 'power with', rather than 'power over'.



North Shore Contact Details:

Web: www.betterblokes.org.nz

Email: northshore@betterblokes.org.nz Tel:

09-889-2174

Better Blokes Inc.

Men Supporting Men!





We welcome Greer Noble to Shore Footed Podiatry. Greer has a special interest in sports. has competed at an international level in athletics and long jump and is available 5 days, including early and late by appt.

157 Kitchener Road, Milford 09 489 1011

> Clinic open 6 days Hours by appointment

THANK YOU

We had a great time at the Carols on the Green Christmas event in December.

A special thanks to all those that made donations to Torbay Plunket last year and to the below companies for kindly donating for the above event:

Gilmours North Shore • Harcourts Browns Bay

Mobil Torbay • New World Browns Bay • PAK'nSAVE Albany

Phil Greig Strawberry Gardens

NEARLY NEW SALE DONATIONS

Torbay Plunket will have a table at our Nearly New Sale on Saturday 6th April, selling donated items (all proceeds go towards Torbay Plunket and our Meals For Families initiative) and we will be collecting good quality donations at the clinic's garage (just behind the Torbay clinic - 1026 Beach Rd, Torbay) on the below morning:

Saturday 23rd February 2019 - 10am-11am

Or feel free to make use of the blue clothing bin that we have in front of the clinic, as this supports Plunket too.

If you would like to get involved with Torbay Plunket, then email us at torbayplunket@gmail.com or like us on Facebook (torbay plunket) to be kept up to date on our upcoming events and volunteer opportunities.



ENTRY BY GOLD COIN DONATION

sales@aucklandmamamarket.co.nz







PROUDLY SUPPORTING TORBAY PLUNKET!

Refer a property to us and once SOLD Team Mitchell and Harcourt's Cooper & Co will donate \$1,000 to Torbay Plunket.

Call Team Mitchell 027 363 9449



go wild with flowers

If you love flowers and want to find new ways of being creative come along to the Hauraki Floral Art Club. You will be encouraged, supported and extended in finding your inner artist – and perhaps go a little wild with new ideas and skills. If you join the club as a beginner you will start with six free lessons in the basic traditional principles of design.

You can be sure of a warm welcome. We meet on the second Wednesday of each month in the Outram Hall at Murray's Bay. Our talented President, Ann Rose will be able to answer your questions. Just call her on 092821565 – or come along to the Hall around 10 a.m. on a club day and have a look.

Last November we had a successful open day, with floral wall hangings and demonstrations of design and posy-making for a big audience who were then treated to afternoon tea. Our final meeting for the year saw an amazing range of table-top Christmas designs – each featuring a bottle used in an original way.

Our first meeting in 2019 is a workshop where we will revise skills of basic techniques to present foliage and blossoms in a way that supports your design. If you want to have a go, call Ann.









HOW TO BEAT THE PESKY MO77IF



Around where you like to sit plant citronella, catnip, marigolds and basil. They don't like the smell. Can plant in a pot.

Fold a sheet of fabric softner tissue in your pocket or tuck into your bra, they don't like the smell.

Burn a citronella candle

Mix some peppermint essential oil in water and spray the area around where you like to sit.

In the evening if you are toasting marshmallows in a fire pit toss in a sprig of Thyme, they don't like the smell.

Take 6 cups water, I onion and 2 heads of garlic with 6 teaspoons of cayenne and 2 tablespoons of washing up liquid and spray the deck area with the mix.

Too late and you have already been bitten?

Keep an aloe vera growing in a pot and snap off end of leaf. The green gel smoothed over the bite takes away all the sting.

NEWS SNIPPET

Last week was doing regular evening walk with Stella Bella

Hears loud quacking Mama duck circling storm water drain.

Peered through the iron grating

Whole brood of ducklings peeping in the dirty waters

-responding to mama 's frantic calls

Sigh. It will take too long for SPCA
Saw open front door of nearby home.
Knocked. Out came young man.
Explained the mama duck crisis.

Without hesitation || rushed to the rescue.

By this time dad Daniel and sister Liesel joined the team

JJ and dad hung down into the murky waters and started rescuing handfuls of baby peepers

Mama D's's distress calls ceased when first fistful of babies raced to her wings

Small incident

Big positives in the folks witnessing the rescue - compassion, caring, can-do. Solving the problem

Not debating the options and issues...

Daniel || and Liesel of Caversham street





HAIR ART

HAIR & MAKEUP

HAPPY NEW YEAR

Is your hair feeling tied? Stressed over the summer break?

Come into HairArt + Get a FREE Treatment

with any service for the month of Feb19
(Mention this ad)

Shop 4, 61 Stredwick Dr. Torbay, Auckland www.hair-art.co.nz | 09 473 1900

CELEBRATE AT THE OKURA FOREST FESTIVAL!

On 16th February celebrate the natural world and enjoy amazing music with your family and friends at the Okura Forest Festival. The festival is Auckland's largest environmental awareness music event and get involved in workshops, browse delightful eco-friendly stalls and sample sumptuous local food!

It's the 6th year that Friends of Okura Bush have coordinated the event to raise funds and awareness to protect one of the last stands of remnant coastal forest, the Okura Bush Reserve. The 116-hectare Okura Bush is an important piece of natural heritage right on Auckland's doorstep.

Home to many living treasures it's an incredible coastal forest made up of subtropical broadleaf trees like puriri, taraire, kohekohe, kanuka and some very healthy regenerating stands of Kauri.

The exciting music line-up includes International Tourist and Blunderbus Jones from Australia, and New Zealand artists Strangely Arousing, Molly & The Chromatics, Daffodils, Three Letter Acronym, Brendan Thomas, Harry Parsons, Franko, UltraSound, Ben Glanfield, Umbra Flavum, Brodyleigh plus more to be announced.

International Tourist's DJ/producer Max Schollar-Root is thrilled to be coming back, "It will be great to perform at the Okura Forest Fest again, it was definitely a tour highlight last time! The festival has a great laidback vibe and it's so wonderful to be part of something that helps our environment."

A variety of workshops are on offer ranging from How





to attract Butterflies to your Garden, Circular Breathing, How 5G will affect your Health, Worm Farming, Stretch Yoga, Shifting the Ecological Worldview as well as a workshop by renown Greenpeace

activist Steve Abel on how to effect environmental change.

Lezette Reid, Chair of Friends of Okura says; "We have an incredible line up of performers and workshops for everyone to enjoy. Over the last 5 years Friends of Okura Bush has raised over \$75,000 at the Festival and this year we intend to have the biggest festival ever and raise over \$35,000. With the funds

raised we aim to carry out projects such as widescale weed, ship-rat and possum control both in the Okura Bush and surrounding area. This will enable wildlife that has been missing in action from Okura Bush for well over 100 years like the long tail bat, kaka and saddleback to return to this beautiful forest."

All tickets purchased go into the draw to win 1 of 3 weekend getaways at the historic Dacre Cottage located on beautiful Karepiro Bay at the northern end of the Okura Bush Reserve.

Tickets cost from \$15 per adult and \$2 for children under 2 years and can be purchased at www.okuraforestfestival. com Enquires to 021 872 222

www.okuraforestfestival.com www.okurabush.org.nz/ www.facebook.com/events/241242676440956/

Council and current Examiner for new members as well as being a member of the steering group for the Membership, Examination and Supervision Committee. She has worked at a specialist Oto-Neurology Clinic and veterans Hospital in America, in Sales Management and Technical Support for hearing aid companies as well as private clinics. She currently runs her own private clinic in Auckland called Teresa Burns Hearing.

Have you ever wanted to try the ancient art of tai chi? On Wednesday 20 March 10:30am – 12:00pm Allen Yu will be taking a free introductory class in Tai Chi at East Coast Bays Library, Browns Bay. Allen is very experienced in Tai Chi and the Chinese philosophy of disease prevention. Join us to experience this ancient martial art in a safe, supportive environment. When practised regularly Tai Chi can increase flexibility and promotes good balance. It can be practised at any age. Some research suggests that it can lower blood pressure. Allen specialises in the Taiji or Kiwi Qigong forms. Wear comfortable, loose fitting clothes and comfortable footwear. All welcome.

Browns Bay Library celebrates Chinese New Year.

Our Adults concert will be held on 8th Feb 2019, 10:30-12:00, presented by *Browns Bay*

Chinese Association; lunar New Year Rhymetime + red envenlope making will be on 15 Feb 2019, 10:00-11:00, at ECB lib; and Kids dance, presented by Aotearoa Dance Academy+ Tae Kwon Do demo (by Sejong Tae Kwon Do Browns Bay) will be on 16 Feb 2019, 10:30-11:30.

Other talks in February.

Teresa Burns Audiologist will be giving a free talk at East Coast Bays Library, Browns Bay on 20 February 10:30am – 12:00pm Teresa is passionate about community education and will talk about hearing protection, hearing loss, tinnitus and modern hearing aids. Teresa is a very well qualified and experienced Audiologist. She is a Doctor of Audiology, a member of the NZ Audiology Society, past member of their Executive

NOT YOUR AVERAGE DRAMA CLASS!

Initialize NZ, a drama-based youth development project is launching our free pilot programme in February 2019 — come join us!

Improvised | Empowered | Inspired

Initialize, in affiliation with Youthline, provides dramabased youth development and leadership classes for young people aged 12 to 18. We are passionate about getting young people involved in creative projects that inspire, empower and equip them for a world where emotional literacy and leadership skills are in high demand.

Our mission

We say that we don't teach drama — we let drama teach us. Our mission is to use drama as a medium through which young people can explore areas of personal development including self confidence, self awareness, empathy for oneself and others, awareness of diverse life experiences, and interpersonal communication skills in a fun and supportive environment.

Your teacher

Shyla Kelly, Initialize founder and lead facilitator, studied Psychology and Anthropology at the University of Auckland and trained under the Australia and Aotearoa Psychodrama Association. Shyla has worked as a youth development worker, drama teacher, youth mentor, helpline counsellor and group facilitator with organisations such as Youthline, Action Education and Camp Quality over the past decade. Her family lives locally in Torbay — her sisters are active members of the Torbay Theatre and her youngest sister works at Foxxy & Co. hairdressers.

Free pilot programme

Our pilot programme starts in the second week of



February 2019 and will run as weekly 2-hour classes over six weeks at the Youthline Albany building. Free of charge for successful applicants. Limited spaces available.

What will participants get out of the pilot programme?

- Let loose your creative side with improv drama, theatre sport games and team building activities.
- Learn simple and effective communication, selfreflection and emotional literacy skills.
- Connect with other young people in a fun and supportive environment.
- Take part in developing our programme, directly contributing to helping other young people build invaluable emotional literacy and leadership skills.

Who is eligible?

We are looking for applicants aged 12-18 who have an interest in the creative arts and want to build their interpersonal and leadership skills. Previous drama

experience is not required.



Apply now!

Find out more and apply now at www. initialize.co.nz or search for "Initialize NZ" on Facebook. You can also contact Shyla directly at shyla@initialize.co.nz or on 021 024 57 421.

Best local transport option?



Special deals for airport and city transfers
Can cater for any size group to anywhere
Zero emission vehicles for small groups
Operating in Torbay since 1996
Considerate drivers for the elderly or disabled
We also do customised parcel deliveries

CALL US NOW FOR A QUOTE!

www.allbays.co.nz transport@allbays.co.nz 473 1148

COUNSELLING, PSYCHOTHERAPY & FAMILY THERAPY - Margie Bowman	OSTEOPATH - <i>Linda Caplin</i> 479 3604
+ Mair Dresser - Hair Art www.hair-art.co.nz	PILATES - www.beyondpilates.co.nz021 104 6795
LAWN MOWING	WAIAKE MEDICAL CENTRE -



Al-Anon / Al-Ateen - Support group for family and friends of alcoholics. Visit www.al.anon.org.nz or phone 379-4871

- Jims Mowing operators in Torbay, Waiake & Torbay Heights 443 8189

Alcoholics Anonymous – 0800229 6757 www.aa.org.nz. Join our friendly Tuesday night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking

Browns Bay Ladies Club - Retired and still young at heart? Why not join The Browns Bay ladies club. We meet once a month on a Friday morning for trips, speakers and mini groups. Phone Margaret 478 2073 or Pat 479 1696

Browns Bay Racquets Club - would love to have more players 55 yrs plus... we play mixed doubles. Friday 9am .. we have lots of fun and fees are low, infact nil at first. Ph: Roy 021 256 2192

Dementia Social Group - Runs Monday 10.30am - 2.30pm & Thursday 10am-2pm for people with early to moderate dementia for further information please call Margaret 09 4893176 or 0272258893.

East Coast Albany Bays Inner Wheel - normally meet at the Senior Citizens' Hall, Inverness Road, Browns Bay, on the second Wednesday of each month at 7.30pm New Members welcome.Email ecabmembership@gmail.com or phone Gayle Pratt 473 0149

East Coast Badminton - Active Badminton Centre, 44/46 Apollo Drive. Tuesday 5.30pm to 10pm. Don 478 3830

East Coast Bays Bridge Club - Welcomes all interested in the upcoming August lessons. Please contact lessons@ ecbbridgeclub.co.nz or phone Helene 0272963365

Exercise Group for senior women – Thursdays at Long Bay Baptist Church, 282 Glenvar Road, Torbay from 10-11.30am. Free & friendly. Phone Jill 473 1932

Get up & Active - Women's exercise classes. All ages & levels. No high impact. Personal training also offered for men & women. Lynne Scott - www.thebodytonicgroup.com - 021 204 3280 lscott@thebodytonicgroup.com

North Shore Activity Group - Welcomes singles/couples 40+. Phone Christina 021 887 696 or www.meetup.com/north-shore-activity-group

Play Group - Drop In - For Parents & Preschoolers. Tues & Thurs 9.30am-11.30am. \$3 per family. St Mary's Church Hall. Deep Creek

Rotary Browns Bay - Torbay meets every 1st and 3rd Tuesday of the month at 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community ring Murray on 021 631662 or email m.allison23@xtra.co.nz Come for a visit.

Sewing Connect Group - Tuesday mornings from 10:30-12:30 at 2/91 Glamorgan Dr, Torbay. No cost. Contact lyngarrardnz@gmail.com & 021689011

Torbay Tennis Club - Torbay Tennis Club, situated behind the Community Hall, offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. Please visit our website for more information & registration/Open day dates www.torbaytennis.org.nz

Torbay Indoor Bowling Club - Are you looking for a New Activity or New to Torbay then come and join this friendly club on Monday 7:00 pm at Torbay Community Hall beginning the First Monday in February. You will be very welcome. Phone Kevin 473-3253 or Janet 473-1621.

Torbay Walkers – a group of friendly women meet every Wednesday afternoon at 4pm and walk for one hour. Please come along and join us, at the bus stop in Torbay Centre. For further information phone Irene 473 1159 & Diane 473 1761.

DUIZ ANSWERS

- 1. This country's largest kauri tree is Tane Mahuta
- 2. A jumbuck is a sheep
- 3. Suez is connected by the Red Sea to the Mediterranean
- 4. Grapevines were first planted in Kerikeri
- 5. An ocarina is a musical instrument so you would play it.
- **6.** 10 point letters in Scrabble are Q and Z
- 7. The world's longest river is the Nile
- 8. Oysters are the main ingredient in Angels on Horseback.
- 9. The Christchurch Cathedral first opened on December 16 in
- 10. The world's largest city, by population, at the end of the first millennium, was Tokyo.

Do you want to advertise in Torbay Magazine?

We are always looking for interesting community stories of achievements in sports or arts and achieving milestones in ages and anniversaries.

Contact Carole McMinn 473 3259 or email editor@torbay.co.nz

CLASSIFIEDS

ACCOMMODATION

Accommodation – Albany - Browns Bay - Torbay. Short or long term stays. Fully equipped. info@holidaysnz.co.nz 473 5904 / 021 935 854

Becmar Cottage – Self contained, short term or holiday accommodation. Sunny, private, close to beach, shops, bus stop. Suit couple becmar9@gmail.com, 09473 9383 or 0274 901 900

Housmate/s wanted - Quiet home. Close to Torbay shops, schools and Long Bay Park. Call Annie 021 1468 627

Seaside Cottage – Self contained 1 bedroom cottage, in half acre quiet garden, pathway to beach. Short or long stay guests welcome. Breakfast hamper provided on arrival. The Bosun's Locker. Waiake Beach. Ph 473 3713 www.holidayhouses.co.nz

Short term rental available - One bedroomed apartment in Mairangi Bay. Short stroll to beach and village. Phone Murray 021476445

BUILDING TRADE

Andyman Maintenance - All timber repairs or replacement to decks, fences, doors, windows. UK City and Guilds Qualified 30+ Years Experience. Phone 021 030 1055, harding@slingshot.co.nz

As Handy As - For all your general household repairs and renovations, painting and decorating. Including kitchen and bathroom makeovers, tiling and laminate floors. Deck repairs and building. You name it- I'll fix it or build you a new one. Many satisfied clients. Phone Paul 021 253 9905 or 479 1748

Builder – Decks, Fences, Alterations. Free quotes. Phone Barry. 413 7133 or 027 280 1038

Builder – Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Also gutter cleaning and roof repairs. Phone Cliff 473 6317 or 027 618 5917

Builder- Local tradesman, LBP. Specialising in small jobs, decks and renovations. Phone Murray 476 4458 or 021 476 445

Coast Roofing Ltd - Long run roofing, new roofing, re roofing and repairs. Local Torbay resident 35 years experience. FREE QUOTES. Contact Matt 027 274 6259

Electrician – Regd, Licensed, 34 yrs experience. 28 years owner and resident at Torbay. Available for installations/ additions/ alterations, faults, repairs, power, hot water, lights and cookers etc. Ph George 473 6632 or Mob 027 492 0878

Electrician – 24hr service, All work considered, no job too small. All work guaranteed with Electrical Certification, phone Graham anytime 473 0233 or 021 067 6294.

Gera Glass - Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! FREE quote phone Dylan 022 656 9417 or email geraglass@xtra.co.nz

Interior exterior repairs & maintenance eg painting, decks, paving to welding plus...Ph lan: 021 1842426

Painters and Decorators - 3 man team. 35 years experience. Excellent references available. Mature clean tradesmen you can trust. Phone Darren Ketchley 0272706728 or 09 473 9123

Plasterers / Wallboard Stoppers - Friendly local tradesmen with over 20 years experience. Specialist renovations or small repairs. All work guaranteed. Ph Kaleb 021 0233 5032

Plastering/Painting - Male and Female team 20 years experience, no job too small immediate start. Brad Ph 0272 5111 65 or 443 5064

PLUMBING & DRAINAGE

Plumber – All work. Ph 473 7787 or 027 263 3217 Coastal Plumbing & Drainage

SERVICES

Accounting & Tax - Personal and small business. Chartered accountant, Xero-certified. Fast turn around, reasonable rates Phone Helen 029 772 5483 or email flourishacct@gmail.com

Beauty Consultant - Margaret Rocard, independent Mary Kay beauty consultant Ph 09 473 9816 or 021 681 010

House-sitter, pet minder - available mid-Dec on. (Female teacher). Raewyn's Email: rcourt@hotmail.co.nz

Immigration – Work visas, residency and student visas. Contact Peter at jepwood@xtra.co.nz or 0274 520 794

NEW LOOK BEAUTY & SKIN CARE CLINIC - Introductory offer valid till end of November. Book a half leg wax valued at \$40 and get a FREE bikini wax. Text Bev on 021 026 111 04. 28 Law Street, Torbay. Conditions apply.

Passport Photos - Torbay Pharmacy. Phone 473 9629

Photocopying - Torbay Pharmacy. Phone 473 9629

Professional housesitting - with references. Contact Daniel 02102524849.

Tax Returns & Advice - Phone Jon 473 8860

Vision Accounting Solutions Ltd – Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Phone Virginia 09 473 0507.

HOUSE & GARDEN

21st Century Cleaning - Carpets and general cleaning, phone Mike 021 656 885

Active Tree Care Ltd – All tree work undertaken qualified arborists & free quotes given. Phone 473 6723 or 027 555 6403

Arborist – Pruning, felling, planting. If you are keen you can help with the job to keep the price down and get the trees just how you want them. Phone Martin at Torbay Trees 473 7330

ASAP Stump Grinding - Big, small, tight access, bamboo grinding. Phone Mike 021 288 2251.

Carpet & Upholstery Cleaning – stain removal, free deodorising. Fly & Insect control. Phone Michael 473 1422 or 0275 739 112

Floor Cleaning & Polishing – Phone Michael 4731422 or 0275739112

Garden Bags And Bins – Prompt and professional service & competitively priced. Call John, 0508 262 626 or 021745992.

Handyman – Interior/exterior repairs and maintenance, Locally based ph 021 184 2426.

CLASSIFIEDS

Handyman - Born and bred in Torbay Martin is a qualified cabinetmaker and experienced professional. Allsorts property services is available for Property maintenance, odd jobs, decks, fences and garden services. Call Martin Bassett 027 452 6515

Ladybirds Lawn Care - Call Phillippa for your lawnmowing needs. 0276438888

Landscaping – From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Phone Peter on 0800 555685. www.peterfrylandscapes.co.nz

Landscaping – Format Landscapes, 18 years experience, Dip. Design and build. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quote www. formatlandscapes.co.nz Call Matt 021599107.

Lawn Mowing – Sam Lee Lawn Maintenance. Ph:478 9246 or 021 182 6701. sam.lee.lawns@gmail.com

Lawn mowing & Garden Maintenance – Contact Ian at Grassroots Mowing 021 764 426 or 473 2004 Affordable, Dependable Service ian@grassrootsmowing.co.nz

Lawnmowing and Hedges – Call Jim's Mowing 09 4438189 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed!

NZ REGISTERED local electrician - no job too small, senior discounts. Call Mat for a free quote today 021437508.

Premium Garden Solutions - Phone Shane 021723751 or Email shane@premiumgardensolutions.co.nz Planting and Design, Paving, Hedges and Trees, Garden Maintenance Regulars and One offs, Formative Pruning, Irrigation Installs 25+ Years Experience

Prestige Mowing - specialising in quality lawn mowing, hedges and gardening, locally based in the Bays. Phone Steve on 021 2551273.

Retaining Walls & Fences – landscaping & garden maintenance. Dale Browne Ph (09) 420 6459 or 027 439 7519 References available.

Squeaky Clean-ers – Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specializing in Residential / Office cleaning to show-home standard. Call or text Joy now to discuss your options. Ph 021 487 463. www.squeakycleaner.co.nz

Stumpgrinding – Root and bamboo grinding. Also available, Lawnmowing,domestic and comercial. No job too big or small. Prompt and professional service. Free quotes. Call John 0508 262626 or 021745992 jdpropertyservices.co.nz

Waterblasting / House Chemical Washing – all roofs, decks, paths, gutters and large concrete areas. No job too difficult. Both hard and soft pressures. Small jobs also welcome. Satisfaction guaranteed. Free quotes. Phone Graham 473 0059

Waterblasting/Housewashing – All exterior surfaces cleaned & treated Best service / best price Call Ian (09) 473-0313 or 021-2313788

Window Cleaning – All clear windows, great service, competitive prices. Call Scott for a free quote 473 8475 or 021 241 2121

SIGNS

SignAddiction - Shops - Vehicles - Boats - Site Signs & more. Ph 0274 991 744 or 473 6364, sign.addiction@xtra.co.nz

TRANSPORT

Butterflyer Personalised Transport - Lisa's Mobile: 021-118-2715. www.butterflyer.co.nz

Move with Murphy Ltd - Ron Murphy Carriers, PO Box 35473, Browns Bay. Phone 444 6825

TUITION

Ballet - Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz Dianne Wallace RAD Dip Tchg Phone 027 603 0481 or 473 6992

Ballet & Contemporary Dance – Step Beyond Studios. Classes in Torbay. Beginners to advanced. Positive, inspiring & progressive school. Principal Marian McDermott. No exams. Home of acclaimed youth company One Step Beyond. Ph 475 9317, 021 027 01303 www.stepbeyond.co.nz

Drama, Speech & Communication – Jacque Mandeno VoiceWorks offers private and group tuition at the Gate Theatre, Torbay Community Hall, 5 years to adult. Everyone deserves a voice Phone 473 5454

French rusty? Bring it alive! - French Theatre classes: Gate Theatre (Torbay Community Hall). Adults/Teens. Also Conversation, individual. Phone Lynette 478-7911.

German tuition - offered by trained teacher, native speaker, long-term New Zealand resident. Conversation, reading, writing skills. All levels. Phone Gabriele 021 0670938

Katie Quirke Pilates - Tues / Weds katiequirkepilates@gmail.

Music – Gift for a Lifetime. Group keyboard classes for kids ages 8-88! | 0212504565 | cheryl@passionmusic.co.nz

TUTORING – One of New Zealand's leading Graphics/Design and Visual Communication teachers, Paul Bourdot, is now available for tutoring in this specialist subject area. All secondary school levels are catered for, Years 9 13 and Scholarship. A catchup programme can be also be provided for first time students in a senior class. For details, visit: paulbourdot.com

FOR HIRE

Awatuna Scout Den – is available for private functions, community group hire and children's birthday parties. Contact awatuna.hall.hire@gmail.com Nathalie 021338799.

FOR SALE

Pre-Loved Goods Sale – every Saturday 8.30am-midday. St Mary's Hall, Deep Creek Road. Phone Susan 415 0073 or Jenny 444 1221.

Www.torbay.co.nz //illage DIRECTORY TORBAY BUSINESS ASSOCIATION

DINING

RESTAURANT

Chand Indian	473 6259
Piatti Waiake	478 6936
Scout Cafe	887 9269
Thai Torbay	473 1674
Tides Restaurant and Café.	473 3771

TAKEAWAYS

Sushi Torbay	473 6361
Hot Roast Shop	473 2134
Torbay Takeaways	473 9229

HAIR & BEAUTY

BEAUTY THERAPY

La Bella Vita Beauty473 0856

HAIR SALON

Hairazors/Niaa The Hub.	473	9468
Simply Colours & Cuts	473	8111
The Cutting Room	473	5241
Foxxy & Co	473	2277

MASSAGE

Nom Thai Massage473 5080



HEALTH

ACUPUNCTURIST

Torbay Chinese Acupuncture Centre - Leigh Zhang473 2278

Lumino - Impeccable service473 1400

DOCTOR

Dr Paul Hunter - 'The Cottage'.		
987 Beach Rd	.473	9594
Torbay Medical Centre	.477	9000
Waiake Medical Centre	.478	7660

MEDICAL TESTING

Community Laboratory

- appts needed473 1908

PHARMACY

Torbay Pharmacy473 9629 or 473 0730

PHYSIOTHERAPY

Torbay Physiotherapy & Hand Clinic473 0333

North Shore Foot Clinic .. 021 0322 856

GROCERIES

BAKERY

Euro Patisserie - Great range of fresh breads, eats, pies & coffee..... 473 7535 Golden Bakehouse

- Fresh each day...... 473 6467 Bakers Gallery - Great coffee shop, ample parking...... 473 2998

BUTCHER

Butcher - Free range meats . 473 2014

DAIRY

Torbay Dairy

- For your convenience473 9721

GREENGROCER

Torbay Fruit Shop

- Fresh produce daily......473 9429

GROCERIES

BK's Four Square

- *Service with a big smile*473 6197

LIOUOR

Torbay Cellars - Local wine, beer & *spirits supplier.....*473 9619

OP SHOP

Salvation Army Shop -473 2150 preloved goods and clothes

SERVICES

DOG GROOMING

Dogs Body Grooming Parlour 473 1500

Torbay Service Station Workshop 473 6408 Forecourt 473 5281

REAL ESTATE

Barfoot & Thompson...... 473 9190 Bayleys 487 0630

COMMUNITY GROUPS

Adult Community Education	477 0075
Age Concern North Shore	489 4975
Age Plus Charitable Trust	09 550 3387
Association of Book Crafts	473 6865
Awatuna Sea Scouts	478 2254
Bays City Judo	473 7855
Citizens Advice Bureau	479 2222
City Impact Church	477 0300
Dances of Universal Peace	473 7344
Deep Creek Restoration Society	0211586681
Dementia Social Group 09 4893176 o	or 0272258893
East Coast Folk Club	09 426 3588
ECB Bible Baptist Church	473 8562
ECB Catholic Parish	478 4565
ECB Combined Probus Club	442 1237
ECB Lions Club	476 5627
ECB MP	478 5107
ECB Toastmasters	0221632673
ECB Widow & Widowers Association	479 6042
Friends of Sherwood	476 7279
Friendship Club of ECB	09 424 0246
Girl's Brigade	09 473 8626
Long Bay Baptist Church	473 2498
Long Bay Baptist Mainly Music	476 6114

Long Bay Okura Great Park Society 473 9642 Long Bay Toastmasters 027 458 5688 Long Bay Residents Association 027 272 3960 Mainly Music 09 947 3378 Neighbourhood Support 09 353 0427 North Harbour Tripe and Onion Club 410 5298 North Shore CMA 489 8954 North Shore Historical Society 09 489 5489 North Shore East Parkinson's Group 444 9379 North Shore Kick boxing 021 228 2808 NS Brass Academy 021 084 15370 Plunket 473 9611 Rotary Browns Bay - Torbay 473 6418 473 2150 Salvation Army Op Shop SANZ Coffee Group 478 5933 021 0270 1303 Step Beyond Studios Shore Presbyterian Church 021 036 7957 St Mary by the Sea Anglican Church 473 8180 473 4473 Torbay Community Playgroup Torbay 60s Up 479 8159 Torbay Friendship Club 448 5726 Torbay Community Hall 478 4091 473 5454 Torbay Theatre Torbay Garden Club 473 0404 Torbay Historical Society Inc. 473 9371

Torbay Indoor Bowls Club Inc.	473 3253
Torbay International Coffee Group	473 3259
Torbay Kindergarten	473 9340
Torbay Play Centre	473 8077
Torbay Running Group	475 5501
Torbay Sailing Club	473 9955
Torbay Sailing Club - Hall Hire	473 9519
Torbay Senior Citizens	473 5593
Torbay Tennis Club	021 030 6638
Torbay Transition Towns	473 9642
Torbay Walkers	473 8731
Trinity Methodist Church	478 6806
Zumba Group	021 752007

SCHOOLS

JUILOUES	
City Impact School	477 0302
City Impact Arts Academy	477 0300
Corelli School	476 5043
Glamorgan Free Kindy	473 5099
Glamorgan Primary School	473 6453
Long Bay College	477 9009
Long Bay Primary School	473 6077
Northcross Intermediate School	477 0167
Titoki Montessori School	473 0362
Torbay Primary School	473 8603





7 Keel Street, Long Bay barfoot.co.nz/768438



Lot 2/27 Bright Road, Long Bay barfoot.co.nz/761306



43 Te Oneroa Way, Long Bay barfoot.co.nz/767528



4 Keel Street, Long Bay barfoot.co.nz/761170



021 103 5310

DDI 09 215 4206
E L.zhang2@barfoot.co.nz
barfoot.co.nz/L.zhang2
www.Lilyzhang.co.nz





barfoot.co.nz

Barfoot & Thompson

Barfoot & Thompson Torbay



2018-2019

027 494 5470



Corrin Hand 0274 319 696



Kelvin Zuo Property Management Assistant 027 809 6687



Wendy Radcliffe



Yan Lin 021 213 9825



Tony Zhu 021 209 0482



Ronald Venturina 021 073 1617



Susana Perez Residential Sales



Shane Rowe Residential Sale 021 535 639



Lawrence Hao 021 358 218



Amie Butlock 027 5478 748



Alina Yang Residential Sales 021 608 219





Karin de Leeuw www 027 270 2700



Nicki O'Sullivan 021 119 8153



Dana De Coek 022 412 1194



Leo Perwick 027 224 9527



Kyra Perwick



Kim Jin



Covian Wang



Tina Hao



Eve Huang

Your local sales and property management specialists.

Torbay 09 473 9190

1054B Beach Road, torbay@barfoot.co.nz

Barfoot & Thompson