

NEWSLETTER

TORBAY

more than a place - a lifestyle

MARCH 2020

www.torbay.co.nz

**Adele
Celebrates
100!**



Torbay Arts & Crafts Market

Next Market - Saturday 7th March 9am - 12.30pm



This month I received this letter

"Kindness alive and well in Torbay

In January I had the misfortune to fall when my knee collapsed. As I lay in pain feeling very old and vulnerable, people came to my rescue.

I would like to thank through these pages the gentleman who moved my car closer and the young woman with him who helped me into my car.

They drove me home and waited until the ambulance arrived.

It was both a horrible and wonderful experience. Horrible being unable to stand or walk - wonderful to know there are kind people out there.

Thank you from a very grateful 83-year-old."

Torbay is a really caring community. We have many unsung local heroes and heroines. If you would like to nominate someone for their kindness please let me know at editor@torbay.co.nz

Each month I am struck by the number of emails I receive about the people of Torbay and things that are happening here. This month on page 11 we have the story of a local charity which is a finalist in the New Zealander of the Year awards. We have people celebrating 100 years old and people who write poetry. The list is endless for the amazing things that happen right here in little old Torbay.

We have something very special - don't you agree?



Carole McMinn

WE ARE ALWAYS LOOKING FOR NEWS ABOUT WHAT'S HAPPENING IN TORBAY

To submit a news item or advertise, please contact:
Torbay Newsletter Editor

Carole McMinn

Email: editor@torbay.co.nz

Phone: 473 3259

Torbay Business Association Coordinator

Joanne Martin

Email: coordinator@torbay.co.nz

Phone: 021 614 655

Torbay Website **Joanne Martin**

Email: coordinator@torbay.co.nz

Torbay Business Association Chairman:

Sean Liew

Torbay Pharmacy

Phone: 09 473 9629

Torbay Newsletter photographer:

Bill Ellis Phone: 473 6482

This newsletter is designed and sustainably printed by Silverdale Print & Design
09 426 5845



ERICA STANFORD

MP for East Coast Bays

09 478 0207 office@ecbelectorate.co.nz

EricaStanfordECB

www.EricaStanfordMP.co.nz



Adele Graves

100 Fabulous Years Old

On 14 February 2020 we will be celebrating the 100th birthday of Adele Graves, World War Two Veteran.

Adele served in the Women's Auxiliary Air Force from 1940 to 1945 and was based at sites at Oxford, Blackpool and Northolt.

As a WAAF, Adele worked with a team of other women repairing aircraft after they returned to site with damage.

Adele described this role as needing to climb high on ladders and working with other women pulling material tightly over the damage and then coating the area with what she called "dope" which sounded like a very thick paint. The lead content must have been quite high in the dope as the workers were required to drink 2 pints of milk a day – needless to say, Adele said that she needed to change her uniform size at least once! Adele still has some of the material which was used to cover the aircraft.

Adele was born in Twickenham, England on 14 February 1920. Weighing only 2lb 2oz when she was born, Adele was cast aside by the midwife who didn't think she would survive! At 100 years old Adele has definitely proved the midwife wrong!

Adele's childhood was spent in London and Belgium. One of



the schools Adele attended was a German School and as such during her early years Adele was able to speak fluent German, French and English.

Adele met her future husband, Robert, during the early years of the war while sheltering in the underground during an air raid.

Adele and Robert married on 2 April 1945 during one of Robert's brief days off in England.

Robert flew for the Royal Air Force as a radio operator.

Following their demob, Robert and Adele developed their own butchery businesses which they continued with until 1964 when they sold up and travelled initially to Australia and then New Zealand.

Adele has two daughters, two granddaughters and 2 great grandchildren all living close by and all enjoying the time they spend with Adele.

DO YOU UNDERSTAND
your financials
with real clarity?



5 principles

- 1 Understand your numbers
- 2 Build financial freedom
- 3 Protect your assets
- 4 Manage your financials without stress
- 5 Make informed decisions when you need to

P 09 473 0507

visionaccounting.co.nz

Step Beyond Studios

Offering excellent classes in ballet and contemporary dance

Progressive and highly regarded – come dance with us

Beginners to Advanced

Principal:
Marian McDermott

Studio in
Torbay



www.stepbeyond.co.nz

Ph 475 9317



Your local agents

LEO & KYRA

Call us now for all your property requirements.

Leo Perwick Residential Sales

M 027 224 9527
E l.perwick@barfoot.co.nz
W barfoot.co.nz/l.perwick

Kyra Perwick Associate Salesperson

M 027 311 7953
E k.perwick@barfoot.co.nz
W barfoot.co.nz/k.perwick

BARFOOT THOMPSON &

Let the scenery unravel with Twilight Travel

Norfolk Island Escape

Escape with Twilight Travel to Norfolk Island for a South Pacific holiday like no other.

From picturesque bays, rocky coastlines and beautiful scenery, to historic buildings and ruins, discover this island paradise.

- Direct flight from Auckland to Norfolk Island with Air Chathams.
- Seven nights at the Paradise Hotel & Resort.
- Includes sightseeing from history tours to farm & industry tours plus numerous optional tours.
- Evening meals including themed nights & clifftop fish feast.

Departs Auckland 28th August 2020



For further information phone Shavourn
Twilight Travel & Tours 0800 999 887
info@twilighttravel.co.nz
www.twilighttravel.co.nz

©800SILPRINT

TUITION

Mathematics
Chemistry & Physics

Contact

Gerry Beckingsale M.Sc. Dip. Teach.

027 296 8100

gerry@gb-consult.co.nz



psychotherapy, counselling family therapy

- registered
- qualified
- experienced

Margie Bowman 473 9316

ACC approved • affordable rates

©800SILPRINT

Piattiitaliani
TRADITIONAL ITALIAN CUISINE

1/2 Price Deal

Purchase any meal and
second meal is 1/2 price*
Wednesday & Thursday Nights

Dine in only, please book and this coupon must be presented.
Second meal will be equal or lesser in value to paid meal.
One half price meal per coupon, 2 coupons per table, cannot
be used in conjunction with any other deals or specials.
Promo ends 26 March 20.
Piatti reserves all rights.

Open hours
Tue to Sat - 5pm to close

5 Hebron Road, Waiake
phone: 09 478 6936
email: info@piatti.co.nz
website: www.piatti.



Young Frederic with his beloved Mabel when he was
only five-and-a-quarter ... and now he's forty one.

Torbay Theatre

QUARTET opens
end of April, a
comedy by Ronald
Harwood, directed
by Steve Wright

Such a funny and touching script, such a pleasure to be spending hours each week learning these demanding roles. Four actors are very much looking forward to playing four retired opera singers, who are approaching old age and the decline of their once-glorious talents with wit and pathos. See website for dates, times, and to book.



"Paradox" - Ruth & the Pirate King explain that, "reckoning by his natal day," Frederic is only 5%, despite having lived twenty-one years.

BROADWAY LIGHTS: A Musical Revue! 22nd-31st May

A fantastic cast is rehearsing like crazy - the quality of the voices, dancers and choreographers is phenomenal. This is going to be a great night out in Torbay!

For more information or to get involved backstage, please contact Tor on 021 250 7203 / torhardie@gmail.com

We greatly enjoyed our first Club Night of the year. Since it fell on Saturday 29th February, this one was especially heavy on the Gilbert & Sullivan as we celebrated Young Frederic's (from Pirates of Penzance) 41st Birthday in this Leap Year. Such Fun!

Later in the year: July-Holidays play for the very young, end-of-year musical, and more!

Backstage Club: Wednesday mornings, Gate Theatre.

Jacqué Mandeno's **Love Drama speech and drama classes**, Term One Show: 4th of April.

To get involved or for more information, phone 027-522-7836.

Lynette's French Theatre classes (teens/adults), Starts 28th February, ph 0210-294-0630.

www.torbaytheatre.com Facebook @TorbayTheatre ph 473-5454
35 Watea Rd, Behind the Torbay Shops

A Beautiful Day

Recently Lee Seak and Molis Sovan celebrated their wedding day.

This hard working couple from the Golden Bakehouse had a great day.



Service | Experience | Results

WENDY'S UPDATE

CONFIDENCE RETURNS!

It is a New Year with an Active Market – the Auckland market started the year with strong sales and rising prices. The biggest price movement was seen in the median price of \$885,000, an increase by 2.3 percent on last December – the average price for the month at \$951,631 was in line with prices for the past three months.

New Listings, while increasing are insufficient to meet demand – if you are thinking of selling get on to the market before your neighbours do!

With over 25 years selling Real Estate in Torbay/Waiake and living local for over forty years you can be assured of local knowledge and experience to maximise your return!

Looking forward to hearing from you,

Regards,



No. 3 Individual Salesperson
North Shore 2019

Wendy



Top Salesperson
Torbay Branch 2019



Consistently Awarded Excellence in Sales Performance

BARFOOT & THOMPSON
LICENSED REAA 2008

barfoot.co.nz

Wendy Radcliffe

M 021 772 070

E w.radcliffe@barfoot.co.nz

Denture Clinic



Our dentures are tailored to suit you, for the best fit and a natural look.

To guarantee superior quality, your denture is manufactured on-site.

Denture Services Include:

- ✓ Complete & partial dentures
- ✓ Flexible nylon partials
- ✓ Same day reline & repair
- ✓ Sport mouthguards
- ✓ Adjustments

Dentures Designed by Esther Watai

Call (09) 476 4564 for a no obligation, free consultation

Venus Denture Clinic
Unit N 6 Rosedale Rd
Pinehill, North Shore venusdentureclinic.co.nz



What's on at East Coast Bays Library

8 Bute Road, Browns Bay Ph 09 486 8579



SEALIFE
Kelly Tarlton's, Auckland

Sunday 8 March 10:00am – 12 noon
Sharks in the Library!

To celebrate Sea Week 2020 join Sea Life Kelly Tarlton's for this one-off shark event at East Coast Bays Library. We will be busting some commonly held myths about sharks. Come along to learn more about these amazing creatures. This is your chance to find out just how sharp their teeth are and what their skin feels like. Free event for families to celebrate Sea Week 2020.

Wednesday 18 March
10:00am-11:30am

Tea & Topics Talk: Animal Rehoming

Animal Rehoming is a registered animal charity based in Browns Bay and dedicated to rescuing, rehabilitating and re-homing abused, at risk and homeless animals. Hear about the vital work they do in our community. Free event.

Sunday 15 March 2:00pm – 4:00pm
The Drawing Room

Research shows there are many health benefits to be gained from drawing: increased fine motor co-ordination, it improves memory, creativity, boosts self esteem, mindfulness and gives an improved sense of calmness and wellbeing. We are holding a free afternoon of drawing and colouring, no experience or artistic ability necessary. Lisa Milich Allport, BFA will be on hand to assist your creativity. Make a postcard and be in to win an art prize pack! All ages are welcome to join in. This free event has been produced with thanks to Auckland Council Creative Communities NZ.

WishyWashly Ltd
Exterior Cleaning, Waterblasting & Roof

Housewashing
Waterblasting
Roof - moss & lichen
Graham Banks
Ph: (09) 4730059

0800SILPRINT



e. Paultroake@gmail.com

p. 021 24 888 44

w. paultroakeconstruction.co.nz

PAUL TROAKE CONSTRUCTION LTD

NewHomes | Renovations | Recladding | Decks

Here at Paul Troake Construction Ltd, we understand that building or renovating your home is one of the biggest investments you can make. So we make it our job to make the process as stress free as possible. With 20+ years in the industry we take pride in being one of the names you can trust to deliver honest, reliable top quality workmanship with service. Based in Torbay Paul lives with his wife and children right in the heart of Torbay Village. He loves being part of the Torbay Community and being able to offer good quality building with service you can rely on.

We can be proud of our no cow boys rating 99% out of 39 testimonials.



Steps to Successfully Grow a Windowsill Herb Garden

Mint, rosemary, basil, oregano, chives, parsley, and thyme all grow especially well on a windowsill, and you'll likely use these most in the kitchen. If there's another herb you love and cook with regularly, you should feel free to try planting

Make sure you have a sunny windowsill, where your herbs will survive. A south or southwest window would be perfect if it gets at least 6 hours of sun per day and is away from drafts. If you don't have a reliably sunny window, you will need to provide some type of plant lighting. Lack of enough sunshine will leave you with spindly, stressed plants, with little flavor

Choose herbs that don't grow too wide or tall.

Chives, basil, lavender, parsley, mint, rosemary and thyme are good choices.

Snip and use your plants often to encourage them to grow full and bushy. Once the plants are at least 6 inches tall, don't be afraid to use your herbs. The more you snip, the bushier they'll become.

Never trim more than 1/3 of the plant's foliage. Pruning more than that can stress the plant and cause it to start to decline.

Start seeds of new plants to replace the ones you are using. No plant lives forever and many herbs, like basil and dill, are



actually annual plants that will try to go to seed within 4 - 6 months. Don't fight it, just replace them with new, vigorous plants, the way you would in an outdoor garden.

Use a soilless potting mix to avoid soil born diseases. Be sure the mix is light and will be well draining. Don't try to use soil from the garden. Regular soil compresses over time, making it difficult for water to pass through

Water herb plants sparingly. Herbs don't like to sit in wet soil. Drain the saucers, when excess water accumulates. Test to see if the containers need water by poking your finger into the soil. If it feels dry an inch or two below the surface, it's time to water. If not, let them be. Although outdoor plants tend to need more water in the summer, indoor plants can dry out quickly when the heat is on in the winter.

STRONG INCREASE IN LOCAL SALES & MEDIAN

BARFOOT & THOMPSON
LICENSED REAA 2008

January Sales: Torbay, Long Bay & Okura*

2/2 Orewa St, Torbay	\$665,000	8 Stredwick Dr, Torbay	\$1,211,000
1/160 Glamorgan Dr, Torbay	\$733,460	47 Windlass St, Long Bay	\$1,260,000
2/62 Glenvar Rd, Torbay	\$750,000	7 Carex Way, Long Bay	\$1,339,000
899 Beach Rd, Waiake	\$769,500	2/877 Beach Rd, Waiake	\$1,381,000
1/989 Beach Rd, Torbay	\$850,000	62 Caldera Dr, Long Bay,	\$1,490,000
1/62 Waiau St, Torbay	\$850,000	10 Tawatawa St, Long Bay	\$1,535,000
955 A Beach Rd, Torbay	\$892,000	16 Turutu Pl, Long Bay	\$1,588,000
4 Emlyn Place, Torbay	\$895,000	32 Long Bay Dr, Torbay	\$1,600,000
110A Deep Creek Rd, Torbay	\$1,050,000	17 Tawatawa St, Long Bay	\$1,615,000
32 Carnmore Pl, Torbay	\$1,069,000	26 Long Bay, Torbay	\$1,650,000
Turutu Pl, Long Bay	\$1,148,888	12 Gray Crescent, Torbay	\$4,000,000

Median price for January 2020 \$1,179,944 * Source REINZ

What does a changing median mean?

If you've noticed the recent increase in the MEDIAN figure and wonder what that means, it refers to the value of the property halfway up the price ladder of sold properties (or the average of just the middle two values).

What can that tell us?

- The main thing the median tells us, is where the midpoint is, between the upper end of value, and the lower end.

An increased median can indicate that buyer confidence is higher, houses are selling for higher prices, more of the higher priced homes have sold; or overall, there are not enough houses on the market to satisfy the number of buyers needing them.

So what's happening this month in our area?

- 1: Nearly twice as many houses sold over \$1 million, than under, and
- 2: Some buyers are missing out!! - There are not enough houses on the market for people who need to buy.

THIS IS STILL A GREAT TIME TO SELL : OUR JOB IS TO GET YOU THE BEST PRICE : THAT IS WHAT WE DO WELL

CALL SHANE or JEN ANDERSON to find out how to position your home for a BETTER SALE PRICE!

Shane & Jen Anderson

Shane: 0274 827 440 or Jen: 0211 77 55 30
s.anderson3@barfoot.co.nz A/H 473 8338



YOUR TIME MATTERS! YOUR HEALTH MATTERS!

The Body Tonic Group has the solution to help you achieve better daily living.

Personal training not quite your cup of tea? Do you prefer a few people to have a laugh with whilst working out?

Small group exercise classes are the answer.

We offer small group fitness training for men & women, which are run in Torbay. No more than 5 people. With small group training one still gets the more personalised attention, but with the support of others in the class, to help you attain positive results.

OR are you looking to workout with women only? We have the solution.

Our all women exercise group is held on Tuesday evenings from 6-7pm at the Okura Community Hall (7 minute drive from the top of Glenvar Road, Longbay).

Both environments are relaxed, light hearted, but with a focus at the same time on superb exercises and workouts, increasing your heart rate, strengthening and stretching.

General fitness & specialised movement. Health concerns, fit/unfit. All ages and levels.

No running, jumping or high impact movements. Join us today.



Lynne Scott - 021 204 3280

Movement Specialist & Fitness Trainer
(Reps Registered)

Sports Advanced & Remedial Massage Therapist

✉ lscott@thebodytonicgroup.com

f [thebodytonicgroup](https://www.thebodytonicgroup.com)

🌐 [thebodytonicgroup.com](https://www.thebodytonicgroup.com)



Fall in Love with SBA

We're here when you need accounting help.

- Monthly Accounting
- Rental Properties
- Company Formations
- Affordable Fixed Monthly Pricing
- Annual Financials
- GST
- Payroll
- Xero

Talk to Craig Bright. **09 478 0202**

SBA Browns Bay | 105 Clyde Road
brownsbay@sba.co.nz | Open Mon-Fri 10am - 6pm
www.sba.co.nz/browns-bay

SBA SMALL BUSINESS ACCOUNTING



An Auckland Summer

Soft, pink horizon clouds in a cerulean sky,
Drowsy, doppler droning of a vintage plane on high.
A graceful floating hawk, riding rising thermal waves,
Dawn's promise of a day, for a memory to save.

Kowhai sheltered Tuis sing duets in feathered flair,
A shishing balloon's burn in the morning's peaceful air.
A gliding monarch settles, bees buzz, noisy dogs leap,
A soporific cat in its hidden corner sleeps.

A cliff Pohutakawa hangs red above the sea
of scintillating blue and white foaming filigree.
Rippling heat mirages, meant to so deceive the eye,
above black, bubbling bitumen making bare feet fly.

Hand-picked ripened strawberries, purple plums, apple trees,
Milk-shakes, melting ice-creams, surfers and swift water-skis.
Distant sliding cruise ships make canoes and boats like toys,
While tiny swarming yachts head for their marker buoys.

The straight line of open sea, wherever it may lead
The sense of space freedom to sunbathe and to read
sun-glasses, towels and swimming and quiet lazy strolls.
The scent of smeared sun-screen and pain from sand-seared soles.

Those long streaming feathered trails from silver out-bound jets,
The sedate rippling run of the salty smooth wavelets
dissolving kids castles and huge crocodile of sand,
Diving seagulls squawk, snatching food from an offered hand.

Cricket, beach games, toddlers with the joy of running free,
Eski beers, fishers, picnics on the grass beneath a tree.
Large umbrellas like odd flowers, wobbling on their stalks,
Warm pools of periwinkles on around-the-rock walks.

The sudden cool relief from the passing harbour squalls,
Dripping bush and earthy odours, spraying waterfalls.
Dusty country roads, hay-rolls, stubbled hills of straw gold,
Cut by motorways, into the gullies of their fold.

A mad day at the races, bets, booze, exotic hats,
Celebrating all the night, next day left feeling flat.
Sluggish, sleepy, humid heat, senseless dreams, restless nights
Annoying pre-warning whines of pink mosquito bites.

Whatever summer brings, our spiritual sentinel,
Rangitoto's silhouette - our constant citadel,
These all belong to Auckland that gives us our own zing,
But summer's still not summer till the cicadas sing.

Vonney Allan





Annual Rotary Science Forum



Long Bay College had 2 students participate at the Annual Rotary Science Forum held at Auckland University, AUT & Massey over 2 weeks in January.



All together 168 students from the Far North to Invercargill experience 13 modules of science and then have their daily round of volleyball. Rotary Browns Bay has supported Long Bay students to attend this event for many years.

Harcourts
Cooper & Co
Cooper & Co Real Estate Licensed Agent REAA 2008

LIVE LOCAL. LIST LOCAL.

It's currently a more active market, so get your local team to give you a free appraisal on your property.

Let's get you sold in 2020!



Ian & Diane Dodds

M: 021 909 067 | P: 09 479 4762

E: iananddiane.dodds@harcourts.co.nz

W: www.ExperienceDoesCount.co.nz



Life on the Edge

March 2020

MERC's 30th Birthday

26 March 2020 is significant for us here at MERC, it marks our 30th birthday. That's three decades of being part of the local community and reaching out to young people.

We exist as a result of a group of passionate Torbay Locals, just like yourselves. We are so thankful and grateful for

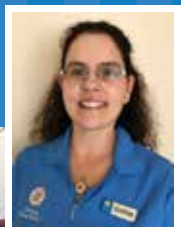


them. They not only dared to dream but backed it up with the hard work to turn that dream into reality.

So to David, Ross, John, Ian, Don and Laurie, along with the many others roped in along the way - on behalf of thousands of kids we say humbly say "Thank you. Each day we continue to think of you as we continue the journey you started, shape it for today and build on it for tomorrow."

For our birthday last year we thought we would honour our Founders by starting with an annual sail race between staff, board and alumni for the "Founders Shield". Staff took it out last year (phew), this year we anticipate this will be hotly contested with our Board still talking about the "one tack" 4 months after the race and two of last year's staff crew now alumni. We can't wait!

Article & photos by Yuin Khai Foong for Sir Peter Blake Marine Education and Recreation Centre, Long Bay. merc.org.nz



Safe and reliable transport for all ages in Albany and North Bays



Restricted movement and mobility, whether from advancing age, accident or other, can make day to day activities frustrating.

- Our wheelchair accessible vehicles will help you get out and about and be independent.
- We can assist families to have loved ones together to celebrate special family moments at a restaurant or other locations.
- We are available 7 days a week, all hours, with no extra charge for after-hours transport.
- We accept eftpos / Visa payments in each car
- We can be family when family can't be there.

Total Mobility cards accepted and an ACC approved provider

To make a booking or to discuss your requirements, call Corlize Britz today:

Ph: (09) 473 8186 Mob: 021 473 818

Email: northbays@drivingmissdaisy.co.nz

www.drivingmissdaisy.co.nz



Driving Miss Daisy®

Foster Hope NZ Proud to be Finalist in 2020 New Zealander of the Year Awards

Foster Hope New Zealand is honoured to be a finalist in the upcoming 2020 New Zealander of the Year Awards. A charity, which was formed on the belief that every child in foster care deserves to know their community cares about them, Foster Hope was nominated in the Mitre 10 Community of the Year Category and has been chosen as one of three finalists, with the winner to be announced later this month.

“Receiving this nomination reflects the incredible support our many volunteers, local businesses, members of the public, social workers and foster families have provided over the past 10 years” Chairperson and Founder of Foster Hope, Louise Allnutt says.

“We realised that many foster children often arrive at new placements with nothing but their clothes on their backs and belongings in a rubbish bag. This is what led to the formation of Foster Hope in 2010.

“Last year alone we provided over 5,200 filled backpacks and 132 flatpacks, we collected 9,500 pairs of pyjamas and our



fabulous volunteers put in over 6,600 hours of work”, Mrs Allnutt says.

Over 6,000 children are in foster care in New Zealand.

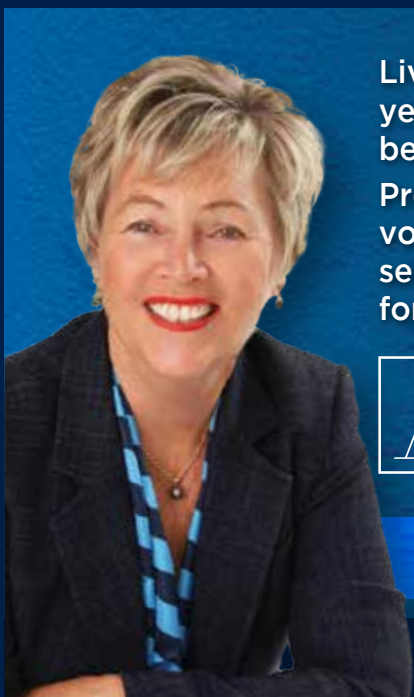
Foster Hope works with 150 agencies, via its eight branches across the country, to bring hope to these children.

Foster Hope supports children in care by providing children with a backpack full of essential and comforting items to ease their way, funding for camps, winter

pyjamas, Christmas presents, clothing packs and flat packs for teens aging out of foster care.

Foster Hope is a registered charity in New Zealand which provides the basics for children going into foster care. More information about what Foster Hope is doing to support children in our community can be found via the website: www.fosterhope.org.nz

Contact: Louise Allnutt (09) 473 2357, louise@fosterhope.org.nz



Living and working locally for over 25 years, nobody knows Torbay/Waiake better than me!

Properties are in strong demand - buyer volume on a high! If you are thinking of selling, now is the perfect time... call me for a chat!



ANN EMERSON
YOUR LOCAL AREA SPECIALIST



027 434 7221



www.annemerson.co.nz

Harcourts Cooper & Co

Cooper & Co Real Estate Ltd Licensed REAA 2008

DDI: 09 477 4272

E: ann.emerson@harcourts.co.nz



Torbay Historical Society

Memories of the Long Bay Pony Club

Torbay resident Jill Hillhouse began leasing land in the Long Bay area for her horses in 1998 and informally teaching local youngsters the fundamentals of riding and caring for horses.

Encouraged by the interest this generated she decided to form the Long Bay Pony Club in 1999.

The club was established by leasing Ministry of Education land bordered by Ralph Eagles Place and Ashley Avenue in Long Bay.

Jill cleverly devised a program of club members who owned horses sharing with those members who didn't and with a NZPCA affiliation, 'C' and 'D' certificates were offered and many aspiring riders took the opportunity to sit and pass these qualifications.

Jill's options for developing the program (for example with cross country facilities) were limited without further access to land. The partially developed Ashley Avenue sports fields were used for a number of seasons when the club lost land to developments on Ralph Eagles Place and the forming of the roundabout for Long Bay College.

With the advent of further developments and the future plans for Glenvar Ridge Road, the introduction of new groups of eager youngsters into the club became problematic and Jill was reluctantly forced to close the club in 2004.

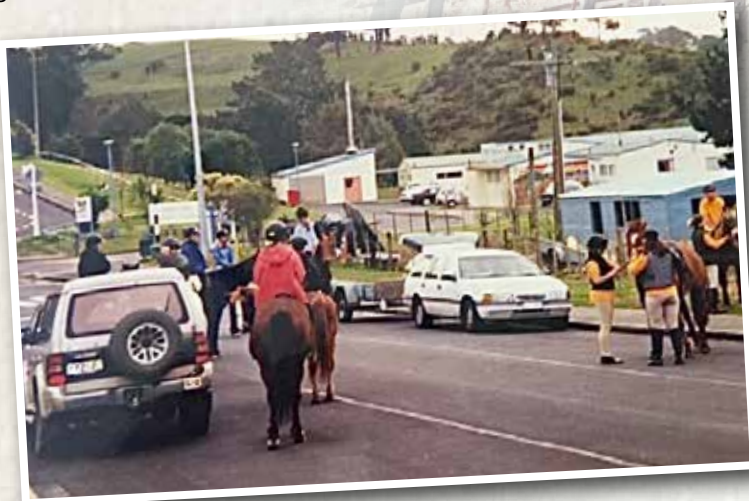
Jill and her friends continue to ride locally and she looks back fondly on the club days as friends were made and young riders became proficient riders. She sees now how these memories reflect the changing land use in the Long Bay area.

Thank you Warren for these memories.

Our Society is looking forward to the New Year with a concentrated effort to get the Vaughan Homestead and the surrounding garden looking the best. The 'Gumstore' is to be fitted out and available for viewing. We have had several Working Bees and plan to have them more regularly. To do this we need as much help as possible – and more rain for the garden!

New members are also welcome. Our AGM is coming up at

Acting President: Bill Ellis, Secretary: Barbara Ellis - 473 6482



the end of April. The details will be in the April Newsletter and will be sent to members.

Remember we are available to cater for Devonshire Teas at the Homestead for groups of 10 or more. The Homestead is also available for hire.

For Vaughan Homestead opening hours and bookings Phone 473 6482 or email wjb2ellis@gmail.com

SELLERS WANTED

Torbay Plunket & Auckland Mama Market

NEARLY NEW SALE

THE BEST PLACE TO BUY AND SELL NEW AND SECONDHAND BABY AND KIDS' STUFF

Raising funds for **Plunket**

SAT 4 APRIL

10AM- 12PM

EAST COAST BAYS LEISURE CENTRE
12 Bute Rd, Browns Bay

ENTRY BY GOLD COIN DONATION

sales@aucklandmamamarket.co.nz

[f torbayplunketnearlynewsale](https://www.facebook.com/torbayplunketnearlynewsale)



Torbay Friendship Club

President Liz welcomed a large turn-out of members and 9 visitors to the first General Meeting of 2020 on 13 Feb. She affirmed the months ahead would be full of "fun, fellowship & friendship". There would be interesting speakers, exciting outings and the seven regular activities would continue: walking group, coffee morning, rummikub, scrabble, mah-jong, craft group and casual brunch. At that meeting Larry Robbins presented a revealing talk (see photograph) about the international charity Mercy Ships founded in 1978. Around 40 volunteers from New Zealand serve each year on board the "Africa Mercy" the

largest hospital ship, bringing free healthcare & healing to the world's poorest people in their desperate circumstances. Examples were shown of patients 'before & after' free, essential surgery.

On 20 Feb many members went on board the Red Boat setting off from Westhaven on to the Waitemata Harbour and up the Tamaki River relishing the commentary, sea air and bakery lunch provided.

The walk on 3 March will be a "bush walk" at Hooton Reserve. Following morning is coffee morning with rummikub in the afternoon. The AGM will be held on Thursday 12 March.



For Vaughan Homestead opening hours phone 473 6482.
Society e-mail for booking wjb2ellis@gmail.com.

<i>President:</i>	Liz Yeats	tel 027 475 4423
<i>Secretary:</i>	Kenwyn Soares	tel 473 3253
<i>Membership Secretary:</i>	John Harry	tel 473 7908



MAINTENANCE PLUMBING • GAS FITTING • COMMERCIAL PLUMBING • HOT WATER CYLINDERS



We are proud of our
98% No Cowboys
rating

ALL PLUMBING REPAIRS & SERVICING

We provide a range of gasfitting services

We are local and support the
community and local clubs

Total Plumbing/Gasfitting
Serviced in your area



**Master
Gasfitters**
Representing Excellence

Do you want to
ADVERTISE?

Classifieds
\$5^{+GST} per 7 words

**SMALL
ADVERTS**

**starting from just
\$60^{+GST}**

Contact Carole McMinn
09 473 3259
editor@torbay.co.nz

5 Star Plumbing Ltd



0800 11 11 81

your loyal local plumber

mains • hot water cylinders • leaky roofs
general maintenance • new • drain laying
concrete work

Michael Mullany mob: 022 630 2460
fivestarpumbing@xtra.co.nz
www.5starplumbing.co.nz

©0800SLPRINT

The only thing spreading is love not virus

The year 2020 is not an ordinary year to all of us.

On the first day of 2020, our family happily landed in China to celebrate Chinese New Year. No one realised that an unknown virus was spreading in a silence. We had no other choice but to stay at home to protect ourselves as well as other people during the time that coronavirus exploded.

It was a very difficult week for us before we embarked on our journey back to Auckland, on the last day of January, and we had no idea what we would be faced with. We kept wearing masks all the time during our trip as well as on the way back to our house. My five year old daughter and I immediately started a 14 day isolation - apart from my husband who did not travel with us. After one week of self-isolation, my parents safely landed

and the first thing we did was register them through the healthline according to the updated requirements of the Ministry of Health.

To be honest, two weeks (it is going to be three weeks for my daughter and I) is a long time as we are not supposed to do any regular activities - which includes grocery shopping and schooling. But we believe that we are doing the right thing to protect our health as well as the health of our family, friends and our wider community.

This is a tragedy. But this will be defeated successfully with all the people's love, care and great efforts.

May God's mercy be with Wuhan people, Chinese and New Zealand people.

Written by a Chinese local resident.



Monthly Quiz

COURTESY OF
ROTARY BROWNS BAY

brownsbayrotary.co.nz

Answers on Page 33

1 Which Derbyshire town is famous for its almond flavoured pudding?

6 What are the given names of the son of Prince William and Kate?

2 Which is the first discipline on the Olympic programme where competitors travel backwards?

7 What is the largest web-footed bird?

3 What was the name of Bob Geldof's 25 year old daughter who died in April 2014?

8 What is malus domestica?

4 Where is the National Ice Skating Centre of England, created by Olympic skating gold medallist Jayne Torvill?

9 What is the capital of Namibia (formerly SW Africa)?

5 Where is the Sears Tower?

10 Who is this British actor?



Torbay Arts & Crafts Market

Photos by Bill Ellis



We had a very hot start to the New Year with the market in February. A reminder that the market is held on the first Saturday of each month from 9am-12.30pm.



If you have a hobby you would like to turn into a small business why not consider having a stall?

The space is only \$10 and gazebos are available for hire for \$10 each, so you don't need to invest loads of money to start - just have a go!

Interested?

Contact Louisa on louisatc8827@gmail.com




PLUMBING • DRAINAGE • GAS FITTING

021 222 5000
RIBEAU@CATAPULTPLUMBING.CO.NZ
WWW.CATAPULTPLUMBING.CO.NZ

FULLY QUALIFIED
 LOCAL TORBAY FAMILY RUN BUSINESS



'don't risk it use my dad'

reece



...learning life with Jesus

Meeting for friendship, worship and Bible teaching
 Sundays at 10.00am

Long Bay Primary School, Ralph Eagles Pl.
 Contact Pastor Peter Boyd
 P 473 9390 M 021 0367 957
www.shorepres.org.nz



LAWN MOWING: Commercial, Domestic and Ride On • STUMP GRINDING



Looking after North Shore residents for over 10 years

Bins - 240 litres
 Bags - 600 litres

FREEPHONE: 0508 262626
JDPROPERTYSERVICES.CO.NZ

Annette Gibson - Beauty Therapist
 ☎ 021 624500
annette@peonybeauty.co.nz
 23 Turutu Place, Long Bay
www.peonybeauty.co.nz

Torbay Garden



The first meeting for 2020 was our annual Long Bay Picnic. Members equipped themselves with folding chairs and shared a delicious variety of summer lunch plates and treats. There was merriment and the challenge of a quiz. Some also brought a flower of personal significance from their gardens and shared these stories.

Barbara Dines brought beautiful dahlias and told of her first job at 15, when she worked in the Zealandia Nursery at Ellerslie. During this time she learned a great deal about the beauty, versatility and care of dahlias and has grown them ever since. Betty Barratt brought frangipani. Some years ago Betty lived in Malaysia where her driveway was an avenue of frangipani trees. She now grows them in Torbay against a north-facing wall from where they can be wheeled to sheltering cover for winter. Hilary Collins spoke of her late sister-in-law whose dahlia she has also grown. Only recently has she learned its name – Kaiwera Gold, an apt description. Another experienced Torbay gardener, Isabel Chambers, shared two climbers she particularly likes – stephanotis and mandevilla – one white and creamy, the other deep wine. Stephanotis floribunda is



President: Hilary Collins Phone: 478 1601

Secretary: Georgie Maurice Phone: 473 0404

little local

a little something for our locals

Located in the Long Bay Village Dining Precinct



fill you up

bagels made fresh to order

- | | |
|--|------|
| south island smoked salmon + red onion + capers + dill + lemon | 16.0 |
| egg mayo + chives | 10.0 |
| tomato + pesto + cream cheese + fresh basil | 12.0 |
| truss tomato + cream cheese + fresh basil | 10.0 |
| avocado + cherry tomato + olive oil + lemon | 12.0 |
| pastrami + swiss cheese + mustard + pickle | 14.0 |
| bagel + peanut butter + jam | 8.0 |
| bagel + berry jam + cream cheese | 8.0 |



cool you down

blended or built

milkshakes 6.0

- strawberry
- lime
- vanilla
- chocolate

smoothies 7.0

- mango
- berry
- banana
- green

iced drinks 7.0

- made with ice, milk and ice cream
- coffee
- chocolate
- mocha
- chai
- americano

little local

Free regular hot beverage with every bagel purchase

Offer valid through March, 2020
Not to be used in conjunction with any other offers

little local

Two for one regular hot beverages

Offer valid through March, 2020
Not to be used in conjunction with any other offers

little local

\$5 Milkshakes, smoothies and iced drinks

Offer valid through March, 2020
Not to be used in conjunction with any other offers

Men Club

waxy, delicate, has a lovely perfume and was once widely used in bridal bouquets. A lesser known plant was displayed by Patricia Kennedy whose wine-to-pink-radiating deciduous hibiscus was grown from a cutting. Although native to China, Hibiscus syriacus was named for Syria where early specimens were gathered for cultivation. It is also known as the rose mallow.

We have an exciting programme planned for 2020. Our February trip included the Leafy Hollow Lavender Gardens



where we learned about the process of distillation of lavender essence – a fragrant experience! New members are welcome, including those new to gardening who will find plenty of informative support. We meet each month on the first Wednesday



In the garden in March

It's time to plan and prepare your autumn and winter garden. Autumn is nature's planting time as the ground is still warm and the first of the rain helps new plants. Prepare flower beds with compost, lime and fertilizer. Cut back perennials and plant new ones. Feed ornamental trees and shrubs. Autumn is the best time to sow or repair your lawn to rejuvenate over winter. Plant seedlings of cabbage, cauliflower, broccoli, beetroot, brussell sprouts, spinach, silverbeet and winter herbs. They will also need protection against slugs and snails. Feed citrus well to maintain growth and fruit. As the season moves into autumn daffodils can be planted in full sun with well-drained soil. Anemones and Racunculus will benefit if the bulbs are chilled for 5-6 weeks in the fridge then soaked for 6-7 hours before planting. Sow sweet peas next to a sunny fence. Harvest pumpkins in late summer and leave them in an open sunny position to dry out before storing.



FORMAT

LANDSCAPES

021 599 107

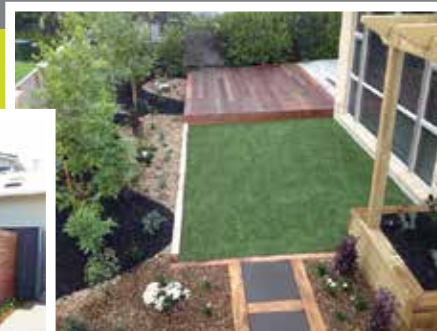
www.formatlandscapes.co.nz
mhlandscaping@xtra.co.nz

find us  



We are your local landscape design and construction specialists.

With over 20 years experience in the industry to draw on, we can transform your garden.



Whether it's a small tidy up or a complete makeover. From initial

concept design right through to implementation, and ongoing maintenance if required.

Landscaping is my passion. I take pride in being able to provide clients with innovative solutions for their garden or outdoor entertaining area, combined with a professional level of service and the finest craftsmanship.

Call to make an appointment to discuss your project.



Give your room a new mood colour *teal*



We often opt for the safe option when decorating. White still outsells all the other colours put together.



Yet a bold strong colour can create a mood in a room.



It can make a hum drum room into something spectacular- you just need to be brave.



Whether it is one wall or all the walls be bold and don't waver over the colour charts. Teal feels very coastal, that vibrant blue speaks of the beach and the sea.



Lunar New Year Performance

The Lunar New Year Performance took place at the Library on Saturday 8th February.

There were impressive demonstrations of Tai Chi and dancing, and Community Library Manager Natasha Hallam gave out certificates to the performers.



**helloworld Travel Browns Bay,
your multi-award winning travel & cruise professionals**

NZ Travel Industry Awards - Best Travel Brand Multi Location 2018

CLIA Largest Cruise Agency of the Year, NZ 2018

Plus helloworld Travel NZ Most Improved Store 2018

helloworld Travel Browns Bay

26 Clyde Road brownsbay@helloworld.co.nz 09 478 4416

helloworld
TRAVEL
THE TRAVEL PROFESSIONALS

Outstanding !! Results

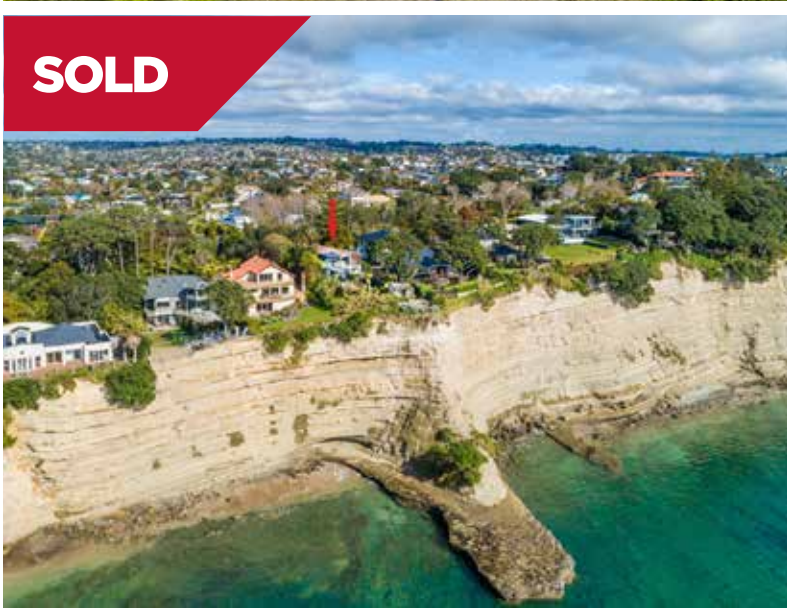
SOLD



SOLD



SOLD



SOLD



Your home, Willi Bardohl & Bayleys Altogether Better



WILLI BARDOHL

Property and Marketing Consultant

M 0211 922 925

E willi.bardohl@bayleys.co.nz

Bayleys Real Estate Ltd,

Licensed under the REAA 2008



19a Limmer Place, Browns Bay

NEW LISTING



Size really will surprise!!



THÉRÈSE LESLIE

Property and Marketing Consultant

M 021 0226 6192

E therese.leslie@bayleys.co.nz

Bayleys Real Estate Ltd,

Licensed under the REAA 2008

JIANG KOU 寇江

Property and Marketing Consultant

M 021 0879 3257

E jiang.kou@bayleys.co.nz

Bayleys Real Estate Ltd,

Licensed under the REAA 2008



JULIA PARFITT & ALEXIS POPPELBAUM

Bays Local Board Update

Dog park being investigated

The Board have had a lot of feedback from the community wanting a dog park in the Bays. We're pleased to say that Council staff are working up options for Deep Creek Reserve as a potential site (below the current sports park). We'll keep you informed.

Community forums

Last year the Local Board initiated monthly Community Forums. As well as hearing about local matters of importance to you, Council staff give updates on important projects.

Meeting information and agendas for both Community Forums and Business Meetings can be found at www.aucklandcouncil.govt.nz/HibiscusandBays.

If you would like to talk to the Board, please book a time slot with Gemma Kaldesic: gemma.kaldesic@aucklandcouncil.govt.nz, 021 527 397.



Have your say – Local Board Plan

The Local Board is currently consulting on its strategic three-year plan. We are keen to meet and hear your views on the Local Board Plan which guides the Board's activity, funding and investment. The Board is holding a consultation session at the Murray's Bay Birdman event, Saturday 14 March. If you're unable to make this you can also give feedback at: <https://akhaveyoursay.aucklandcouncil.govt.nz/>

MERC celebrates 30 years

The Sir Peter Blake Marine Education and Recreations Centre (MERC) is celebrating its 30th year. The Local Board have provided grants to MERC over a number of years, and we have always been very supportive and impressed by the quality experience and education they provide. Through an endowment fund, they also ensure decile 1-3 school students also have the opportunity to experience MERC. We're pretty proud of the fantastic work the team at MERC do, and we look forward to continuing to support their journey.

We always welcome any feedback or questions you have: julia.parfitt@aucklandcouncil.govt.nz , alexis.poppelbaum@aucklandcouncil.govt.nz



Anxiety

Anxiety is a normal human feeling, which happens to us in response to stress or danger (real or imagined).

Everyone gets anxious from time to time - for example when attending a job interview - and this type of anxiety is a normal part of everyday life.

Anxiety usually lasts a few moments, hours or a day or two at the most and it generally doesn't affect your health or any functioning part of your life.

However, too much anxiety can be overwhelming and become a health issue. It then affects how you think, feel and behave. It can impact the quality of your life and make life difficult. When extreme, it is known as an anxiety disorder.

One in four New Zealanders will experience some kind of anxiety disorder at different times of their lives. It is more common in women than men and in younger adults and teens.

What do you do if you are feeling super anxious all the time?

Anxiety can be overcome successfully with help.

- Counselling
- Medication
- Self care
- Lifestyle change

Lifestyle changes which help are

- Activity at a moderate level for 30 minutes a day will improve, health, sleep and mood.
- Learn relaxation techniques to relax your body and your mind- such as breathing exercises, meditation, yoga, pilates or tai chi.
- Relax regularly and get plenty of sleep.
- Eat healthy food regularly. Try to eat more fruit and veggies and less processed foods.

Stay well!

Market Pulse on the Shore

Expats Heading for Oasis

Overseas Experience is something that has been popular for generations of Kiwis. Many remain outside of New Zealand in lucrative positions and have built their successes overseas.

That is about to change for those affected by Brexit, Australian climate change disruptions, Middle Eastern unrest and Hong Kong politics. That's just a few challenges that could encourage expats to return.

“ Expats and eligible buyers from overseas could become competitors in the forthcoming year... ”

International property website searches have increased from U.K., Australia and Singapore. The latter two nations are able to buy residential land here already!

Expats and eligible buyers from overseas could become competitors in the forthcoming year. This will add more fuel to the predicted interest in properties within range of the Americas Cup field.

The only foreseeable road bump is the general election in September. Historically, the property market will quieten in the run-up.

Act Now and Act Decisively!



Don't Be Afraid to Give Up the Good for Great!

Getting Ready to Sell?

Enhance the Best Features

- What are the reasons that you bought the home that you're wanting to sell?
- What are the current trends on a buyers' wish lists?

Those are the list of items that you should focus on and make efforts to enhance prior to marketing. You will feel so proud when the photos and advertising script promote them!

Targeting the right type of buyer will also require a good strategy and an appropriate selection of advertising tools and media. This can make a huge difference in price when stirring up the right emotions in prospective buyers. I have sold coastal properties with remarkable results using this train of thought.

I offer a wider and more diverse service than anyone else on the Shore! I can put you in touch with local trusted professionals, including: an experienced lawyer; financial adviser; interior home stylist; handyman; builder; electrician; gardening services; exterior house cleaning; property management and much more!

Check us out @ [thinkbigkiwi.com](https://www.thinkbigkiwi.com)



["Thank You Helen and Adrian for the Kind Words"](#)

"Geraldine has been amazing from the moment we engaged her.

She has consistently kept us informed, up to date and met with me weekly to encourage me.

We have been delighted with the service she has given us."

- Helen & Adrian Hughes

Geraldine Zareian

M 021 184 0312

E g.zareian@barfoot.co.nz

W www.tosell.nz

**BARFOOT
THOMPSON &**
LICENSED REALTOR

barfoot.co.nz/g.zareian



On February 15th Okura Forest Festival was held and a good time was had by one and all.

Photos by Bill Ellis



Cathedral Brass to welcome Vanhoorne

North Shore Brass are delighted to introduce its new principal cornet to audiences at Cathedral Brass to be held 2.00 pm 22 March at St Peters Anglican Church Takapuna.

In a new venture for this highly talented band they will perform repertoire both traditional and modern for local audiences featuring Belgian cornet star Harmen Vanhoorne and organist Brendon Agnew (Wellington). Joining them will be the up and coming North Shore Brass Academy Band (Steve Foster) and Auckland's champion band North Shore Brass (Colin Clark).

"The arrival of Vanhoorne has created excitement among brass musicians nationwide with invitations to perform with orchestras and bands through the year" says band president Owen Melhuish. "We are describing his entry into New Zealand music as the same as Michael Jordan joining the NZ Breakers basketball team!" say Melhuish.

As a professional cornet player, Harmen worked as a soloist in the Royal Wind Band of the Belgian Guides, a widely known military orchestra. In 2006, he became principal cornet of Brass Band Buizingen going on to conduct them with some success in recent times.

Harmen Vanhoorens' impressive list of achievements include, amongst others, the prestigious British Open Solo Competition (Manchester, UK) in 2010 and the Ern Keller Memorial Trophy (Sydney, AUS) in 2010, granting him the title of International Soloist of the Year.

Harmen has won the coveted top principal cornet prize in 2016 and 2019 at the NZ National Brass Band Championship of New Zealand. He is widely known for displaying stunning musical technique whilst delivering entertainment at its best.



Register for 2020



Football, Friendship, Fun.

East Coast Bays Football Registrations are now open for the 2020 season. Girls and boys of all experience levels are welcome.

Visit ecbafc.co.nz for more details.



Cathedral Brass



SUN 22 MARCH, 2pm
St Peter's Anglican Church, Takapuna

A concert of modern and traditional favourites. Introducing our new principal cornet **Harmen Vanhoorne**



Ticket price: \$15/20
Door sales are available.
Bookings are via eventfinda.co.nz
or owen@mortgagesupply.co.nz
ph 0212810405



Miss Clip-It Podiatry

Our Podiatrist Trish Morpeth (BHSc Podiatry Hons) can help you with:



General Podiatry - nail cutting, corn and hard skin removal



Fungal or ingrown toenail treatment



Podicures - hygienic pedicures



Home Visits

Call us today to treat your feet to the TLC they need

35 Toroa St, Torbay - 0220237216 - www.missclipitpodiatry.com



Torbay Pharmacy: Be Smarter than a Virus

A strong immune system is the very best protection against viruses. Viruses are very clever at changing their shape, which makes them very difficult to target with drugs. The good news is that your immune system is even faster and nimbler than viruses. Therefore, if you have a good immune system you should come out on top of any virus infection. This is true for our regular winter colds and flu viruses as well as newer, scarier viruses like the Coronavirus.



How Do You Get a Strong Immune System?

The core of the immune system lives in the gut. For this reason, having a healthy gut is an important basis for having a healthy immune system. This is where it gets a bit tricky. Ensuring a healthy gut in our modern world is not easy. Confounding factors include stress, environmental toxins, and less than optimal food choices. But it is worthwhile putting in the time and effort to get a healthy gut. We have designed "The Total Gut Restoration Programme" if you need some help in this area.

There are important vitamins and minerals that are vital to a healthy immune system. The most important are vitamins A, C, D, E, zinc and magnesium. A balanced diet will help you to get good levels of these nutrients.

Vitamin Secrets

When you get a virus, there is a significant drop in the levels of the nutrients that your immune system needs. It makes sense then to boost the immune nutrients when you start getting sick. An interesting fact is that if you give children with measles vitamin A supplements, the number of kids who die will halve! Powerful stuff.

Immune Tonic

There are several herbs that can give your immune system a boost in the fight against viruses. These herbs have been shown to boost your immune system and weaken viruses. This puts the balance of power in your favour. We have had many people over the years rave about how effective our Immune-Boosting Herbal Tonic has been. To be fair, I have not had many compliments on the taste though!

My Humble Suggestions:



Eat well, breath well to reduce stress, and take some immune boosting nutrients and herbs during periods of high risk of viral infection. Plus, work to fix any gut problems. It has worked for me – I have had no viruses for over 10 years now.

Torbay Pharmacy
Ph 473 9629

Unichem⁺

Latest Robotic Technology Now Available at Torbay Unichem Pharmacy

We can now pack your medicines into single dose sachet packs.

No need to have multiple boxes and bottles for your medicines.

Super cool

Super convenient

Super easy to use

Super easy for our pharmacists – thanks to the new robot.

And all this for FREE!

Just our way of making your life a little more hassle free.



Unichem Torbay Pharmacy

1040 Beach Road, Torbay

Phone: 473 9629 **Fax:** 473 0730

Email: info@torbaypharmacy.co.nz

Flowers and Foliage in Diverse Designs

Hauraki Floral Art Club began the year with a celebration of diversity. The February theme was "multicultural" with a display of designs representing a range of countries and regions. France, Spain, Japan, India, Germany, Papua-New Guinea and the Pacific were interpreted in colourful blooms and foliage, with the addition of tropical fruit and vegetables.



in design by repetition, variation and radiation. Dominance is the emphasis of one part of the design over another to create a particular effect. Cascade is a style of design in which overlaying and loose trailing plant material is used in a waterfall effect to achievement grace and movement. But wait! There's more! Much more to learn! Suitable for all ages, floral art is a lifetime hobby that deepens our knowledge and appreciation of plants and the natural world. Contact Pauleen on 4739916. Or just come along. We meet in the Outram Hall, Murrays Bay on the second Wednesday morning of each month.



Two new visitors were welcomed and our 'beginners' lessons recommenced. In April the Club will celebrate its 50th year with touches of gold to reflect the significance of this milestone anniversary.

The Hauraki Floral Art Club is affiliated to the Floral Art Society of New Zealand. We welcome and encourage beginners with an interest in the beauty of flowers to go further and learn the basics of floral art. You will receive six starter lessons and be guided and supported in gaining skills and knowledge in this art form which uses the same elements of design as other visual arts. Rhythm refers to the visual movement achieved



susankinghorn
it's your move



Harcourts Cooper & Co

Susan Kinghorn

Sales & Marketing Consultant

M: 021 797 994

Harcourts Cooper & Co Ltd

Licensed Agent REAA 2008

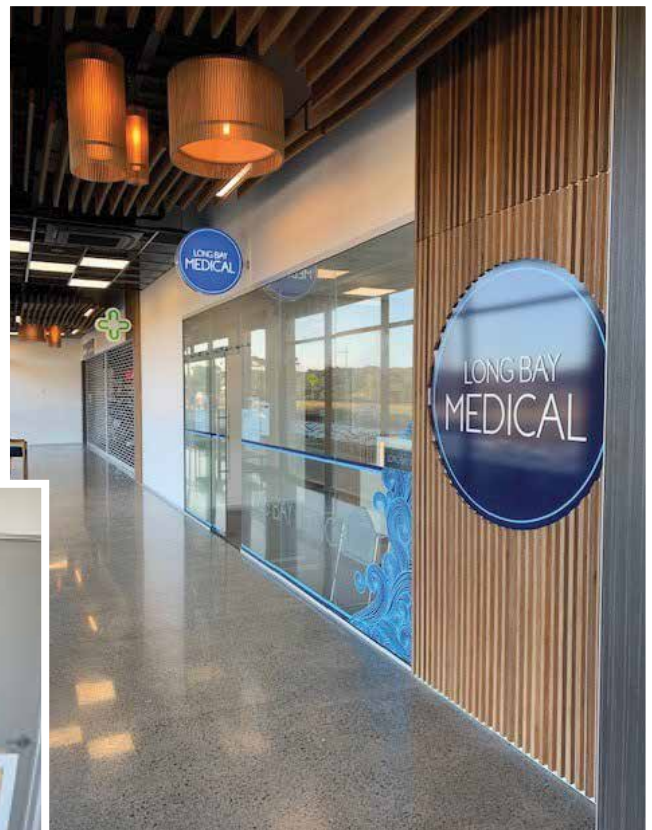
LONG BAY MEDICAL

Torbay Medical Centre is proud to announce that we have opened a satellite clinic in Long Bay Village.

Long Bay Medical is situated in the heart of the village at 55a Glenvar Ridge Road.

Our brand new clinic will offer the community a similar range of health care services that you have been receiving from Torbay Medical Centre just on a smaller scale.

You will be able to book your appointments on Manage My Health, just select the Long Bay button on our website or by logging onto Manage My Health.



You will be able to book an appointment on certain days at Long Bay to see your regular GP.

Dr Clare Dudding is available on Mondays, Dr Lynda Thwaites Tuesday and Thursday mornings, Dr Gareth Shalley on

Tuesday and Thursday afternoons, Dr Jess Joung on Wednesday and Dr David Thompson on Fridays.

Torbay Medical Centre has been part of the community for 30 years and we plan to have the same continuity of care with our new patients at Long Bay Medical Centre. Our opening hours are 9am - 12pm and 2pm - 5pm.

Enquire
at Long Bay
Medical Centre
about enrolling
on "Manage my
Health Portal"

APPOINTMENTS:

Mon – Fri : 9.00am – 12pm, 2pm – 5.00pm
Closed on Public Holidays

Long Bay Medical Centre 55a Glenvar Ridge Road, Torbay Ph: 09 473 0063

TorbaySkin



We would like to introduce the newest member of our dedicated team, Helen Seiler.

Helen is a very experienced registered nurse who specialises in aesthetics injectables & treatments for sun damaged skin.



She will be available for consultations & treatments Tuesdays and Fridays & is offering FREE 30 minute introductory consultations during March & April 2020.

PLUS

Introductory Special*

Wrinkle relaxing treatments
From \$6 per unit!!

*Subject to consultation and suitability. Offer valid until 1st May 2020

CALL 477-1111 TO BOOK

1050 Beach Road, Torbay
09 477 1111 admin@torbayskin.co.nz www.torbayskin.co.nz

Placemats
\$40 for 4
Coasters
\$20 for 4



We can also make these using your own photos!

To order contact sales@aotearoomemories.co.nz or phone 09 473 3259



Introducing It's My Party, new Torbay-based business offering kids' parties with a difference to local families. Natalie Ronan explains how it all came about.

It all started with our 8-year-old's birthday last year. We were racking our brains for ideas when Sean/Dad suggested a disco party at home. I admit I wasn't convinced at first, but we couldn't justify the expense of the typical pay-per-child party packages (especially with two younger siblings wanting parties too!). So, a disco it was. We got carried away, threw ourselves into it and created a mini-nightclub experience. It was so much fun for everyone! Word got around and we started getting requests to do the same for other people - It's My Party was born!

We've been in Torbay for 10 years, and it's really exciting to be able to offer our local community something a little bit different.

Using my skills and passion for event planning, and Sean's 20+ years in live sound and lighting design, we can offer a party experience that is both economical and hassle-free for the parents. Still



a huge amount of fun for the kids. There is the opportunity to personalise the event with their own playlists and games.

You provide the venue, we'll take care of the planning and bring the party to you! You won't recognise the place once we've set up, using our lights we can create 'Glitter & Sparkle' and 'Glow' themes (an absolute favourite with the kids!), without needing any other decorations. Your young guests will be having a ball, and you'll be relaxing – unless of course you like to dance, in which case there's plenty of room on the dancefloor for everyone!

Read what other parents have said about our parties:

🌐 www.itsmyparty.co.nz

📍 [ItsMyPartyAuckland](#)

☎ 021 2636226





2020 HEAD STUDENTS

We are delighted to announce the Head Prefects for Long Bay College's 46th year. Congratulations to Luka Katavich, Head Boy, Tace Chapman, Head Girl, Liam Jameson, Deputy Head Boy, and Amelia Claridge, Deputy Head Girl. The students have been selected to lead a group of 45 Prefects who coordinate a range of activities to enhance school life.



Head Prefects: Liam, Luka, Tace, and Amelia

Academic Scholarship achievements

Long Bay College is proud of our students who achieved academic Scholarships across a wide range of subjects. Our 2019 Deputy Head Girl and Dux, Caitlin Scott, achieved an Outstanding Scholarship in Biology plus Scholarships for Chemistry and English. The College introduced Dance as a Scholarship subject and was pleased to support our 2019 Prefect Grace Coffman in achieving success at this level.



2019 College Dux, Caitlin Scott

Taking a proactive approach to Social Media



Principal, CJ Healey

At Long Bay College, we are well positioned to make a difference in the lives of our young people through the quality education and strong culture of care that we provide.

We teach our young adults to become critical thinkers; a valuable skill to help manage today's complexities, including those in the online environment. Young people throughout the world are experiencing the amazing, connective and technological benefits of social media but also the extensive, detrimental effects of its misuse. Together with whānau, we can ensure our young people build

confidence and become respectful, responsible global citizens both on and offline.

We support our students by encouraging positive interactions and use of digital media that reflect our school values of Care, Respect, Community and Creativity both in curriculum subjects and through Atawhai sessions. Topics such as "Social media safety", "The impact of technology", "Dealing with bullying online", "Social media is your CV", and others, are covered. Specialist presenters attend our assemblies to outline online safety and citizenship.

At home, an honest review of your family's social media habits can be a great starting point. As a parent of three and as a Principal, I share some tips with you here:

- Set clear and respectful boundaries around the use of all electronic devices.
- Be disciplined about the amount of screen time your child has.
- Take an interest in your child's 'online' life.
- Educate your child to think about the messages they send

about themselves and others with every social media post they share.

- Discuss the importance of being authentic online.
- Talk about the impact of 'liking' or 'sharing' content that could be destructive to others.
- Keep devices away from bedrooms at night to help your child sleep peacefully.
- Learn ways to protect your child from the harm of others online.
- Encourage your child to take part in a range of activities that do not require a screen to develop their skills and self-esteem.
- Make mealtimes device-free and encourage interaction and conversation with your child.
- Let your child become bored – it is, after all, the foundation of creativity.
- Model care and respect towards others both on and offline.
- Visit www.netsafe.co.nz to access a great range of resources.

CJ Healey, Principal

Festival of Hope



Saturday 28 March
Browns Bay Village Green
10am-4pm
Live music
Dance
Children's activities
Prayer
Food

Free entry
All welcome

*Brought to you by the combined churches of
East Coast Bays &
the East Coast Bays Community Project*

Local Pill Boxes

A pillbox is a type of blockhouse, or concrete dug-in guard post, normally equipped with loopholes through which to fire weapons. It is in effect a trench firing step hardened to protect against small-arms fire and grenades and raised to improve the field of fire.

These were erected at strategic points during the war to enable large guns to observe the Gulf without being seen themselves.

The Germans invented these concrete bunkers and the British soldiers called them pill boxes as the shape was the same as Pharmacists used to dispense pills.

We have three in Torbay.

One is accessed at the far end of Long Bay Beach by walking up over the headland.

The second is able to be seen when you walk through the Oneroa Track from the end of Gilberts Place down onto the beach by the Merc Building.

The third one is easy to see as it is on Beach Road when it curves around to go down to the MERC building.



QUIZ ANSWERS

- 1 Bakewell is famous for its almond flavoured pudding.
- 2 The backstroke swimming event is the first event for competitors to travel backwards.
- 3 Bob Geldof's daughter who died nearly 6 years ago was Peaches.
- 4 The England National Ice Skating Centre was built in Nottingham and given the seal of approval by HM The Queen in 2002.
- 5 The Sears Tower is in Chicago.
- 6 The names of William and Kate's son is George Alexander Louis.
- 7 The largest web footed bird is the Albatross.
- 8 Malus Domestica is the apple tree.
- 9 The capital of Namibia is Windhoek.
- 10 Norman Wisdom

Tides Mar 2020 (Murrays Bay)

		LOW	HIGH	LOW	HIGH	LOW			
Sun	01		00:18 2.8m	06:26 0.8m	12:43 2.8m	18:53 0.7m			
Mon	02		00:58 2.7m	07:09 0.8m	13:24 2.7m	19:36 0.7m			
Tue	03		01:43 2.7m	07:58 0.9m	14:09 2.7m	20:24 0.8m			
Wed	04		02:36 2.6m	08:54 1.0m	15:00 2.6m	21:20 0.8m			
Thu	05		03:36 2.6m	09:55 0.9m	15:59 2.6m	22:22 0.8m			
Fri	06		04:40 2.7m	10:57 0.9m	17:03 2.7m	23:26 0.7m			
Sat	07		05:43 2.8m	11:58 0.7m	18:08 2.8m				
Sun	08	00:26 0.5m	06:41 3.0m	12:55 0.6m	19:08 3.0m				
Mon	09	01:22 0.4m	07:35 3.2m	13:51 0.4m	20:05 3.1m				
Tue	10	02:15 0.2m	08:28 3.3m	14:44 0.2m	20:58 3.3m				
Wed	11	03:05 0.1m	09:19 3.3m	15:36 0.1m	21:50 3.3m				
Thu	12	03:56 0.1m	10:10 3.4m	16:26 0.1m	22:40 3.3m				
Fri	13	04:46 0.1m	11:01 3.3m	17:16 0.1m	23:30 3.3m				
Sat	14	05:37 0.2m	11:52 3.3m	18:06 0.2m					
Sun	15		00:21 3.3m	06:29 0.3m	12:43 3.2m	18:57 0.3m			
Mon	16		01:14 3.1m	07:25 0.5m	13:36 3.0m	19:51 0.5m			
Tue	17		02:10 3.0m	08:24 0.7m	14:31 2.9m	20:48 0.6m			
Wed	18		03:10 2.9m	09:25 0.8m	15:29 2.7m	21:50 0.7m			
Thu	19		04:12 2.8m	10:27 0.8m	16:30 2.7m	22:54 0.8m			
Fri	20		05:12 2.8m	11:26 0.8m	17:31 2.6m	23:55 0.8m			
Sat	21		06:08 2.8m	12:20 0.8m	18:29 2.7m				
Sun	22	00:48 0.8m	06:58 2.8m	13:10 0.8m	19:20 2.7m				
Mon	23	01:34 0.7m	07:44 2.9m	13:55 0.7m	20:06 2.8m				
Tue	24	02:15 0.7m	08:26 2.9m	14:36 0.7m	20:48 2.8m				
Wed	25	02:53 0.6m	09:06 2.9m	15:15 0.6m	21:26 2.9m				
Thu	26	03:29 0.6m	09:43 2.9m	15:51 0.6m	22:01 2.9m				
Fri	27	04:05 0.6m	10:20 2.9m	16:28 0.6m	22:36 2.9m				
Sat	28	04:41 0.7m	10:56 2.9m	17:04 0.6m	23:12 2.9m				
Sun	29	05:18 0.7m	11:33 2.9m	17:41 0.6m	23:49 2.9m				
Mon	30	05:57 0.8m	12:12 2.8m	18:20 0.6m					
Tue	31		00:29 2.8m	06:41 0.8m	12:54 2.7m	19:03 0.7m			

Times adjusted for Daylight Saving.

Do you want to ADVERTISE?

SMALL ADVERTS
starting from just \$60^{+GST}

Classifieds
\$5^{+GST} per 7 words

Contact Carole McMinn
09 473 3259
editor@torbay.co.nz



Halloween in the Park

The latter part of 2019 saw the LBRA organise its second Halloween fun and games for the children at Ridge Park. Games included apple bobbing, colouring in, making ghosts, throwing the skulls into the pumpkins and more. Lots of mums and dads dressed up and participated and the sausage sizzle was enjoyed by all!

"A Very Long Bay Christmas" Concert

On 14 December 2019, the LBRA supported the Long Bay Baptist Church to stage a very successful "A Very Long Bay Christmas" concert at Ridge Park, Long Bay. Under perfect weather conditions, a wide variety of live music and dance performances took place, including of course a selection of Christmas carols. This is the second year this very positive and well attended community event has been held and our thanks must go to our sponsors who support us to make this event possible

Christmas Lights Competition

The LBRA initiated its second Christmas Lights Competition, whereby residents were encouraged to decorate their homes with colourful lights and a Christmas theme. The winner, Amber Lu of 68 Caldera Drive, whose husband David Peng, was presented with a prize at the Very Long Bay Christmas concert.

Street Landscaping Maintenance and Street Litter

There has been concern in the community regarding the inconsistent and substandard level of street landscaping maintenance taking place. The LBRA held a meeting with Auckland Council in early December, and attended a Community

Forum in February this year, whereby the LBRA raised its concerns which were acknowledged. Additional work by the Council has been carried out since the initial meeting which has improved the appearance of the landscaping and we hope to see further improvements in the coming months.

In addition to the street landscaping, the LBRA has set up a weekly litter collection on a Tuesday morning at 9am for one hour, whereby residents volunteer their time to clean up litter around the streets. This is followed by a coffee and a chat at our new local "Nice Café". #lovelongbay

Chinese New Year Festival

An open air Chinese New Year festival planned for 1 February has unfortunately been cancelled owing to the coronavirus risks associated with participants returning from China.

Park Signs

Long Bay is fortunate to have several very attractive parks and reserves, but they have not been officially named at this stage. The LBRA supports the need to have the parks and reserves officially named with proper Auckland Council signage.

LBRA Membership

The LBRA is a voluntary membership association registered under the Incorporated Societies Act. The LBRA exists to promote and represent the interests of residents and to bring neighbours together for social gatherings to promote a sense of community, while also promoting facilities and services that enhance the lifestyle enjoyed by those living at Long Bay.

The LBRA welcomes any new members who are resident in the new Long Bay subdivision. Members are also eligible to join a closed Facebook page. Please email the LBRA Secretary, Karol Helmink, for a membership application form - longbayra@gmail.com

Long Bay Residents' Association

Mob: +64 27 272 3960 E-Mail: longbayra@gmail.com

Tuesday clean up - followed by a coffee and a chat at the "Nice Cafe". If you have an hour to spare, come along. And if not, do your bit by picking up outside your own house - every little bit helps keep Long Bay beautiful!

**When: Tuesday mornings
Time: 9:00am (weather permitting)
Where: Meet at 45 Te Oneroa Way**

Bring along your community spirit, a rubbish bag and wear suitable gloves.

#lovelongbay!

**LET'S CLEAN
UP LONG BAY!**

Need to get in touch? Phone Karol on 027 272 3960

Summer Fun Event

with the North Shore Concert Band and 'The Toy Van'

Photos by Bill Ellis



CLASSIFIEDS



ACCOMMODATION

Becmar Cottage – Self contained, short term or holiday accommodation. Sunny, private, close to beach, shops, bus stop. Suit couple becmar9@gmail.com, 09473 9383 or 0274 901 900

Accommodation Needed – Unfurnished, Long Term. For retired teacher, either 1-2 bedrm flat with garden or shared house with 1 considerate, clean & tidy, N.S. other. 1-2 rooms, in insulated, sunny house + garden in quiet area. Rent: up to \$300 WK + exp. or possible help with garden, cooking, or French tuition (any age & level) in lieu of higher rent. Open to suggestions. Call or text: 021-1657082. Text yr details if no phone reply.



TO LEASE

Sub-lease Room Available – Grow your fitness related business inside established ACTN3 Athletic Gym. Generously low overhead for North Shore. Josh 021 133 6301



BUILDING TRADE

As Handy As – For all your general household repairs and renovations, painting and decorating. Including kitchen and bathroom makeovers, tiling and laminate floors. Deck repairs and building. You name it - I'll fix it or build you a new one. Many satisfied clients. Phone Paul 021 253 9905 or 479 1748

Builder – Decks, Fences, Alterations. Free quotes. Phone Barry. 413 7133 or 027 280 1038

Builder – Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Also gutter cleaning and roof repairs. Phone Cliff 473 6317 or 027 618 5917

Building & Landscape Maintenance - Including general building maintenance, small renovations, handyman work, landscaping, fences, pergolas & more. References available. Call Dale on 0274397519

Coast Roofing Ltd - Long run roofing, new roofing, re-roofing and repairs. Local Torbay resident 35 years experience. FREE QUOTES. Contact Matt 027 274 6159

Electrician – Jamie Kirk your local electrician. Owner/operator. Phone 0275585881

Electrician – Regd, Licensed, 34 yrs experience. 28 years owner and resident at Torbay. Available for installations/additions/ alterations, faults, repairs, power, hot water, lights and cookers etc. Ph George 473 6632 or Mob 027 492 0878

Electrician – 24hr service, All work considered, no job too small. All work guaranteed with Electrical Certification, phone Graham anytime 473 0233 or 021 067 6294.

Fence Brothers - For all your fencing needs. Fences, decks, gates, automation, steel or timber. FREE QUOTES. Phone Greg 0800 336 232 or 021 605 552

Gera Glass - Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! FREE quote phone Dylan 022 656 9417 or email geraglass@xtra.co.nz

Interior exterior repairs & maintenance eg painting, decks, paving to welding plus...Ph Ian: 021 1842426

Kitchens - new or facelifts, laundries and other cabinets... Listed on nocowboys under Groove Kitchens. Phone Garth 021397863.

Painter - No job too big or small. 30 yrs experience Heaps local references ph Clive 0274 812 231

Painter and decorator - After 36 years in the trade and 25 of those spent in Torbay I am scaling down my work load and able to do smaller jobs at a very fair rate. If interested call Darren for a free estimate 0272706728.

Painting and Wallpaper Hanging – Interior Exterior. 20 yrs Torbay. 35 yrs Experience. Paul 021420466

Plasterers / Wallboard Stoppers - Friendly local tradesman, trustworthy and experienced. Specialist renovations or small repairs. All work guaranteed. Ph Kaleb 021 0233 5032.

Plastering/Painting - Male and Female team 20 years experience, no job too small immediate start. Brad Ph 0272 5111 65 or 443 5064

Plumber – All work. Ph 473 7787 or 027 263 3217 Coastal Plumbing & Drainage

TIPS Painters – Interior/Exterior and Roof Painting John Trotter 021 0238 7190 jttrotter1@hotmail.com Rob Jenkins 027 209 7204 alstypextra.co.nz



SERVICES

Beauty Consultant - Margaret Rocard, independent Mary Kay beauty consultant Ph 09 473 9816 or 021 681 010 www.marykay.co.nz

Butterflyer Personalised Transport - Lisa's Mobile: 021-118-2715. www.butterflyer.co.nz

Immigration – Work visas, residency and student visas. Contact Peter at jepwood@xtra.co.nz or 0274 520 794

Passport Photos – Torbay Pharmacy. Phone 473 9629

Summit Accounting and Business Solutions - Your neighborhood accountant, for bookkeeping, tax returns, Xero/MYOB training and Company office maintenance call Sophie at 021 261 7060

Tax Returns & Advice - Phone Jon 473 8860

Vision Accounting Solutions Ltd – Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Phone Virginia 09 473 0507.



HOME AND GARDEN

21st Century Cleaning - Carpets and general cleaning, phone Mike 021 656 885

Active Tree Care Ltd – All tree work undertaken qualified arborists & free quotes given. Phone 473 6723 or 027 555 6403

Arborist – Pruning, felling, planting. If you are keen you can help with the job to keep the price down and get the trees just how you want them. Phone Martin at Torbay Trees 473 7330

Carpet & Upholstery Cleaning – stain removal, free deodorising. Fly & Insect control. Phone Michael 473 1422 or 0275 739 112

Floor Cleaning & Polishing – Phone Michael 4731422 or 0275739112

Garden Bags And Bins – Prompt and professional service & competitively priced. Call John, 0508 262 626 or 021745992. jdpropertieservices.co.nz

Handyman – General property repairs and maintenance, inside and out. Tool and knife sharpening. Automated gaet installation. Ian 021 184 2426

Handyman - Born and bred in Torbay Martin is a qualified cabinetmaker and experienced professional. Allsorts property services is available for Property maintenance, odd jobs, decks, fences and garden services. Call Martin Bassett 027 452 6515

Healthy Home – Air purifying products, 100% natural, using anti-bacterial and anti-fungal properties of pure Tea Tree Oil. Our products kill mould, bacteria, E-Coli and deter dust-mites. Free local delivery. www.cleanfreshair.co.nz, ph (Deb) 027 4458895, email: regaineas@xtra.co.nz

Ladybirds Lawn Care - Call Phillipa for your lawnmowing needs. 0276438888

Landscaping – From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Phone Peter on 09 473 5156. www.peterfrylandscapes.co.nz

Landscaping – Format Landscapes, Local, over 20 years experience, Diploma in landscape design. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quote www.formatlandscapes.co.nz call Matt 021599 107

Lawn mowing & Garden Maintenance – Contact Ian at Grassroots Mowing 021 764 426 or 473 2004 Affordable, Dependable Service ian@grassrootsmowing.co.nz

Lawnmowing and Hedges – Call Jim's Mowing 09 4438189 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed!

Locks + Safes + Alarms + Cameras + Fire Protection – Complete Family Protection. East Coast Bays Company no site call out fee. Ph 0800 875 247 or helpdesk@uslgroup.co.nz

Prestige Mowing - specialising in quality lawn mowing, hedges and gardening, locally based in the Bays. Phone Steve on 021 2551273.

Retaining Walls & Fences – landscaping & garden maintenance. Dale Browne Ph (09) 420 6459 or 027 439 7519 References available.

Squeaky Clean-ers – Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specializing in Residential / Office cleaning to show-home standard. Call or text Joy now to discuss your options. Ph 021 487 463. squeakycleaner.co.nz

Waterblasting / House Chemical Washing – all roofs, decks, paths, gutters and large concrete areas. No job too difficult. Both hard and soft pressures. Small jobs also welcome. Satisfaction guaranteed. Free quotes. Phone Graham 473 0059

CLASSIFIEDS

Window Cleaning – All clear windows, great service, competitive prices. Call Scott for a free quote 473 8475 or 021 241 2121



FOR HIRE

Awatuna Scout Hall – at Waiake Beach available for hire for birthday parties, exercise classes. Kitchen facility included. Contact Sharon 021 025 73489



TUITION

Ballet - Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz Dianne Wallace RAD Dip Tchg Phone 027 603 0481 or 473 6992

Ballet & Contemporary Dance – Step Beyond Studios. Classes in Torbay. Beginners to advanced. Positive, inspiring & progressive school. Principal Marian McDermott. No exams. Home of acclaimed youth company One Step Beyond. Ph 475 9317, 021 027 01303 Wstepbeyond.co.nz

Drama, Speech & Communication – Jacque Mandeno VoiceWorks offers private and group tuition at the Gate Theatre, Torbay Community Hall, 5 years to adult. Everyone deserves a voice Phone 473 5454

French rusty? Bring it alive! – French Theatre classes (Adults/Teens), Torbay Community Hall. Also individual / conversation. Phone Lynette (PhD French), 0210-294-0630

Spanish Lessons - In Torbay and Browns Bay. Learn Spanish from a native Spanish speaker. Individual or small group lessons. Dynamic and fun too! Contact Ara on 021 0812 4141. www.northshorespanish.nz



SIGNS

SignAddiction - Shops - Vehicles - Boats - Site Signs & more. Ph 0274 991 744 or 473 6364, sign.addiction@xtra.co.nz



TRANSPORT

A+ Furniture Removals Ltd - removal specialists. Phone 0274801404. www.aplusfurnitureremovals.co.nz

Move with Murphy Ltd - Ron Murphy Carriers, PO Box 35473, Browns Bay. Phone 444 6825



FOR SALE / WANTED TO BUY

Pre-Loved Goods For Sale – now in new premises at 12 Inverness Rd Browns Bay. Open Monday to Saturday 10am to 4pm.

What's On

Al-Anon Family Groups – Support group for family and friends of alcoholics. Visit www.al.anon.org.nz or phone 0508 425 266

Alcoholics Anonymous – 0800229 6757 www.aa.org.nz. Join our friendly Tuesday night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking

Browns Bay Ladies Club - Retired and still young at heart ? Why not join The Browns Bay ladies club. We meet once a month on a Friday morning for trips, speakers and mini groups. Phone Margaret 478 2073 or Pat 479 1696

Browns Bay Racquets Club – would love to have more players 55 yrs plus... we play mixed doubles. Friday 9am .. we have lots of fun and fees are low, in fact nil at first. Ph: Roy 021 256 2192

The Creative Keyboard Club – who have Members in Torbay. We meet at The Community Hall, (behind St Cuthberts Church) 45 Anzac Road, Browns Bay, at 2.00pm every 2nd Sunday of the month and enjoy Music, from Members, and Guest Artists. Includes afternoon tea. Small Admission Fee. Please Phone Marlene 4783166, for further details.

Dementia Social Group - Runs Monday 10.30am - 2.30pm & Thursday 10am-2pm for people with early to moderate dementia for further information please call Margaret 09 4893176 or 0272258893.

East Coast Badminton – Active Badminton Centre, 44/46 Apollo Drive. Tuesday 5.30pm to 10pm. Don 478 3830

East Coast Bays Bridge Club - Exercise your mind, meet new friends, learn bridge: sign up for lessons in 2020. Contact Helene: 027 296 3365 lessons@ecbbridgeclub.co.nz

Exercise Group for senior women – Monday, 9.45 – 11.15am, St Mary's By The Sea, 168 Deep Creek Road, Torbay. Free & friendly. Phone Jill 473 1932

Get up & Active - Women's exercise classes. All ages & levels. No high impact. Personal training also offered for men & women. Lynne Scott - www.thebodytonicgroup.com - 021 204 3280 lscott@thebodytonicgroup.com

Inner Wheel Club of East Coast Albany Bays - We are a group of women who enjoy being involved in the community. Come and enjoy some fellowship, interesting speakers and morning tea. We meet at the Presbyterian Church Hall, Mairangi Bay, Hastings Road entrance at 10am on the second Thursday of the month. Contact Carol on 479 7137

North Shore Activity Group – Welcomes singles/couples 40+. Phone Christina 021 887 696 or www.meetup.com/north-shore-activity-group

Play Group – Drop In - For Parents & Preschoolers. Tues & Thurs 9.30am-11.30am. \$3 per family. St Mary's Church Hall. Deep Creek Road.

Rotary Browns Bay - Torbay meets every 1st and 3rd Tuesday of the month at 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community ring Murray on 021 631662 or email m.allison23@xtra.co.nz Come for a visit.

Sewing Connect Group – Tuesday mornings from 10:30-12:30 at 2/91 Glamorgan Dr, Torbay. No cost. Contact lyngarrardnz@gmail.com & 021689011

Torbay Tennis Club - Torbay Tennis Club, situated behind the Community Hall, offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. Please visit our website for more information & registration/Open day dates www.torbaytennis.org.nz

Torbay Indoor Bowling Club – Are you looking for a New Activity or New to Torbay then come and join this friendly club on Monday 7:00 pm at Torbay Community Hall beginning the First Monday in February. You will be very welcome. Phone Kevin 473-3253 or Janet 473-1621.

Torbay Walkers – a group of friendly women meet every Wednesday afternoon at 4pm and walk for one hour. Please come along and join us, at the bus stop in Torbay Centre. For further information phone Irene 473 1159 & Diane 473 1761.

TORBAY Village

DIRECTORY

www.torbay.co.nz



DINING

RESTAURANT

- Chand Indian473 6259
- Piatti Waiake478 6936
- Scout Cafe.....887 9269
- Thai Torbay473 1674
- Tides Restaurant and Café...473 3771
- Torbay Bar473 1002

TAKEAWAYS

- Sushi Torbay473 6361
- Hot Roast Shop.....473 2134
- Torbay Takeaways473 9229



HAIR & BEAUTY

BEAUTY THERAPY

- La Bella Vita Beauty473 0856

HAIR SALON

- Hairazors/Niaa The Hub473 9468
- Simply Colours & Cuts473 8111
- The Cutting Room.....473 5241
- Foxy & Co.....473 2277

MASSAGE

- Nom Thai Massage473 5080



GROCERIES

BAKERY

- Euro Patisserie - *Great range of fresh breads, eats, pies & coffee*..... 473 7535
- Torbay Bakery and Café
- *Fresh each day*..... 473 6467
- Bakers Gallery - *Great coffee shop, ample parking* 473 2998

BUTCHER

- Butcher - *Free range meats* 473 2014

DAIRY

- Torbay Dairy
- *For your convenience*..... 473 9721

GREENGROCEr

- Torbay Fruit Shop
- *Fresh produce daily* 473 9429

GROCERIES

- BK's Four Square
- *Service with a big smile* 473 6197

LIQUOR

- Torbay Cellars - *Local wine, beer & spirits supplier*..... 473 9619



OP SHOP

- Salvation Army Shop -473 2150
preloved goods and clothes



HEALTH

ACUPUNCTURIST

- Torbay Chinese Acupuncture Centre
- *Leigh Zhang*473 2278

DENTIST

- Lumino - *Impeccable service*473 1400

DOCTOR

- Dr Paul Hunter - *'The Cottage'*.
987 Beach Rd.....473 9594
- Torbay Skin Clinic.....477 1111
- Torbay Medical Centre477 9000
- Waiake Medical Centre478 7660

MEDICAL TESTING

- Community Laboratory
- *appts needed*473 1908

PHARMACY

- Torbay Pharmacy473 9629 or 473 0730

PHYSIOTHERAPY

- Torbay Physiotherapy & Hand Clinic
..... 473 0333

PODIATRIST

- North Shore Foot Clinic021 0322 856



SERVICES

DOG GROOMING

- Dogs Body Grooming Parlour473 1500

GARAGE

- Torbay Service Station *Workshop* 473 6408
..... *Forecourt* 473 5281

REAL ESTATE

- Barfoot & Thompson.....473 9190
- Bayleys..... 487 0630

COMMUNITY GROUPS

- Adult Community Education 477 0075
- Age Concern North Shore 489 4975
- Age Plus Charitable Trust 09 550 3387
- Association of Book Crafts 473 6865
- Awatuna Sea Scouts 478 2254
- Bays City Judo 473 7855
- Browns Bay Presbyterian Church 478 2441
- Citizens Advice Bureau 479 2222
- City Impact Church 477 0300
- Dances of Universal Peace 473 7344
- Deep Creek Restoration Society 0211586681
- Dementia Social Group 09 4893176 or 0272258893
- East Coast Folk Club 09 426 3588
- ECB Bible Baptist Church 473 8562
- ECB Catholic Parish 478 4565
- ECB Lions Club 476 5627
- ECB MP 478 5107
- ECB Toastmasters 0221632673
- ECB Widow & Widowers Association 479 6042
- Friends of Sherwood 476 7279
- Friendship Club of ECB 09 424 0246
- Girl's Brigade 09 473 8626
- Long Bay Baptist Church 473 2498

- Long Bay Baptist Mainly Music 476 6114
- Long Bay Okura Great Park Society 473 9642
- Long Bay Toastmasters 027 458 5688
- Long Bay Residents Association 027 272 3960
- Mainly Music 09 947 3378
- Neighbourhood Support 09 353 0427
- North Harbour Tripe and Onion Club 410 5298
- North Shore CMA 489 8954
- North Shore Historical Society 09 489 5489
- North Shore East Parkinson's Group 444 9379
- North Shore Kick boxing 021 228 2808
- NS Brass Academy 021 084 15370
- Plunket 473 9611
- Rotary Browns Bay - Torbay 473 6418
- Salvation Army Op Shop 473 2150
- SANZ Coffee Group 478 5933
- Step Beyond Studios 021 0270 1303
- Shore Presbyterian Church 021 036 7957
- St Mary by the Sea Anglican Church 473 8180
- Torbay Community Playgroup 473 4473
- Torbay 60s Up 09 421 1011
- Torbay Friendship Club 473 7908
- Torbay Community Hall 478 4091
- Torbay Theatre 473 5454
- Torbay Garden Club 473 0404

- Torbay Historical Society Inc. 473 6482
- Torbay Indoor Bowls Club Inc. 473 3253
- Torbay International Coffee Group 473 3259
- Torbay Kindergarten 473 9340
- Torbay Play Centre 473 8077
- Torbay Running Group 475 5501
- Torbay Sailing Club 473 9955
- Torbay Sailing Club - Hall Hire 473 9519
- Torbay Senior Citizens 473 5593
- Torbay Transition Towns 473 9642
- Torbay Walkers 473 8731
- Trinity Methodist Church 478 5107
- Zumba Group 021 752007

SCHOOLS

- City Impact School 477 0302
- City Impact Arts Academy 477 0300
- Corelli School 476 5043
- Glamorgan Free Kindy 473 5099
- Glamorgan Primary School 473 6453
- Long Bay College 477 9009
- Long Bay Primary School 473 6077
- Northcross Intermediate School 477 0167
- Titoki Montessori School 473 0362
- Torbay Primary School 473 8603

SOLD

NO.1

LILY ZHANG

NO. 1 SALES TEAM NORTH SHORE REGION 2019*

021 103 5310

The first month of 2020 has been booming, with many buyers out searching for their next home. Could you home be next?

If you are thinking of selling, I would love to help! Call me anytime for FREE up-to-date market appraisal.



14 Keel Street, Long Bay

2A Bronwyn Place, Torbay



1/17 Geoffrey Road, Torbay Ref. 786299

🚗 3 🏠 2



2/30A Glenvar Road, Torbay Ref. 785993

🚗 3 🏠 1 🚗 1



1/38 Waiiau Street, Torbay Ref. 785350

🚗 3 🏠 1 🚗 1



18 Turutu Place, Long Bay Ref. 786098

🚗 6 🏠 5 🚗 2



2A Mizpah Road, Torbay Ref. 785969

🚗 4 🏠 2 🚗 2



5 Remuremu St, Long Bay Ref. 781607

🚗 4 🏠 3 🚗 2

DDI 09 215 4206

barfoot.co.nz/L.zhang2

E L.zhang2@barfoot.co.nz

www.Lilyzhang.co.nz

BARFOOT & THOMPSON
LICENSED REAA 2008



Barfoot & Thompson Long Bay and Torbay

Your local sales and property management specialist.



Saul Hinton
Branch Manager
021 305 237



Corrin Hand
Property Manager
0274 319 696



Kelvin Zuo
Property Portfolio
Manager
027 809 6687



Kylie McKenzie
Property Management
Assistant
09 473 0372



Karin de Leeuw
AREINZ
Residential Sales
027 270 2700



Nicki O'Sullivan
Residential Sales
021 119 8153



Jun Ollis
Residential Sales
021 066 9149



Wendy Radcliffe
Residential Sales
021 772 070



Zheng Li
Residential Sales
021 920 608



Tony Zhu
Residential Sales
021 209 0482



Alina Yang
Residential Sales
021 608 219



Susan Fan
Residential Sales
021 138 1648



Leo Perwick
Residential Sales
027 224 9527



Kim Jin
Residential Sales
021 395 888



David Dai
Residential Sales
021 916 006



Ronald Venturina
Residential Sales
021 073 1617



Alex Mathew
Residential Sales
027358 8165



Andrea Tavae
Residential Sales
022 476 7273



Joël Turbak
Residential Sales
021 084 15911



Scott Larcombe
Residential Sales
021 082 23559



Tina Hao
Residential/
Rural Sales
027 688 5886



Jen Anderson
Residential/
Rural Sales
021 177 5530



Kyra Perwick
Associate
Salesperson
027 311 7953



Covian Wang
Associate
Salesperson
021 896 566



Eve Huang
Associate
Salesperson
021 918 577



Jin Cai
Associate
Salesperson
021 262 5288



James Peng
Associate
Salesperson
021 180 4158



Flora Yu
Associate
Salesperson
021 062 7736



Tracy Wang
Associate
Salesperson
021 062 1826

Torbay

1054B Beach Road • 09 473 9190
torbay@barfoot.co.nz

Long Bay

Unit 57, 101 Glenvar Ridge Road • 09 473 0712
longbay@barfoot.co.nz

BARFOOT & THOMPSON
ESTABLISHED 1966