

APRIL 2024

EST 1992

# TORBAY

Long Bay Okura Torbay Waiake Lifestyle Magazine



Eduard & Jessica  
*Our local masters in cedar*

Torbay Village Market — 28th April  
Mother's Day Wellness Event – Ground + Glow  
ANZAC Lest We Forget — Local Story  
*& much much more...*



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# Starting and Growing a Business and a Family



professional wash before coating. It is applied with skill, almost reverence," said Eduard. "But it should have the correct protective treatment from day one and then continuing TLC."

Jessica, Eduard's partner and the other half of the business, provides administration support, does the marketing, is

the initial contact for customers and even turns up on-site when required to support the training of new employees or to add an extra brush to Eduard, Keegan, and Monika.

Along with growing the Cedar Master team, Eduard and Jessica have been growing their family. Seventeen-month-old, toddler, Alrik, puts a smile on everyone's face. Having made Torbay their home has helped their expansion.

"It's comfortable living, convenient and suits our thriving business. It will also be a great place for Alrik to grow up," said Jessica.

With over 150 projects undertaken during the past couple of years and a healthy order book we're sure to see this successful team expand some more. Eduard and Jessica can be contacted at [info@cedarmaster.co.nz](mailto:info@cedarmaster.co.nz) or on **022 690 6650**.

It takes determination and foresight to start a business, even more than that to have created a new venture on the tail end of Covid. Lockdown restrictions not only upended life in many ways but also created a load of spare time for the creation of new ideas. Eduard and Jessica did just that.

In 2021, they started Cedar Master Ltd, a company providing a premier cedar weatherboard treatment service. It's an important need for cedar clad homes, especially because of the harsh Kiwi sun and marine environment.

Eduard has helped revive many neglected houses. He says it takes more effort to return them to their original state, but the reaction of the owners when the project is complete must be seen to be believed.

"The cedar cladding is given a



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124 Awaruku Rd	\$893,000
132 Awaruku Rd	\$990,000
71 Te Oneroa Way	\$1,120,000
1/53 Deep Creek Rd	\$1,150,000
30A Geoffrey Rd	\$1,180,000
35 Caversham Dr	\$1,250,000
3A Mizpah Rd	\$1,265,000
24C Killarney Ave	\$1,290,000
2/91 Deep Creek Rd	<b>\$1,310,000</b>
67 Fitzwilliam Dr	\$1,350,000
121 Stredwick Dr	\$1,380,000
22 Killarney Ave	\$1,550,000
276 Glenvar Rd	\$1,570,000
28 Windlass St	\$1,618,000
21A Glenvar Rd	\$1,645,000
4 Keel St	\$1,710,000
28 Ridge Rd	\$1,880,000
28A Orchard Rd	\$1,920,000

\*source REINZ

**Local Median = \$1,310,000**

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# Chair's Letter

**By Steve Piner, Chairperson  
Torbay Business Association**

Our cover story this month introduces Eduard and Jessica of Cedar Master, a growing local business. We're also

pleased to introduce Kim, the new owner of Parallel 23 Bar and Eatery in Torbay Village (p6). More locals to meet are Murray Watene, a well-known and distinguished local veteran whose story is featured in honour of ANZAC Day (p5). Among the younger generations, we have budding musician and artist Alex Beattie (p9) and Kadyn Rodger Eriksen (p23), New Zealand's youngest licensed drag racer!

If all that is not fast paced enough for you, Mother's Day is coming up, and we've got some fabulous events happening in Torbay Village where you can buy treats for mums or book them in for a rejuvenating experience. There's our special Torbay Market Day on Sunday 28th April (p17) and we're sure Marjolein (Yoga Roots) and Cameron's (Sauna Collective) Ground + Glow Mother's Day Wellness Celebration (p16) will book out fast. Events enrich our community and draw visitors to our area, so we were keen to promote Cameron and Marjolein's exquisite offering.

Our March Business Networking meeting at Birds of a Feather restaurant was another successful event. Our guest speaker, Naomi Ballantyne of Partners Life, shared lessons from her personal and professional journey. It was a fantastic night, with 40 people attending (p30). On guest speakers, our own Dr. Glover addressed the Torbay Friendship Society AGM, sharing some of her career story reducing smoking-related harms and insights from some of her more interesting travel experiences (p14).

A sure sign the seasons are changing, Daylight Saving ends Sunday 7th April, so don't forget to put your clocks back an hour, unless you want to be up an hour early on Monday.

Stay well, support local and enjoy!

Whether you are downsizing to a one bedroom apartment or upsizing to a six bedroom home - we've got the stock so get in touch today.

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# Lest We Forget – Local Story

By Candice Bradshaw



In the heart of Torbay, resides a distinguished gentleman, Murray Watene (*Ngāti Kahungunu*). I had the absolute pleasure of interviewing

Murray for this ANZAC Local Story.

Born in 1938, in the small village of Waimārama, Hawkes Bay, on the East Coast, Murray is the second eldest of eight children. At the age of 21, he joined the Police Force. Roughly a year later he joined the Army to serve in Malaya as a non-commissioned officer in the 28th Commonwealth Infantry Brigade Group. He was Section Commander of a brigade tasked with patrolling the border between Thailand and Malaya.

While abroad, Murray met Carol, the daughter of a British Senior Officer. They would later wed in Malaya before returning home to New Zealand to start their family.

A tour in Vietnam and two more trips to Singapore would

ensue. Then in 1980 Murray was posted to the Defense Travel Centre on Queen Street, Auckland where he worked until leaving the Army in 1984. He then joined the Courts where he worked as a Bailiff and as a widely respected Periodic Detention Warden for 13 years.

For the past 14 years, Murray has been reciting the Auckland Museum Memorial Service "*Ode Of Remembrance*" and he will be performing this honour again at this years' service as he has no intention of "pushing up *pūhā*" anytime soon. Murray would love to see more people, especially younger generations attend. ANZAC Day gives us the opportunity to remember and honour our war veterans, to share their stories, learn from their wisdom and express our gratitude for their bravery and dedication. Thank you, *tēnā rawa atu koe* Murray for sharing your story.

See What's On Where (pg 29) for further information on ANZAC Day Memorial Service and Lest We Forget Local Stories poetry competition.



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# Parallel 23 has a New Owner – Welcome Kim!

In surveys conducted by the Torbay Business Association over the last two years, one thing the community wanted in Torbay Village was another place serving coffee and café-like food. Kim, who is new to Auckland, is very open to adapting Parallel 23 Bar & Eatery in Torbay Village to the desires of her new community. This is exciting because Kim trained in French and Italian cuisine. She has worked as a chef for 7–8 years, the last 5–6 in fine dining establishments in Wellington. Her partner wanting to move back to Auckland opened the door for Kim to pursue her dream of owning her own restaurant. While working part-time as a chef at the Hilton, Auckland, Kim scoured the North Shore, and she chose Parallel 23 because she really liked the feel of Torbay. Back to the coffee – Kim has partnered with Havana Coffee – a legend in New Zealand for 35 years. Opening up your chances to enjoy this brew, Parallel 23 will be opening from 9am to 3pm on the weekends for breakfast, brunch and lunch. She's also introducing some changes to the menu. You'll still be able to get the best seller – the risotto – and you'll still find pasta dishes and pizza on the menu. A must-try is Parallel 23's signature starter, the whitebait and prawn toast, priced at just \$12. Meal prices range from \$10–\$20 for starters and \$25–\$39 for mains. If you can't make it in-person, Parallel 23's menu offers takeaway via phone or Uber Eats and Order.

Of great service to Torbay, bookings for birthday parties, club meetings and private functions are welcome, and Kim is happy to rearrange tables and chairs to suit your requirements. You can also choose from her flexible menu options: à la carte, buffet, a three course menu or a tasting menu with wine matching.

Please support our newest business-owner and give Parallel 23 a try. We're certainly looking forward to a lunch of salad in the sun.



## Parallel 23 BAR & EATERY



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# What's Waste-Free Wednesday



**By Michelle Beard, Pumpkins in Trees**

Hello Pumpkins!

When I started trying to lower my waste, I found committing to living a waste-free

day helpful. This enabled me to experiment with new ideas and tips to reduce waste and find what works best for me and my family's lifestyle.

Waste-Free Wednesday is all about setting aside one day (Wednesday) in which you try to make it as sustainable as possible. It is an excellent way to explore a more sustainable lifestyle and to try out zero-waste products or ideas.

Creating a completely waste-free lifestyle can be challenging for many people to achieve full-time. However, dedicating to one day trying out new sustainable habits and making a more concentrated effort can be a great way

to either make progress towards a waste-free life or to test the waters of sustainable living.

### WASTE-FREE SHOPPING TIPS

- When shopping, avoid buying anything that will create waste.
- Purchase your vegetables loose instead of pre-packaged.
- Take a reusable cup with you to avoid using disposable cups.
- Take a reusable knife, fork, and spoon in case you are offered single-use cutlery. I keep a set in my glove box.
- Create a meal from locally grown food items. This way, you can reduce waste and support your local community.

**For more information check out [www.wastefreewednesdays.com](http://www.wastefreewednesdays.com)**



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# Local Artist Alex Beattie's New Song

Torbay local musician and artist, Alex Beattie, released his new single 'Falling Over Backwards' on the 29th of March. The release was supported with a live performance at the Underground, along with a music video directed by Ryo Nishikawa, a fellow ex-Long Bay College student. Filming took place in the picturesque Long Bay Hills near Okura.

Alex has spent the past year studying popular music at the University of Auckland, as well as playing countless gigs around Auckland and a handful in Hamilton. Currently, he is putting the finishing touches on his debut EP set to be released this winter featuring 'Falling Over Backwards'.

To date, Alex has released several singles, both as a solo artist and in collaboration with other singers including fellow Long Bay alumni Avalon Martin, forming the duo 'Hot

*Chips'* who won the North Shore heat of the Smokefree RockQuest Solo/Duo.

While Alex has experimented with different styles in the past, ranging from electronic alternative to hard rock, 'Falling Over Backwards' is a song that doesn't lend itself to one genre more than another. If you're a fan of R&B, Pop, Indie Rock, Soul, or anything in between, this might just be the track for you.



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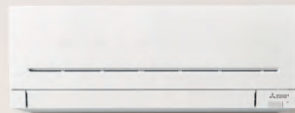
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# Great Park Society News



Raewyn Peart, Policy Director for the Environmental Defence Society (EDS) is this year's guest speaker for LBOGPS's AGM. EDS has been fighting for the protection of the environment for over four decades: developing policy, litigating environmentally

significant cases, and advancing education through publications and conferences. Raewyn has been at the forefront of that work. With a background in law and economics, she has been well placed to contribute to the success of EDS. She has a long list of publications to her name, many dealing with the marine environment. Raewyn plays a major role in EDS conferences, which focus on bringing together environmental groups, government agencies, academics, the business community, and politicians for the advancement of environmental protection. We feel very privileged to have Raewyn address us at our AGM. Members and supporters are welcome to attend. Light refreshments will be available and it's a great opportunity to catch up with others.

## LONG BAY REGIONAL PARK PLANTING DAY SITE 4 – MAY 19th 10am

Join us for another popular Planting Day. We will be working with the Auckland Council doing some erosion protection planting above the dunes, a continuation of last year's planting. Spades will be provided but you're welcome to bring a favourite gardening implement. Please wear suitable footwear, bring gardening gloves if you have them and a water bottle.

## Long Bay Okura Great Park Society Annual General Meeting 2024

Sunday 28 April 2024 @ 3.00pm

Browns Bay Presbyterian Church Hall  
24 Anzac Road, Browns Bay

### ENVIRONMENTAL ARTWORK BY ZIGGY RAVEN FOR PENLINK

Last year, the Penlink construction alliance offered us the opportunity to produce a piece of environmental art to be situated at the beginning of the Penlink development opposite New World on Whangaparaoa Road. We were fortunate to have Hibiscus Coast artist Ziggy Raven create this artwork. Ziggy's three large panels and many other community artworks were to be installed in March. Be sure to have a look.

### OBITUARY – DR ROSS GARRETT

We are deeply saddened by the death of Dr. Ross Garrett (PHD Nuclear Physics). Ross was intimately involved in the administration of MERC and the creation of the Long Bay Reserve. For many years, he partnered with Bernard Stanley (our longest standing committee member) in regular water quality testing of the Awaruku Stream in Long Bay under the Auckland Council Wai Care Program. A committed supporter of LBOGPS he will be greatly missed in the community.



## LOOKING TO SELL?

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# Produce Missing

By Nanette Randall, St Mary by the Sea Community Garden

We've been blessed with fine, warm weather this summer. We have harvested a good crop of potatoes, beetroot, beans, lettuce, broccoli, tomatoes and herbs.

Unfortunately some of our hard-won produce has gone missing. We would ask that the community please respect our privately owned and worked gardens. You are directed instead to the Sharing Shed on the corner of Deep Creek Road and Beach Road where our spare produce is put for the wider community.

Many thanks to our funding partners: Hibiscus & Bays Local Board, The Tindall

Foundation and St Mary by the Sea.



We have 2 or 3 allotments available if you would like to garden with us. Please go to [www.stmary.co.nz](http://www.stmary.co.nz) for more information or phone Nanette on 0211404548 or Dianne on 0273137116.

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## Torbay Community Association Annual General Meeting

Friday 10 May 2024 @ 7.30pm

Torbay Community Hall

(behind the Torbay shops, entrance on Watea Road)

Come along and support the Torbay Community Association which works on behalf of the residents of Torbay to maintain and manage the Torbay Community Hall and the former Torbay Senior Citizens Hall. All residents of Torbay are eligible to become members and vote.

Enquiries to: [torbaycommunityassociation@gmail.com](mailto:torbaycommunityassociation@gmail.com)

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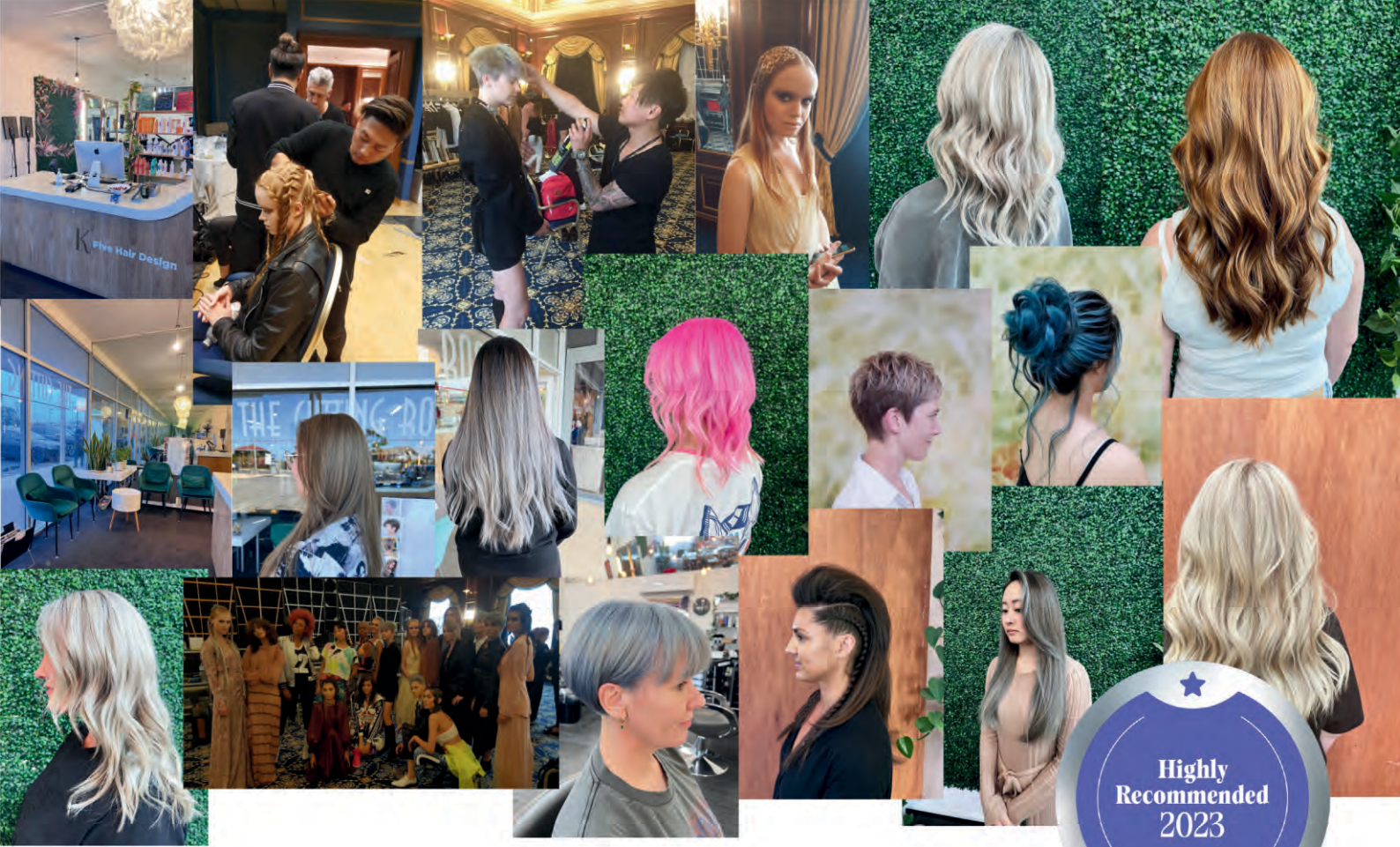
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As we bask in the glow of this achievement, we are reminded of the profound bond we share with each of you. Your satisfaction and trust serve as the foundation of our success, motivating us to continually raise the bar and exceed expectations.

Looking ahead, we renew our commitment to delivering nothing but the best. Your continued support inspires us to innovate, evolve, and strive for excellence in everything we do.

Thank you for being an integral part of our success story. We are immensely proud to have you as valued members of the The Cutting Room K Five Hair Design family, and we eagerly anticipate the opportunity to continue serving you with excellence.



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# Have Fun and Join us on the Committee

President, Noreen McArthur made a great success of 2023, so we are pleased that she accepted her AGM nomination to stay in the role for a second term. We wish her the very best for the year ahead.

We are still a long way off having a full Committee. We are looking for a Vice President, Secretary and Speaker-Finder. If you are a member, please consider putting your hand up to help with some of these responsibilities. Committee meetings only take 2 hours every 4<sup>th</sup> Thursday morning of a month, ten months of the year. As they say, many hands make light work, so come on guys, please help us out.

Exciting news is that we continue to have numerous visitors attending our meetings and our groups are well supported. As much as it's about the game being played, there is also lots of banter and hearty laughter. If you don't know how to play a game and you're willing to try one, come along and we will teach you. It's all in an afternoon of learning, fun and friendship.

The first excursion this year, with almost 30% of members attending, was to Daikoku Japanese Restaurant in Albany. Eating with chop sticks is not always the most elegant way to eat, but it was certainly an experience trying those little wooden sticks that nothing sticks to.

Dr Marewa Glover was our AGM guest speaker. She is one of New Zealand's top tobacco researchers. First, she gave us some insight into her 31-year-long career reducing smoking-related harm. Then she gave a wonderful talk about how different South and North Korea are in their beliefs. It was an enlightening and extremely interesting morning talk.

Our next meeting is 10am on the 11<sup>th</sup> April at the Torbay Community Hall. Do come along and enjoy some friendly chatter. All retired and semi-retired folk are welcome to call us to find out more about the club. You can phone either Noreen on 027 271 3524 or Delphine Pearson 022 072 9813.



Dr Marewa Glover speaking at our AGM

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# Here's a How-De-Do— Soprano *Henrietta Reid*



Torbay Theatre is extremely fortunate this year to have the very accomplished Henrietta Reid performing in *Here's a How-De-Do Too*. We are very glad she found us last year when she was living in Torbay and looking for something different to complement her choral and opera singing. Since then she has joined us in a staged reading of *The Importance of Being Earnest*, as the delectable Cecily, and is now back for a second round of "Best-of" Gilbert and Sullivan, cunningly woven into a second highly entertaining show by Peter Segrove.



Like most of the cast, Henrietta is borrowed from the world of professional singing. When not on stage with us, she sings for NZ Opera in the chorus. Last year, she sang in *Il Trovatore*, and in May/June this year, she's looking forward to joining stars like Manase Latu, Moses McKay, and Emma Pearson in *Rossini's Le Comte Ory*. She loves singing with an orchestra, either solo or in a choir. Until last year she sang with Luminata. Last Christmas, Henrietta was the soprano soloist for the excellent Bay of Island Singers' annual concert in Kerikeri, and in April, she will be a soloist for the Devonport Chamber Orchestra, singing *Canteloube's Chants d'Auvergne*, and some Mozart arias – she has also often joined them on the viola. She has her work

cut out this year, getting her tongue around two lots of French, as well as the tongue-twister-like precision of the Gilbert and Sullivan lyrics!

How did Henrietta develop such a lovely voice? Her natural talent was aided by her musical parents. Her mother learned singing from Dame Sister Mary Leo.

Growing up she sang weekly in church, was aided by Westlake Girls' High School's very strong musical focus, and at the University of Auckland, she pursued a conjoint degree – Bachelor of Music (Classical Performance) and Bachelor of Commerce – in accounting.

By day, Henrietta is a full-time accountant for Radio NZ. She works from home, where she can also work on trapping possums in the stand of protected bush on the property she shares with her fiancé (wedding next February!) and his parents. Quite a contrast to her professional singing life.

**HERE'S A HOW-DE-DO TOO**  
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Sat 20 April 7.30pm  
Sun 21 April 2pm  
Thurs 25 April 7.30pm  
Fri 26 April 7.30pm  
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Sun 28 April 2pm

Once more, the Grand Drawing Room of Ffecham Hall resounds to joyous laughter and noisy appreciation of the well-loved songs of Gilbert and Sullivan.

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For more information, and to book for shows, please see our website: [www.torbaytheatre.com](http://www.torbaytheatre.com) · 35 Watea Rd, Torbay · Ph: 027 547 2426

# Ground + Glow

A Mother's Day Wellness  
Celebration Event



Sunday, 12 May @ 1pm-5.30pm

Torbay Village  
Senior Citizen Hall

This Mother's Day give yourself, or a special someone,  
the gift of relaxation, rejuvenation, and renewal.

## Delve into Strength + Sauna + Ice Bath

A fusion of resilience and relaxation led by the indomitable  
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## Yoga + Sauna

Immerse yourself in the tranquil embrace of yoga followed by a sauna guided  
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## Cacao Ceremony + Sauna

For a deeper spiritual journey, join the mystical Michelle from *GypsetYogi*  
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All women who nurture the myriad of beauty in life: homes, hearts,  
gardens, children, pets, and creativity are welcome.



Wellness session tickets range from **\$45-\$59** and include a  
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**Tickets available at [yogaroots.co.nz/events](https://yogaroots.co.nz/events)**

**Ground + Glow** is brought to you by Torbay locals Cameron and Marjolein Mackinnon, the visionary minds behind **Sauna Collective** and **Yoga Roots**. **Sauna Collective** is renowned for its mobile wood-fired saunas accommodating up to 15 people and **Yoga Roots** offer tailored yoga experiences crafted for every stage of motherhood, ensuring a holistic journey of self-discovery and renewal.





# Torbay Village Market

Sunday 28th April 9am – 1pm



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- ~ Live Music
- ~ Face Painting
- ~ Games
- ~ Pre-loved items



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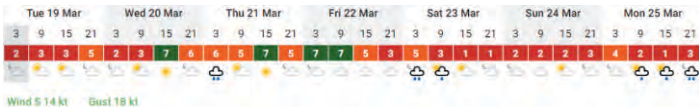
# The Time is Right, the Wind is Not



By Nathan Pont

You've worked all week looking forward to a spot of weekend fishing and as the day dawns the wind sneaks over 15 knots. Of course, safety is the number one priority. If you don't feel comfortable going out or your boat isn't ocean-ready, then plan for another day.

Here's how to look on the Windy app for sheltered conditions.



Windy Forecast for the 19th to 25th March

Using the forecast for 19-25 March, let's say you could only fish on Tuesday afternoon. The conditions are forecast to be southerly winds 15 to 20+ knots with a 3:30pm high tide.

The critical thing is getting wind with tide and finding protection from the wind. Areas I would look at would be along the north side of Whangaparaoa and launching at Stanmore Bay, Little Manly or Army Bay for example. These are all beach launches (see my February article for tips). The other option would be launching within Mahurangi Harbour, such as at Waiwera. Be aware though, these areas are tidal

and can become challenging at low tide.

Next, I would time launching the boat on the tides. The ideal time to launch would be around 1-2pm and getting in position by 3pm to fish the outgoing tide.

Then I would use the charts on the fish finder or Navionics to find reefs or depth changes to fish into. Since the wind is higher, it is likely that drift fishing would be too difficult so I would concentrate on anchoring and bait and berley.

As it is a southerly wind with an outgoing tide, I would recommend being on the southern side of any spot which you would be fishing so the back of the boat will be upwind and up current of the reef meaning you will be attracting fish out of the reef.

I have done the above many times and while the fish may have been smaller than in deeper waters it has always been enjoyable to get out fishing.

This method can work in Southerly, Northerly and Westerly winds – it's just that the location of fishing changes and you have to fish different tides. The critical factors stay the same: What's the direction of wind? When is it wind with tide? Where can I launch the boat and be sheltered while fishing?

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## Tides-Apr 2024 (Murrays Bay)

	HIGH		LOW		HIGH		LOW		HIGH	
Mon 01	00:37	2.7m	06:48	0.8m	12:53	2.7m	19:05	0.7m	-	-
Tue 02	01:27	2.7m	07:41	0.9m	13:43	2.6m	19:58	0.8m	-	-
Wed 03	02:25	2.7m	08:41	0.9m	14:40	2.6m	21:00	0.8m	-	-
Thu 04	03:29	2.7m	09:45	0.9m	15:45	2.6m	22:10	0.8m	-	-
Fri 05	04:34	2.8m	10:49	0.8m	16:53	2.7m	23:17	0.7m	-	-
Sat 06	05:35	2.9m	11:50	0.6m	18:00	2.8m	-	-	-	-
Sun 07	-	-	00:19	0.6m	05:33	3.1m	11:47	0.5m	18:01	3.0m
Mon 08	-	-	00:15	0.4m	06:27	3.2m	12:42	0.3m	18:57	3.2m
Tue 09	-	-	01:07	0.3m	07:20	3.3m	13:34	0.2m	19:49	3.3m
Wed 10	-	-	01:58	0.3m	08:11	3.3m	14:25	0.1m	20:39	3.3m
Thu 11	-	-	02:48	0.3m	09:02	3.3m	15:14	0.2m	21:28	3.3m
Fri 12	-	-	03:37	0.3m	09:52	3.2m	16:02	0.2m	22:16	3.2m
Sat 13	-	-	04:28	0.5m	10:42	3.1m	16:50	0.4m	23:05	3.1m
Sun 14	-	-	05:21	0.6m	11:32	2.9m	17:39	0.5m	23:57	2.9m
Mon 15	-	-	06:16	0.8m	12:24	2.8m	18:30	0.7m	-	-
Tue 16	00:51	2.8m	07:14	0.9m	13:17	2.6m	19:26	0.8m	-	-
Wed 17	01:49	2.7m	08:14	0.9m	14:14	2.5m	20:27	0.9m	-	-
Thu 18	02:48	2.6m	09:12	1.0m	15:13	2.5m	21:30	1.0m	-	-
Fri 19	03:44	2.6m	10:07	1.0m	16:12	2.5m	22:27	0.9m	-	-
Sat 20	04:36	2.6m	10:57	0.9m	17:07	2.6m	23:17	0.9m	-	-
Sun 21	05:23	2.7m	11:43	0.9m	17:55	2.6m	-	-	-	-
Mon 22	-	-	00:01	0.8m	06:06	2.7m	12:25	0.8m	18:39	2.7m
Tue 23	-	-	00:41	0.8m	06:46	2.8m	13:04	0.7m	19:19	2.8m
Wed 24	-	-	01:19	0.7m	07:25	2.8m	13:42	0.7m	19:57	2.9m
Thu 25	-	-	01:57	0.7m	08:03	2.8m	14:19	0.6m	20:34	2.9m
Fri 26	-	-	02:35	0.7m	08:42	2.8m	14:56	0.6m	21:12	2.9m
Sat 27	-	-	03:15	0.7m	09:23	2.8m	15:35	0.6m	21:51	2.9m
Sun 28	-	-	03:57	0.7m	10:05	2.8m	16:15	0.6m	22:34	2.9m
Mon 29	-	-	04:42	0.8m	10:49	2.8m	16:59	0.6m	23:20	2.8m
Tues 30	-	-	05:32	0.8m	11:37	2.7m	17:46	0.7m	-	-

Source: MetOcean Solutions

Daylight Saving: Please note that tide times have been corrected for daylight saving time.

# LONG BAY

## PROPOSED PLAN CHANGE

### GLENVAR RIDGE ROAD

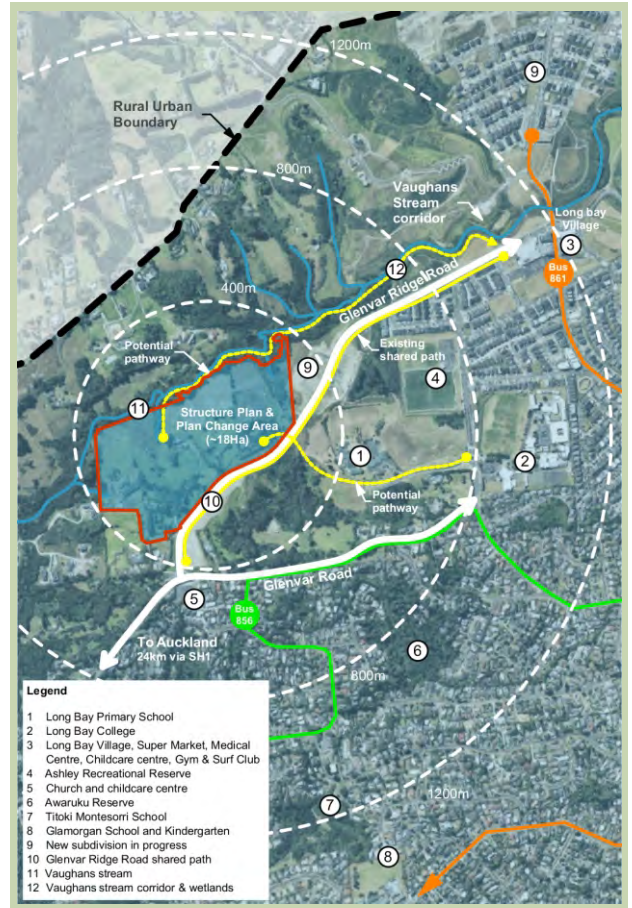
Glenvar Ridge Road Plan Change seeks to rezone 19 hectares of land located on the northern side of Glenvar Ridge Road. The rezoning will deliver a range of housing types under Mixed Housing Urban, Mixed Housing Suburban and Single House zones.

**We would like your feedback**

**Community Consultation**  
**10am - 1pm Sunday 7 April**  
 MERC 1045 Beach Rd, Torbay



### Glenvar Ridge Rd Plan Change Area



Diana Bell - Manager | Planner

diana@thepc.co.nz | +64 21 382 000 | www.thepc.co.nz

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**It's the end of the financial year, so time to do some checking and planning:**

1. KiwiSaver contributions – have you maximised your contributions? If you contribute \$1,042.86 by 30 June 2024, the Government will deposit \$521.43 into your KiwiSaver account in July. \*
2. *Are you on the right PIR for KiwiSaver and PIE investments? As this is based on your previous two financial years' income, it could change from 1 April.*
3. Are your investments tax efficient? Are you on a 39% marginal tax rate or hold investments via a trust? Nobody likes over-paying tax.
4. *Investment review – does your investment strategy align with your goals? Are you on track?*

\* You must be aged between 18 – 65 to qualify. For contributions below this amount between 1 July 2023 – 30 June 2024, the Government will contribute 50 cents for every dollar you contribute.

**Contact me for a free, no-obligation discussion to review your situation.**

**Rachelle Bland**  
 Financial Adviser – Investments

“Are you on track?”



# Whānau Āwhina Plunket - What We Do



Whānau Āwhina Plunket is a charity and Aotearoa New Zealand's largest service supporting the health and wellbeing of *tamariki* under five and their *whānau*.

In the Torbay and Long Bay area, our free health and development checks are provided by one of our lovely Plunket nurses, Michele and Kate. They will visit you at home when your baby is around five weeks old, to check how you and your baby are doing and provide support. After that, you will be invited to attend appointments at our lovely local Plunket clinic conveniently located in the heart of Torbay Village.

In addition to our clinic appointments, Plunket is here to make sure you are supported in the community. Parents of a newborn living in the Torbay/Long Bay area will be offered some free frozen meals to help you in the early weeks. Our volunteer team raises funds to supply the meals and deliver them to your door. Meals are prepared by the fabulous team at Long Bay Baptist.

Our weekly East Coast Bays coffee group meets every Thursday morning from 10am at our Plunket Family Centre at 8 Constellation Drive. This is open to everyone with a new baby under the age of about 12 months. It's a great way to meet and connect with other mums and make new friends.

We also run local walking groups at various locations on the North Shore, including walks along Long Bay Beach. This is a

great way to get some exercise and another way to meet other mums. Join our Facebook group (North Shore Plunket Walking Group) to find out about our walking groups.

Once your baby is a bit older and more mobile, we suggest taking them to a local Playgroup. The Plunket Cheeky Monkeys playgroup boasts the best sandpit ever. They meet at the Harbour Beach Volley Ball Centre, 65 Maxwellton Drive, Mairangi Bay every Tuesday and Thursday morning 9:30–11:30am during term time.

There are many other supportive services and activities in our community such as Mainly Music, Playcentre, Wriggle and Rhyme at the library and other community playgroups.

If you want suggestions on activities you can attend with your little one, then drop us a line and we can point you in the right direction. You can contact our volunteer team at Torbay Plunket via email at: [TorbayPlunket@gmail.com](mailto:TorbayPlunket@gmail.com)

**For free parenting advice 24/7 phone PlunketLine on 0800 933 922.**



Marjolein van Leeuwen with newborn

20

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Sudoku

			8	4	3	1		
8	9					6		3
					9	5		2
3		6			1		2	7
2		4				9		
9	8	7		5		3	1	4
				1				
1						7		8
	3		2		8	4	9	1

Crossword

1		2			3		4		5
			6						
7							8		
					9				
	10								
11			12		13		14		15
					16				
17								18	

Answers on page 30

Answers to clues marked \* can be found in this months magazine

ACROSS

- 1 \*A supplement 100 x beneficial than Tumeric
- 6 \*Kim is the new owner of \_\_\_ 23
- 7 First word of the saying "\_\_\_ and every one of you"
- 9 Invigorating with gin
- 11\*Another word for an expert in their trade
- 14 First name of Star Wars' Chewie's mate
- 16 Book & Film "Midnight in the Garden of Good and \_\_\_"
- 17\*Long Bay proposed plan changes aim to increase what?
- 18 Māori village

DOWN

- 1 \*Use the voucher to get a free one at Beauforts + Co.
- 2 Rateable Value (abbrev.)
- 3 \*This event in Torbay Village is always popular
- 4 Phrase meaning not legally valid "\_\_\_ and void"
- 5 \*Another spacey clue. Bold Grant is this sort of man
- 6 \*Murray has no intention of pushing up what?
- 8 \*Esteemed hair salon award level more than recommended
- 10\*Something to ceremoniously taste at Ground + Grow
- 12 You're keeping what if you're carefully watching someone?
- 13 To limit or control is "to \_\_\_ in"
- 15\*Kadyn's next race is at \_\_\_ Auto Parts Dragway



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### March @ Raft Studio

March brought with it the annual NZ SEA WEEK and the trustees of Raft Studio got involved, both during the weekly classes as well as joining MERC on Sunday the 10th with a Raft Race!



During our weekly classes, we encouraged a sea theme in the artwork. In sewing class, scrap fabrics were used to make sea creatures. In other classes, we made clever sea-themed greeting cards or painted colorful fish. It gave our classes a fun way to celebrate our fabulous coastline and the sea that surrounds us.

For MERC's Sea Week day on the 10th of March, we put out a challenge to the Torbay and Long Bay community to build a raft to float down the estuary at Long Bay Beach. The raft challenge resulted in some very funky-looking rafts built with recycled materials. We had nine fantastic entries, all very different from each other, from twin-bottle hulled boats and dragons to a floating Barbie on a lilo!

We couldn't have asked for a better day. The sun was shining, there was a gentle breeze, and the tide was in our favour.



MERC was a busy hub of families participating in many fun activities, so the atmosphere was a delight.

A huge thank you goes out to the organisers at MERC for supplying us with the setup and the fantastic prizes! There



were three winners in the raft race – fastest, sturdiest, and funkiest. It was hard to pick winners, but three lucky winners left with gigantic smiles on their faces. We are already looking forward to Sea Week next year!

Raft will be closed from the 5th of April for the school holidays and reopens on the 6th of May for an 8 week term. Our classes remain the same as Term 1; see the What's On Where section (pgs 28-29) for class times.

It is not too late to come and learn something new, so why not join us to get crafty. We would love to help you make it happen.



# NZ's Youngest Drag Racer

Congratulations Kadyn Rodger Eriksen of Torbay! On the 2nd of March, at the age of seven, Kadyn passed his junior drag racing licence, making him the youngest licenced drag racer in New Zealand. His home track is at NAPA Auto Parts Dragway in Meremere.

Junior dragsters run a 1/8th mile track, and Kadyn's personal best is 19.1 seconds at 47 kph. He runs a 110cc fully automatic car.

Kadyn got into drag racing through both his parents, Danielle and Ethan, working for the track, and at the time, his godmother was also racing junior dragsters. His first time at the track was when he was six weeks old.

To keep Kadyn safe, he wears a number of safety items, including a helmet, neck brace, fireproof gloves, boots, and race suit.

His next race is the 14th of April at Napa Auto Parts Drag Way.



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# We are the World



On Friday evening, 1st March, we celebrated our inaugural Crèche International Dinner. In previous years this was a lunchtime event. To enable more of our *whānau* to join us it was agreed to change to an evening event of “fine” dining instead. This wonderful occasion celebrates the amazing cultural diversity within our community through the sharing of *kai* and making memories together.

Leading up to the big night *kaiako* and *tamariki* worked tirelessly in perfecting several different cultural acts from around the world representing the range of diverse heritages within our learning setting. For weeks the children could be heard talking about the different kinds of *kai* that they and their families were going to bring on the night. This fostered a space for children to share their individual identities amongst their peers. We researched and discovered new and exciting delicacies from around the globe and wondered if we would be fortunate enough to taste some of these on the night. Boy oh boy did we ever!

After inviting all of our treasured families into The Crèche with our welcome song “*Tenā Koe*” we very proudly and confidently performed all of our acts. We began with the classic crèche hit of “Mr. Dinosaur” which required an encore followed by our very own rendition of “*Korikori tō Tinana.*” Before wrapping things up with another crèche favourite “*Vini Vini*” and finishing off with some soothing Chinese ribbon dancing as we channeled our inner dragons.

After working up such an appetite it was finally time to eat. Our *tangata whenua kaitakitaki* took the stage and led us in the *karakia kai*, blessing not only our food but the joining of us together as one as we stood united. With eyes bigger than our bellies we couldn't wait to dig in. We had just about everything you could imagine, from *hāngi* to chop suey, meat pies to sushi and so much more. Everyone enjoyed tasting cuisine from different cultures and had a wonderful time

talking and building friendships with each other as we ate our *kai*.

Our children loved having this experience with their *whānau* and friends at The Crèche and relished the opportunity to share their learning.

With full *puku* and sleepy eyes, it was time for us to all go home with the tastes of the world still on the tip of our tongues.

We are already looking forward to seeing what wonderful smells and tastes from around our world we will get to experience next year.





# Performing Arts at Torbay School

Within our bustling school's weekly programme, every Tuesday afternoon, we provide a special opportunity for all *tamariki*. It's a time when the juniors and seniors come alive with the sounds of music, dance, and vibrant performances, all orchestrated by the dedicated efforts of our teachers. This weekly tradition, eagerly awaited by students and staff alike, offers a platform for our young learners to showcase their talents, express themselves, and embrace the joy of performing.

At the heart of these Tuesday afternoon performances lies diverse opportunities for our students to shine. There's something for everyone, whether it's the graceful movements of the fan dance, the harmonious melodies of the choir, or the infectious rhythms of the percussion ensemble. From traditional forms like *Kapa Haka* and *Sasa* to contemporary dance, our students are encouraged to explore their interests and discover new passions.

One of the most remarkable aspects of these performances is the collaborative spirit they foster. As students from different classes come together to rehearse and prepare, they not only hone their artistic skills but learn the value of teamwork and cooperation. Through shared experiences and collective effort, they forge bonds that transcend the boundaries of age, creating a sense of unity and trust within our school community.

We are very proud of our students. Most of them have stepped out of their comfort zones to try new things. Showing resilience and determination. *Ka pai* to all our *tamariki*!

## STUDENT'S VOICE

I am in the Junior *Kapa Haka* group. I like the *Purerehua* song because I like doing the actions and I like singing along. The *Haka* is loud, and I like performing it! *Manny, Year 1*

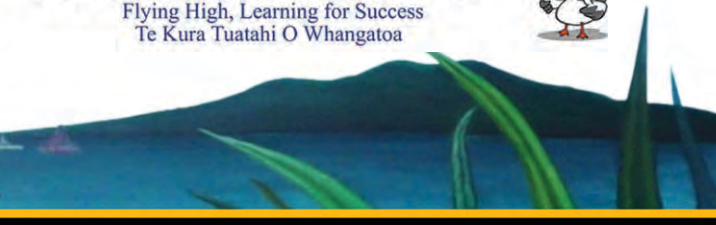
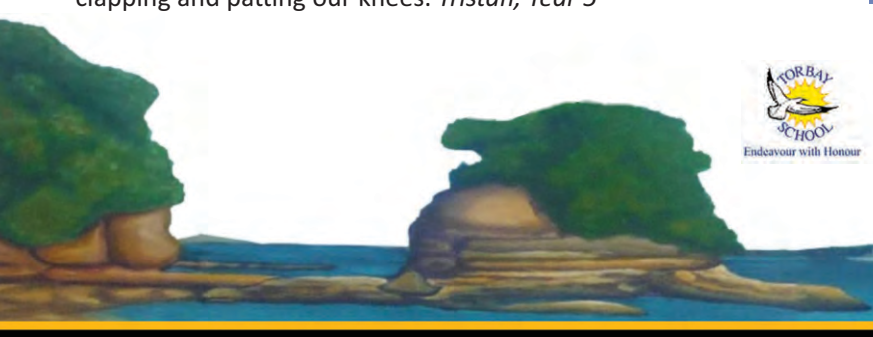
I am in the Junior choir. You get to sing, well first you have to warm up, then start slowly, then you start faster. I feel a bit nervous, but it's a bit of fun and I like singing with my friends. I like singing noisy stuff. *Nicolandj, Year 1*

I enjoy Junior *Kapa Haka* because it is something I would like to do when I am older and I like to learn *te reo Māori*, singing *waiata* and learning other languages are my favourite things to do. *Annabelle, Year 3*

I like the Junior choir because my sister did it and I am excited to go to the Bruce Mason Centre later in the year to perform in front of an audience. I enjoy learning and singing different songs. *Alex E, Year 3*

I am doing hip hop. I like hip hop because the dance moves are really fun. There's a thing called the hip-hop pose. I look forward to it every Tuesday. *Michael, Year 5*

I do *Sasa*. I enjoy making *Sasa* movements with a buddy, like clapping and patting our knees. *Tristan, Year 5*





Sherwood  
PRIMARY SCHOOL



LONG BAY  
COLLEGE  
*Care, create, excel*



LONG BAY  
PRIMARY SCHOOL



KĀHUI AKO  
CONFERENCE  
LONG BAY  
COLLEGE

Oteha Valley  
SCHOOL



ONEROA KĀHUI AKO

On the 28<sup>th</sup> of March, teachers of the Oneroa Kāhui Ako came together for a day of learning and collaboration. This day, themed 'He Waka Eke Noa' was about bringing our teachers together to share, learn from each other, and strengthen connections between schools.

Esteemed academic, Melinda Weber started the day off, speaking to teachers about how race, ethnicity, identity and culture impact young people and their success before breaking into workshops.

These workshops had a range of focus areas, with sessions such as: Our Tuakana-Teina Programme, The Implications of AI in the Classroom, Meeting the needs of English Language Learners in the Classroom, Cognitive Science Supporting

'Thinking Hard', Neurodiversity and Inclusive Classroom Practice, and An Introduction to Giftedness.

There was also time for teachers from different year levels to meet and collaborate. Thank-you to our Lead Principal, Mr Jeff Johnstone from Sherwood Primary School for his efforts in organising our conference, to Long Bay College for hosting the day, and to our Kāhui Ako schools:

Glamorgan School, Oteha Valley School, Long Bay Primary, Torbay Primary, Sherwood Primary, Northcross Intermediate, and Long Bay College.



LONG BAY COLLEGE  
*Care, create, excel*

# Classifieds

## ACCOMMODATION

**Accommodation**—North Shore. Fully furnished self-contained. Apartments, houses. Ph 021 935 854.

## BUILDING & TRADES

**Builder**—Renovations to bathrooms, buildings, new decks, fences, paths and driveways. Ph Cliff 473 6317 or 027 618 5917.

**Building and Landscape Maintenance**—General building maintenance, small renovations, handyman work, landscaping, fences, pergolas and more. References available. Ph Dale on 0274397519.

**Coast Roofing Ltd**—Long run roofing, new roofing, re-roofing and repairs. Local Torbay resident 35 years experience. Free quotes. Ph Matt 027 274 6159.

**Electrician**—24 hour service, All work considered, no job too small. All work guaranteed with Electrical Certification. Ph Graham 021 067 6294.

**Fence Brothers**—For all your fencing needs. Fences, decks, gates, automation, steel or timber. Free quotes. Ph 0800 336 232.

**Gera Glass**—Certified tradesman glazier. showers, mirrors, splashbacks, balustrades, pool fences, broken windows, safety glass, pet doors and more... No job too big or small! Free quotes. Ph Dylan 022 656 9417 or geraglass@xtra.co.nz.

**Gutter Cleaning**—Your spouting cleared hassle free by a friendly husband & wife team based in Torbay. Before & after photos, free quotes, www.guttergeeks.co.nz for details. Ph Gregg 027 333 5444.

**Interior Design**—Redecorating advice through to new build design and sourcing interior products. Phone Kim, White Sands Interiors 027 389 5757 www.whitesandsinteriors.co.nz

**Kitchens**—Call Kitchen Co, your local kitchen company, for design to complete kitchens. Driving Your Dollar Further 021 347 424, www.kitchenco.co.nz, email: kitchenco@xtra.co.nz

**Licensed Builder**—www.jhconstruction.co.nz. Is your bathroom in need of a make-over? Bathroom and house renovations. Ph Jamie 021606413 or jamie@jhconstruction.co.nz.

**Painter**—30+ years experience—Interior and exterior painting, also staining and specialty finishes. Ph Keith 0274 599 909

**Painter**—No job too big or small. 30 yrs experience. Heaps local references. Ph Clive 0274 812 231.

**Painter and Decorator**—After 36 years in the trade and 25 of those spent in Torbay I am scaling down my work load and able to do smaller jobs at a very fair rate. Free quotes. Ph Darren 0272706728.

**Painter & Decorator**—Retired with 50 years' experience. Looking for small jobs in the area. Ph Lionel 0274 196 027.

**Plasterer**—Interior/exterior, local, 25+ yrs experience. Ph Richard 022 199 8673.

**Plastering/Painting**—Male and female team 20 years experience, no job too small immediate start. Ph Brad 0272 5111 65 or 443 5064.

**Plumber**—All work. Coastal Plumbing and Drainage. Ph 473 7787 or 027 263 3217.

**Property Maintenance**—Interior/exterior repairs, painting, plastering etc, just ask Ian on 021 184 2426

**Tiler**—25 years experience. Certified waterproofing. Free quote. Ph Brent 021 949462.

## SERVICES

**Butterflyer Personalised Transport**—www.butterflyertransport.co.nz. Ph Lisa 021 118 2715.

**Tax Returns and Advice**—Ph Marc 473 8860.

**Vision Accounting Solutions Ltd**—Vision Accounting is a Chartered Accountancy firm which prides itself on making the time to offer our clients a friendly listening ear, whilst providing best practice, professional accounting and taxation results. Ph Virginia 473 0507

## HOME & GARDEN

**Active Tree Care Ltd**—All tree work undertaken qualified arborists. Free quotes. Ph 473 6723 or 027 555 6403.

**Garden Bags and Bins**—Prompt and professional service. Competitively priced. Ph John 0508 262 626 or 021 745 992. jdpropertieservices.co.nz

**Handyman**—Born and bred in Torbay, Martin is a qualified cabinetmaker and experienced professional. Allsorts Property Services is available for property maintenance, odd jobs, decks, fences and garden services. Ph Martin Bassett 027 452 6515.

**Landscaping**—Format Landscapes, local, over 20 years experience, Diploma in Landscape Design. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quotes. Ph Matt 021599 107. www.formatlandscapes.co.nz.

**Landscaping**—From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Ph Peter 0274 394 574.

www.landscapedesignauckland.co.nz  
**Lawnmowing and Hedges**—Ph Jim's Mowing 0800 454 654 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed! www.jimsmowing.co.nz

**Rubbish Removal and Skip Filling**—Ph Cliff 473 6317 or 027 618 5917 for all your garden and general rubbish removal needs.

**Shaun's Home and Garden Maintenance**—Honest & Reliable. Lawns, Sales & Rental tidy ups, Hedges, House washing & much more. 021 1548 886 shaunshgm@gmail.com

**Squeaky Cleaners**—Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specialising in Residential / Office cleaning to showhome standard. Call or text Joy now to discuss your options. Ph 021 487 463. squeakycleaner.co.nz

## SIGNS

**Sign Addiction**—Shops - Vehicles - Boats - Site Signs and more. Ph 0274 991 744 or 473 6364 or sign.addiction@xtra.co.nz

## FOR HIRE

**Awatuna Scout Hall**—Waiake Beach. Available for birthday parties, exercise classes. Kitchen facility. Ph: Amanda 021 076 7422, awatuna@gmail.com.

**Senior Citizens Hall, Torbay**—Email torbaycommunityassociation@gmail.com

**Torbay Community Hall**—Email torbaycommunityassociation@gmail.com

## TUITION

**Ballet**—Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz. Dianne Wallace RAD Dip Tchg. Ph 027 603 0481

# SUPPORT LOCAL

Advertise with us—you'll be supporting local businesses and community groups.

Our advertising rates are the cheapest and we deliver further.

The Classifieds is the **Bible for Trades** in our area.

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Medium:	\$120	Full page: (non-prime spot)	\$475
Quarter page:	\$195		

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# What's On Where

**AL-ANON FAMILY GROUPS**—Support group for family and friends of alcoholics. See: [www.al.anon.org.nz](http://www.al.anon.org.nz) or ph: 0508 425 266

**ALCOHOLICS ANONYMOUS**—0800 229 6757. [www.aa.org.nz](http://www.aa.org.nz). Join our friendly **Tuesday** night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking.

**AGE CONCERN NORTH SHORE**—489 4975

**AGE PLUS CHARITABLE TRUST**—09 550 3387

**ASSOCIATION OF BOOK CRAFTS**—027 440 4458

**BACKGAMMON CLUB**—Backgammon is a very old popular game. Easy to learn, harder to win. Depends on the roll of the dice and your strategy. Join our friendly mixed group on **Wednesday** 12.30-4pm for some fun at Heart of Bays, Inverness room, 2 Glen Road, Browns Bay. Cost \$2. Ph: Linda 021 216 3050 or 476 8311 or just come along.

**BAYS CITY JUDO**—473 7855

**BRAEMAR SCOTTISH COUNTRY DANCE CLUB**—Relaxed, friendly group who dance **Tuesday** 7.30pm at St Anne's Hall cnr Glencoe and Beach Rd, Browns Bay. Ph: Gae 027 292 5012

**BROWNS BAY LADIES CLUB**—Retired and still young at heart? Why not join the Browns Bay Ladies Club. We meet 4th **Friday** of every month. We have a guest speaker and also offer many interesting groups and bus trips. Ph: Christine 475 5426 or Jan 478 9231.

**BROWNS BAY RACQUETS CLUB**—Would love to have more players 55yrs plus. We play mixed doubles. **Friday** 9am. We have lots of fun and fees are low, in fact nil at first. Ph: Angela Verry 021 121 158 or 479 5094

**CITIZENS ADVICE BUREAU**—479 2222

**CREATIVE KEYBOARD CLUB**—Who have Members in Torbay. We meet at The Community Hall, (behind St Cuthberts Church) 45 Anzac Road, Browns Bay 2.00pm every 2nd **Sunday** of the month and enjoy music from members and guest artists. Includes afternoon tea. Small admission fee. Ph: Marlene 478 3166.

**DIGITAL SENIORS**—FREE COACHING—Need help with your digital device? Bring your phone, tablet or laptop to East Coast Bays Library. Tuesdays 10am-12pm. Ph: 0800 373 646

**DEEP CREEK RESTORATION SOCIETY**—021 366 236

**EAST COAST BADMINTON**—Active Badminton Centre, 44/46 Apollo Drive. **Tuesday** 5pm-10pm. Ph: Don 473 0703 or 027 497 6242

**EAST COAST BAYS BRIDGE CLUB**—Contact: [lessons@ecbbridgeclub.co.nz](mailto:lessons@ecbbridgeclub.co.nz) or Helene 027 296 3365

**EAST COAST BAYS LIONS**—022 047 3266

**EAST COAST BAYS RSA**—478 8033

**EAST COAST FOLK CLUB**—8pm first Friday of every month at the Torbay Senior Citizens Hall (behind Torbay shops 37 Watea Rd). \$10 Admission. Casual performers first half with featured guest in the second half. Ph 09 426 3588 [r.uhe@xtra.co.nz](mailto:r.uhe@xtra.co.nz)

**EAST COAST BAYS TOASTMASTERS**—027 422 3685

**ECB WIDOW & WIDOWERS ASSOCIATION**—478 8805

**FRIENDS OF OKURA BUSH**—021 177 5755

**FRIENDS OF SHERWOOD**—476 7279

**LONG BAY OKURA GREAT PARKS SOCIETY**—021 424 617

**LONG BAY RESIDENT'S ASSOCIATION**—[Longbayra@gmail.com](mailto:Longbayra@gmail.com)

**LONG BAY VILLAGE MARKET**—4th **Sunday** of every month 9am-2pm, Michelle 021 119 8796, Leanne 027 432 3317 (txt is best); [longbayvillagemarket@gmail.com](mailto:longbayvillagemarket@gmail.com)

**NEIGHBOURHOOD SUPPORT**—09 353 0427

**NORTH SHORE BRASS ACADEMY**—021 281 0405

**NORTH SHORE CMA**—Companionship and morning activities for seniors. Ph: 489 8954

**NORTH SHORE KICKBOXING**—021 228 2808

**NORTH SHORE WRITERS GROUP**—Invitation to all adults who have written, are writing or want to write! Contact Tim 021 224 4533 [www.northshorewriters.co.nz](http://www.northshorewriters.co.nz)

**PLUNKET**—838 0981

## RAFT STUDIO—CLASSES:

### Mondays

10am-3pm *Sewing*. One-on-one lessons available. Beginners classes available by appointment

7pm-9pm *Have a Yarn* (second **Monday** of the month)

### Tuesdays

9.30am-12.30pm *Papercraft*

1.30pm-4pm *Open Studio*

7pm-9pm *Open Studio*

### Wednesdays

10am-1pm *Abstract Acrylics*

### Thursdays

9.30am-12.30pm *Mixed Media*

1.30pm-4.30pm *Casual Art Group*

### Fridays

9.30am-11.30am *Art for Wellbeing*

12.30pm-2.30pm *Art for Wellbeing*

3.30pm-5.30pm *Youth@Raft*

For more information see RAFT page 24 or phone: 021 145 2865

**ROTARY BROWNS BAY**—Torbay meets every 1st and 3rd **Tuesday** of the month for a 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community, come for a visit. Ph: Paul Mees 021 0257 0993.  
www.brownsbayrotary.co.nz

**RUMMIKUB GROUP**—Join our friendly group on **Wednesday** mornings 10am-12 noon in the Council Building in Glen Road, Browns Bay. Ph: Annette 021 061 2199 or just come along.

**SALVATION ARMY OP SHOP**—473 2150

**ST MARY'S COMMUNITY GARDEN, TORBAY**— Allotments available to grow your own veges, herbs, flowers. Join a fun sharing group. Ph: Nanette 021 140 4548 or Dianne 027 313 7116.

**TORBAY FRIENDSHIP CLUB**—A lively and thriving club for retirees. The club meets monthly (except January) on the second **Thursday**, 10.00am at Torbay Village Hall. Activities include great speakers, excursions, coffee mornings and games groups. Annual membership \$25.00, plus joining fee. Call Noreen 027 271 3524. Visit fnzi.nz for info on Friendship Clubs in general.

**TORBAY GARDEN CLUB**—478 1601

**TORBAY HISTORICAL SOCIETY**—473 6482

**TORBAY INDOOR BOWLING CLUB**—Looking for a new activity? Come join this friendly club on **Monday** 6.45pm at Torbay Community Hall. Entrance off Watea Road by the Tennis Courts. All ages welcome. Ph: Janet 473 1621

**TORBAY INTERNATIONAL COFFEE GROUP**—473 3259

**TORBAY SAILING CLUB**—948 Beach Rd, Waiake. For information about hiring hall email: hire@torbaysailingclub.org.nz.

**TORBAY SENIOR CITIZENS**— Email: torbaycommunityassociation@gmail.com

## SCHOOLS

City Impact School.....	477 0302
City Impact Arts Academy.....	477 0300
East Coast Bays Community Crèche.....	479 1241
Glamorgan Free Kindy.....	473 5099
Glamorgan Primary School.....	473 6453
Long Bay College.....	477 9009
Long Bay Primary School.....	473 6077
Northcross Intermediate School.....	477 0167
Titoki Montessori School.....	473 0362
Torbay Kindergarten.....	473 9340
Torbay Play Centre.....	027 880 5413
Torbay School.....	473 8603

## CHURCHES

Browns Bay Presbyterian Church.....	479 2441
City Impact Church.....	477 0300
East Coast Bays Catholic Parish.....	478 4565
Graceway Baptist Church.....	473 8562
Long Bay Baptist Church.....	473 2498
Long Bay Baptist Mainly Music.....	947 3378
Shore Presbyterian Church.....	022 241 23460
St. Mary's By The Sea Anglican Church.....	473 8180
Trinity Methodist Church.....	478 5107

**TORBAY STEP BEYOND STUDIOS**—022 596 8440

**TORBAY TENNIS CLUB**—Behind the Community Hall offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. For more info or to register see our website for open day dates: www.torbaytennis.org.nz

### TORBAY THEATRE—

**Here's a How-De-Do Too:** 18th-28th April

**Club Nights:** 8 June, 7 September, 2 November

**Backstage Club:** To volunteer for anything backstage or lighting, Weds 10.15am-12, pop in, ph Daphne 473 7494 or see our website (pg 15).

**TORBAY WALKERS**—A group of friendly women meet every **Wednesday** afternoon at 4pm and walk for 1 hour. Please come along and join us at the bus stop in Torbay Village. Ph: Irene 473 1159 or Diane 473 1761.

**U3A BROWNS BAY**—A group of likeminded people in their 3rd age (retired or semi-retired) who wish to keep their mind active through learning and gaining new skill, meet the **FIRST** Tuesday of the month at Outran Hall, Murrays Bay. We have amazing speakers and over 30 Special Interest Groups. Annual fee \$40. Ph: Val Lloyd 021 763 662 or go to website [www.U3ABB.nz](http://www.U3ABB.nz)

**UCAN2 DANCE STUDIO** – Beginner & Improver Street Latin, Shine and Ballroom & Latin American dancing free 1hr intro class. Beginners 7.30pm; Improvers 8.30pm. No partner required. Date: Tuesday 30th April. One person wins a free Beginner's course. 23 Tarndale Grove, Albany. For more info see [www.ucan2dance.co.nz](http://www.ucan2dance.co.nz) or phone 021 767 997

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## ANZAC Day Memorial Service

**Auckland Museum**

**6.45am – 10.30am , Thursday 25th April**

*We will remember them*



## Lest We Forget

*Local Stories poetry competition*

The 3 age categories are: 18 years+, 12--17 years, and 11 years and under. Each finalist wins a \$150 gift card.

**Entries close end of day, Sunday 14 April 2024.**

<https://www.aucklandmuseum.com/visit/whats-on/war-memorial/lest-we-forget-2024>.

Email [magazine@torbay.co.nz](mailto:magazine@torbay.co.nz)  
for a digital copy of

# What's On Where

poster for your premises

# Torbay Business Association Members

## BREAKFAST, LUNCH & DINNER

- Birds of a Feather 鹊羽, Long Bay 220 2116
- Chand Indian, Torbay ..... 473 6259
- Euro Patisserie, Torbay ..... 473 7535
- Hells Pizza Northcross ..... 478 6661
- Hot Roast Shop, Torbay ..... 473 2134
- Parallel 23 Bar & Eatery, Torbay.. 214 7931
- Piatti Italiani, Waiake ..... 478 6936
- Scout Café, Torbay ..... 473 9070
- Sushi Torbay ..... 473 6361
- Torbay Bakery and Café ..... 473 6467
- Torbay Takeaways..... 473 9229
- Troy Restaurant, Torbay..... 473 1002

## GROCERIES

- BK's Four Square, Torbay ..... 473 6197
- Torbay Village Butchery ..... 473 2014

- Liquor Centre Torbay ..... 473 9619
- Torbay Dairy ..... 473 9721
- Torbay Fruit Shop..... 473 9429

## HAIR & BEAUTY

- Absolute Thai Massage, Torbay..... 473 5080
- Black & Gold Barbershop..... 391 4089
- Foxy & Co., Torbay ..... 473 2277
- K Five Design (The Cutting Room), Torbay ..... 473 5241
- La Bella Vita Beauty, Torbay ..... 473 0856
- Simply Colours & Cuts, Torbay ... 473 8111

## HEALTH SERVICES

- Community Laboratory, Torbay... 473 1908
- Torbay Chinese Acupuncture Centre..... 473 2278
- Torbay Medical Centre ..... 477 9000
- Torbay Pharmacy..... 473 9629 or 473 0730

- Torbay Physiotherapy & Hand Clinic ..... 473 0333
- Torbay Skin Clinic..... 477 1111

## HOME & GARDEN SERVICES

- Cedar Master Ltd ..... 022 690 6650
- JMC Build ..... 021 234 383
- Premium Garden Solutions ..... 473 3878 or 021 723 751

## REAL ESTATE AGENTS

- Barfoot & Thompson Torbay ..... 473 9190
- Matt & Maggie - Harcourts .... 027 777 0737
- Shane & Jen Anderson, Bayleys... 0274 827 440 or 0211 77 55 30
- Wendy Treadwell - Harcourts ...021 042 7370

## OTHER SERVICES

- Dogs Body Grooming Parlour ..... 473 1500
- RAFT Studio ..... 021 145 2865
- COREISS Research Centre, Torbay.. 972 2757

## Naomi Ballantyne's Tips for Success



Forty businesspeople from our area and afar attended the March Torbay Business Association's Business Networking Event at Birds of a Feather, to hear from Naomi Ballantyne. Naomi is retiring after 41 years working in and building top Life Insurance companies. She shared how

proud she felt to have created jobs and businesses for so many people and to have invented practices, processes, and ethical changes that became standard in the insurance industry.

The qualities that helped her persevere and take risks included resilience and stubbornness, bravery, willingness to face criticism, and personal courage. To help her take risks she would ask herself, "Well what's the worst that could happen?" Knowing that she could bounce back from

the worst helped her deal with fear and move forward. Not comprising your values was another great piece of advice. Sometimes, as she has proven, it's best to walk away. There's always something else, most likely better, to do.

Useful also was her advice on how to deal with the "haters". Know that you don't need other people to validate you. "Other people's opinions are nothing to do with you and everything to do with their insecurities and guilt about the choices they've made." Wake up in a positive mood and be reckless in pursuit of your dream.



## Puzzle Answers

### Sudoku

5	6	2	8	4	3	1	7	9
8	9	1	7	2	5	6	4	3
4	7	3	1	6	9	5	8	2
3	5	6	4	9	1	8	2	7
2	1	4	3	8	7	9	5	6
9	8	7	6	5	2	3	1	4
7	4	8	9	1	6	2	3	5
1	2	9	5	3	4	7	6	8
6	3	5	2	7	8	4	9	1

### Crossword

1	C	U	R	C	U	M	I	N		5	S			
	O		V			A		U			A			
	F		P	A	R	A	L	L	E		L			
	F		Ü		K		L				E			
7	E	A	C	H		E		8	H		S			
	E		Ä			T	O	N	I	C				
		10	C							G				
11	M	A	S	12	T	E	13	R		14	H	A	15	N
		C			A		16	E	V	I	L			A
		A			B		I				Y			P
17	H	O	U	S	I	N	G				18	P	Ä	



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New Zealand



North Island



Auckland

# Suburb Awards



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Northcross



Torbay



Oteha



Waiake

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