

• GOLDEN TICKET • Are gou this month's winner?

Waiake Beach Welcomes Burger Burger

> Spring planting tips We welcome two new restaurants and a barber! Vaughans Rd to Long Bay: Okura residents' concerns

Vania



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Waiake Gets a Brand-New Concept

When Mimi and Adrian were looking to expand their burgeoning Burger Burger empire, Waiake hit all the right notes. Wanting to try something a bit different, the Waiake site kept coming up in conversation, and it didn't take these two long to see the potential in the long vacant site for their 7th location.

With a background in catering and fine dining, coupled with a BCom in Marketing, Mimi had long sought to elevate the humble burger. Teaming up with business partner Adrian they launched their first Burger Burger in Ponsonby in 2014. They then opened in Newmarket in 2015, Takapuna in 2016, Christchurch, Mt Maunganui in 2019 and Commercial Bay in 2020. Each restaurant is a little different with a design tailored to the site. For Torbay, that meant a relaxed beach theme with special touches like 'Lady in the hat' painted by NZ contemporary artist Hayley Brown.

Launching their new Tuck Shop concept in time for summer, the new Burger Burger Tuck Shop has already become a favourite for casual dining. Sticking to their 'no compromise' philosophy on quality, freshness and service, applies to the whole experience. Starting with making sauces fresh every day on site, the



menu offers all the favourites and weekly specials. It's not just burgers either. They have vegan options, and for a low carb option, the Bunnuce offers all the burger options wrapped in crunchy cos lettuce.

You'll also find matches made in heaven with Sawmill IPA and Lager beers, house-made sodas, NZ wines and cocktails.

The Tuck Shop opens at 7am and Burger Burger is open from 11:30am every day with a range of cool shakes, ice creams and coffee on offer there is something for all ages from brunch to dinner.

You'll find Burger Burger at 1/934 Beach Road, Waiake.





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LOCAL SALES AUGUST 2023*

3

35A Auld St	\$751,000
64 Glenvar Rd	\$830,000
38B Waiau St	\$855,000
2/37 Glamorgan Dr	\$860,000
20A Waiau St	\$910,000
10 Acacia Rd	\$1,000,000
1/88 Glamorgan Dr	\$1,010,000
8 Tallington Cres	\$1,025,000
2/8 Auld St	\$1,062,000
127 Deep Creek	\$1,100,000
40 Glenvar Rd	\$1,105,000
63 Weatherly Rd	\$1,115,000
111 Glenvar Ridge	\$1,121,000
98 Awaruku Rd	\$1,130,000
9 Geoffrey Rd	\$1,170,000
68 Ashley Ave	\$1,320,000
22 Awaruku Rd	\$1,320,000
90 Deep Creek Rd	\$1,385,000
145 Glenvar Rd	\$1,420,000
19 Acacia Rd	\$1,450,000
8C Ringwood St	\$1,470,000
6A Ridge Rd	\$1,530,000
39 Remuremu St	\$1,655,000
31 Ridge Rd	\$1,716,000
17 Bounty Rd	\$1,820,000
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12 Cavalli Rd	\$1,866,000
72 Caldera Dr	\$1,936,000
7 Ruku St	\$1,980,000
37 Toroa St	\$2,000,000
53 Te Oneroa Way	\$2,020,000
9 Hopetea St	\$2,100,000
7 Rewi St	\$2,215,000
276 Okura River	\$3,948,000
	*Source REINZ

LOCAL MEDIAN = \$1,352,000

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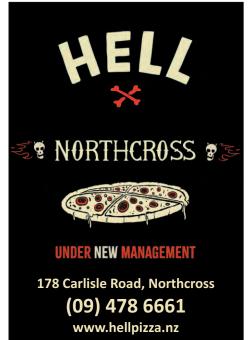
Chair's Letter

By Steve Piner, Chairperson Torbay Business Association

month about change being a constant force, and it's on display everywhere you look. The weather is changing for the better. And so too is our Torbay business community with three new businesses opening. Our cover story introduces Burger Burger Tuck Shop (Pg3) opposite Waiake beach, Parallel 23 Eatery & Bar (Pg22) next to Barfoot & Thompson in Torbay Village, and also in the Village, Tanith's Black and Gold Barbershop (Pg5). We continue our coverage of the Vaughans Road/Te Oneroa Way "to open or not to open" stoush with a reply from Okura/Vaughans Rd residents to our August cover story. Some good news is that Glenvar Road

should be open by the end of the month. The effect on not just Long Bay businesses and residents but also those using and living on and around the detour routs due to the roads closure earlier this year has been significant. In September we ran our first Community Expo with nine community organisations represented on the day and a good turn out of local residents to learn what they offer. We even brightened Torbay Theatre cast of Grease (Pg15) rehearsal with a tray of afternoon tea! Change runs through everything, and is not always good. Grief and loss are part of life and Margaret offers some insight on Pg16.

There is so much more in this months magazine, community spirit to be celebrated in all its magnificent forms, from the simple to the grand. And that is something that does not change. We



are extraordinarily fortunate to live in and be a part of this community. As always, thank you to all our contributors, readers, advertisers, neighbours friends and families. *He waka eke noa*.



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Introducing Black & Gold Barbershop

Congratulations to Tanith, a local of 23 years, who has made her dream come true with the opening of her Black and Gold Barbershop in Torbay.

Originally from Cape Town, South Africa, Tanith moved to Torbay in time to begin her secondary schooling at Long Bay College. From a hairdressing background (her mum was a hairdresser) Tanith first went into hairdressing but switched 5 years ago to the craft of barbering – her real passion. She especially likes to help people find the style that fits them.

"I just want to help people feel their best."

While working for big barbershop franchises, Tanith developed a vision for what she'd like to have in her own shop – which she had always dreamed would be in Torbay. Now she can walk to work and spend more time with her children who go to school locally.

Having a business in Torbay is also about community.

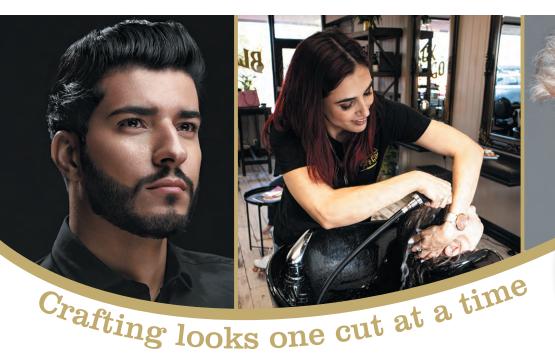
"When you move to another country as a migrant, you have to start all over again," she said. "We're all looking for community. This is home now. We love it here and we're looking forward to making many more friends and connections in Torbay and around the Bays."

Reflecting values widely held in our community such as sustainability, all hair products used at Black and Gold

Barbershop are sourced from New Zealand and Australia and every product is free from animal testing.



Tanith and Owen with their children



Seap As Tuesder

5

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Vaughans Road Resident's Perspective on Opening Vaughans Road to Long Bay

By Mike and Diana Sumner and neighbours

The Torbay Magazine August article 'Vaughans – Te Oneroa Roads Connection Overdue' by Jaco Grobbelaar expressed despair about there being no direct traffic connection from Vaughans Road to Long Bay via Te Oneroa Road. The closure of Glenvar Road due to slip damage has greatly amplified calls to make the connection live and has certainly made life more difficult for Long Bay and Torbay residents and visitors. Glenvar Road is, however, due to open in the next couple of months. This should ease access in and out of Long Bay.

As residents of Vaughans Road, we would like the Vaughans to Te Oneroa Road to remain closed to vehicular traffic. Vaughans Road is a relatively quiet, narrow (effectively single lane at some points), somewhat pot-holed, dead-end, rural road, where pedestrians, dogs, cyclists, and horses use the road as there is no footpath. The residents choose to live here because of the rural lifestyle. People wanting the convenience of an urban lifestyle choose Long Bay or other urban suburbs.

Auckland Transport (AT) has held two drop-in meetings to discuss the Vaughans to Te Oneroa Road connection. The predominant feeling at the Okura meeting was not to open Vaughans Road, especially in its current state, whilst the reverse was true at the Long Bay meeting. AT explained that safety was the bedrock of their strategy, so their decision was to not open Vaughans Road to Long Bay traffic in the immediate future. We applaud AT for this decision. We believe that opening Vaughans Road, in its current state, to Long Bay traffic would be a recipe for disaster. AT modelling estimates traffic would increase 5-fold. We think this is a marked under-estimate as it would open a corridor for all traffic to and from Long Bay to the north. In any case, by all measures, the road is currently unsafe without a significant and costly upgrade.

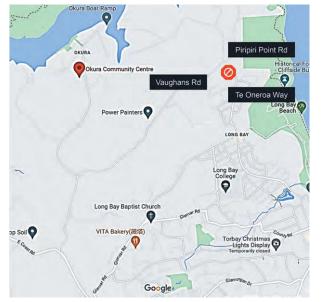
AT's plan is a 'temporary closure' for 18-24 months while they undertake an assessment of how to upgrade Vaughans Road to meet acceptable safety standards (not disclosed). At the Okura meeting, it was noted that detailed planning for a Vaughans Road upgrade had been undertaken a few years ago. There was an expectation that AT would need to upgrade the road to the level of this plan before opening. However, there is currently no budget for this. The Vaughans Road residents fear that, under intense pressure from the wider community, AT will do a partial (i.e., within their severe budget constraints) upgrade and then open Vaughans Road to Long Bay traffic. We feel that a partial upgrade will mean that safety will still be compromised. Moreover, any road works will be challenging as the properties all have on-site tank water and wastewater treatment systems. Stormwater drainage infrastructure is almost non-existent. A significant infrastructure spend would be needed to ensure road stormwater doesn't inadvertently destroy adjacent properties - we have all seen how easily that can happen and how problematic that can be. Furthermore, drainage would need to protect the environment of Okura and the adjacent Marine Reserve which has been safeguarded from development.

Irrespective of whether AT can secure funding and whether any upgrades to Vaughans Road mitigates safety concerns (which only time and statistics would reveal), opening the road would irreversibly destroy the quiet rural lifestyle chosen by its current residents. We don't want more traffic, light pollution, noise, and drainage problems. For us, it feels like a high price to pay for the extra convenience of Long Bay residents, who after all chose to live in suburbia.

Vaughans Road Upgrade -Call to Action

Auckland Transport's proposed "temporary" closure of Vaughans Road has raised concerns and questions among surrounding residents. The Long Bay Residents' Association believe it's crucial to keep the community informed and engaged in shaping the future of our neighbourhood.

To see a summary of the situation and what you can do to make your voice heard visit the Long Bay Residents' Association's LBRA website.



MEET THE TEAM



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Gardening with Veronika



McPherson Do you like to grow seeds in trays but have no green house? Use a large

By Veronika

plastic tub to put your seedlings in

instead. It will give your small seedlings a good start by creating a warm humid environment like a greenhouse would.

Once our seedlings have germinated on a heat pad we move them outside and place them in a large plastic container, this way they get maximum sunlight which prevents them from getting tall and leggy. Just make sure to leave the lid of the tub ajar during the day so that it's not getting too hot in there. Also make sure to keep your seedlings moist but not wet by watering them from underneath on a plastic tray or a plate.

OCTOBER IN THE GARDEN

Direct sow vegetables and flowers such as carrot, dill, rocket, coriander, radish, cosmos, calendula, borage, cornflower and phacelia. Using a heat pad or somewhere warm, tray sow cucumber, zucchini, parsley, tomatoes, peppers, pumpkin, melon, corn, basil, climbing beans, dwarf beans, aubergine, and chilli; and marigolds, sunflowers and zinnias.

And don't forget if you love Dahlias now is a great time to plant them. Get your soil ready by adding some compost and sheep pellets. *Happy Gardening*



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Recycle Garden Pots

By Michelle Beard, Pumpkins in Trees Hello Pumpkins!

With spring here, many people including myself are putting seedlings into the garden.

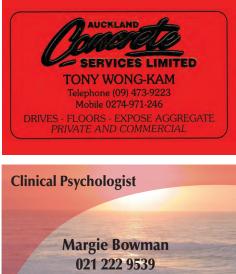
If your past two years have been anything like mine, saving seeds and having a productive garden has been problematic with all the rain drowning my garden. So, this year I will be buying seedlings in pots for the most part to get my garden up and running again.

In the past seedling pots were not readily accepted in household recycling due to contamination and the type of plastic. But we finally have a new option for recycling these! Kings Plant Barn, Bunnings and

Mitre 10 now have recycling pot bins where you can place your pots for recycling. This includes all sizes of plant pots and plastic stakes, plus the small plant labels attached to the pots. Don't forget to give them a clean as the



machines used for recycling the plastic cannot process dirt. Then take them along to any of the above stores for recycling. An added bonus is that if you need plant pots for your own seeds, you can get them from these recycling bins.



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14 Reasons to Use Epsom Salts in the Garden

1. A sprinkling of Epsom Salts spread around nightshades, such as peppers, tomatoes, eggplants and potatoes, will produce abundant results and helps improve flavour. 1tbsp (15ml) around base of plants. Add solution* every 2 weeks.

2. Nix garden pests – deters slugs and snails. You will need to continually apply it.

3. Makes fruit sweeter – it boosts the chlorophyl inside the fruiting plant. When they have more chlorophyl, plants have more energy, produce more sugar which equals sweeter fruit.

4. Stops transplant shock – Epsom Salts can help plants overcome transplant shock. Feed with Epsom Salts by sprinkling near the base of the plant and then water it in or try putting a little Epsom Salts into the hole and cover with soil.

5. Keeps leaves green. When plants don't get their recommended daily dose of magnesium their leaves start yellowing. Feed with 1tbsp Epsom Salts per 30cm of height once a month.

6. Annihilate weeds – to cut down on weeds, incorporate Epsom Salts into your garden maintenance schedule. Kill weeds by mixing 2 cups Epsom Salts with 3.8 litres of vinegar and some liquid dish detergent. Put the mixture into a spray bottle and spray on weeds. 7. Lush lawn fertilizer – sprinkle 1.35kg Epsom Salts to 116sqm of grass and water in.

8. Tree Stump Remover – drill holes into the stump and fill holes with Epsom Salts. Within weeks the stump will begin to rot.

9. Beautiful blooming roses. Add half a cup of Epsom Salts per plant at base and spray solution* when flowers are in bloom.

10. Restore yellowing palm trees. Spray Epsom Salts solution to crown and base.

11. Cure peach leaf curling – this is a sure sign of a lack of magnesium. Use solution*

12. Potted plants – feed Epsom Salts solution* once a month.

13. Epsom Salts help plants absorb nutrients more efficiently. Most commercial fertilizers have large amounts included.

14. Ferns – Epsom Salts help ferns and Elephants Ear look great. Add solution* and spray to vitalize.

* Solution: 1tbsp/3.8 litres water





Join St Mary By The Sea Community Garden to learn more and start growing. Dianne (027 313 7116) or Nanette (021 140 4548) would be happy to hear from you. 168 Deep Creek Road, Torbay.

Choose your Waiake & Torbay specialists if you're looking to sell!



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Brassy Hair?

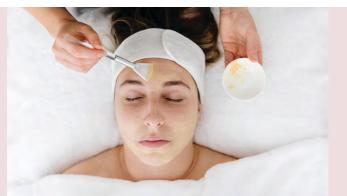
By Amy, Simply Colour & Cuts, Torbay

Is your hair brassy, brittle or plagued with split ends? And despite how many expensive hair masks and moisturising products you use, it stubbornly stays damaged? Well, it may not be a problem with your hair, but the water that you're washing it with. Depending on where you live, your shower could be the culprit for hard water—this is water that's riddled with harmful metals from eroded piping.

To see if you have hard water look at your showerhead or tapware. A white residue can be a sign of mineral buildup from metals picked up by the water as it runs through the metal pipes. These metals, such as, iron, copper, calcium, mercury, and lead, can wreak havoc on your hair, especially



if it's more porous from frequent heat styling or bleaching. Porous hair easily absorbs things like moisture, oils, and metals. Depending on the porosity of your hair these micro particles can accumulate in your hair fibre, leaving your hair dull, brassy, dry and



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prone to breakage and getting tangled. A build-up of metals in hair can cause an interaction with the hair oxidants during colouring which can lead to breakage and an unreliable or uneven hair colour.

Signs your hair may contain metals:

- A shift in your hair colour, especially a green or brassy tint.
- Brittle, dry, lifeless hair lacking shine, and increased breakage.
- Feeling you need to shampoo every day because your hair doesn't feel fully clean.
- Your hair lacks lustre and is unable to hold a style or respond to products.

A useful treatment for this is L'Oreal Metal Detox which contains Glicoamine, a molecule small enough to penetrate inside the hair fibre to neutralize metals. The insalon treatment involves 3 steps: 1) Metal Detox Metal Neutralizer Pre-treatment before any colour, balayage or lightening service; 2) Metal Detox sulphate-free shampoo to detoxify your hair after the service; and 3) a Metal Detox conditioner and mask to nourish your hair and protect against new metal particles coming back. Talk to your hairdresser or come and see us if you'd like to know more.



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It's Sew Easy

If you happened to be walking along the top of Deep Creek Road on a Monday morning you may have noticed a number of ladies turning into the gate by the side of St Mary By The Sea church. No, they are not a day late for the church services, they are making their way into Raft for the **Monday** sewing class.

The classes are run by Jen and Ruth who, between them, have a wealth of knowledge and skills in sewing and fabric crafts. Raft Studio's Ruth and Jen grew up around sewing and it is still an integral part of their lives as they repair, reuse and create new projects.

Jen: I grew up around sewing. My grandmother was an amazing seamstress in the Netherlands. She passed that to my mum, who then taught me how to sew. I have had an over-15-year career in the fashion industry, both locally and abroad. However, I was drawn to a more creative and community-focused career which is why I started Raft Studios. Today sewing isn't a hobby – it's a tool to facilitate creating projects, repairing, and reusing. Textile art, creating beautiful objects, and teaching others, are what drives my sewing addiction.

12

Ruth: I was already mending and creating outfits as a child, from the age of 8! After learning how to quilt, patch, upcycle and much more, I now also love playing around with textile arts, and I love teaching.

The last three terms have seen a large growth in our class

numbers and seen many wonderful projects being created. From free-motion stitched cards, new and repaired clothes, cushions, toys and much more.

We are having a slight change of tack for Monday sewing, (no pun intended) where we will be open from 10am—3pm (\$20 for a 3hr session) and work as a group rather than a taught class. So anyone who would like to create their own unique clothing or project is welcome. We are also starting to embrace the slow stitching craze, for those who wish to make art pieces, wearable or not, to put on display or to gift to friends.

BEGINNERS' LESSONS: Not everyone who attends our sewing group is new to sewing, however, for those who are, we offer a great, two part beginners' starter lesson which introduces you to using a sewing machine, reading a pattern and the basics of sewing. If this is something you would like to learn please get in touch, lessons will be available for bookings.

HAND SEWING AND MACHINE: At Raft it is not all about the sewing machine, we help with hand sewing, repairing and reusing. We have a mixed collection of sewing patterns, fabrics and all the trimmings so even if you are new to anything textile, we have it all here for you to use.

CHRISTMAS IS ONLY TWO MONTHS AWAY. Heading into term four, we are aware that the Christmas bug will be arriving and we are already excited about the ideas and instructions we have for decorations, eco wrapping and gifts. If you need some creative inspiration come on into the studio!

No Sew Denim Dog Toy

Take a pair of old jeans (non-stretch is best), cut the legs off just under the crotch. Cut the legs into three strips, length wise. Fold each strip, along length, so raw edges are in the middle to create a roll. Take all three and knot them together at the cut end. Plait strips and tie off with leftover denim or a strong piece of rope. Now you are ready to go play!



For information on our October programme see the *What's On Where* section (pg 28-29) or check out our Facebook or Instagram pages or contact us on - Phone: 0211452865, email: raftstudiostorbay@gmail.com; website: www.raftstudios.co.nz



To Sell or Not to Sell?

With the upcoming elections, there is a lot of uncertainty around the property market and whether to hold off selling until next year.

The prediction is that listing numbers are going to surge post-election. That coupled with the forecast El Niño weather system on the way, will bring a long hot summer this year, perfect for showcasing your property. So there is no better time than the present to get ahead of the competition!

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Torbay Friendship Group

By Delphine Pearson, Torbay Friendship Club

In August, we visited an Alpaca Farm in Warkworth. Every excursion has some unknown aspect to it which makes for some excitement. Although the farm was rural and rather muddy, we had great fun feeding these innocent looking animals. The trip was rounded off by a drive into the quaint town and lunch at the hotel. Upcoming is a visit to the Maritime Museum with a possible boat ride in the harbour dependent on the weather.

One more fact about Alpacas, their fur is a soft highly durable and strong fibre highly prized among artisans and crafters.

On that note, we have a craft group that brings whatever knitting, sewing, pattern cutting or card making we are currently working on. Torbay-side and out of the wet weather, our craft group is expertly supported by convenor Janine Taylor. Janine is an accomplished artist and gemmologist. Although attendees are usually working on various crafts at the same time, she is always willing to assist anyone interested in being guided on different aspects of art.

the Club and Activity groups. If you are retired or semiretired do feel free to join us on the 2nd Thursday of each month at 10am at the Torbay Community Hall.



For more information, please contact Noreen McArthur on 027 271 3524 or Delphine Pearson on 022 072 9813. We look forward to chatting to you.

It's been exciting to welcome visitors and new members to



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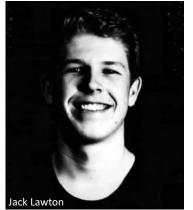


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We're There For You

Grease Update - Four Cast Members Announced









Callum Robson

Who knew Sandy was living in Browns Bay, with Belgian heritage and having grown up speaking French at home? Lisa Camelbeke fell in love with Grease at the age of 3, with home videos featuring her dancing to Greased Lightening. She has already performed in Grease playing Patty, and most recently was part of Wicked at SkyCity. We are thrilled to have such a talented woman playing the role of Sandy!

Taking on the iconic role of Danny is the talented Jack Lawton, who has been a fan of the show since childhood and felt he had to audition when he saw that Torbay Dramatic Society were putting it on! Fresh from performing as the alternate Fiyero in Wicked at SkyCity, Jack was born and bred on the Shore.

As Marty we have Torbay local, Amelia Davey, who has featured in many productions at Torbay Dramatic Society over the years and undertook her first lead role in Year 5 at Long Bay Primary School. Currently working as a musical performance teacher, Amelia is focusing on pursuing acting and performance work.

Long Bay College Head Boy, Callum Robson is taking on the role of Kenickie! Callum auditioned for the show as "it's not every day a theatre down the road puts on a show like Grease". Callum has always been involved in his school productions and was encouraged by a classmate to audition.



Grease will be staged in the **Torbay Community Hall.**

December 7:30pm shows will be on Thurs 7th, Fri 8th, Sat 9th, Weds 13th, Thurs 14th, Fri 15th and Sat 16th.

> Matinees at 2:00 pm will be on Sundays 10th and 17th

For more information, and to book for shows, please see our website: www.torbaytheatre.com · 35 Watea Rd, Torbay · Ph: 021 0294 0630



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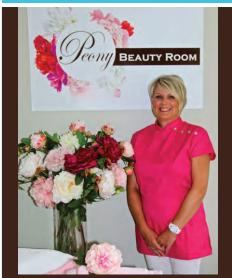
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Stress is a funny thing. Successful people say they enjoy it – just so long as it can be worked through to a grin-on-the-face conclusion.

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What is Grief and Loss All About?

By Margaret Mohamed

Grief isn't only about death. It's hard to believe that because that's what most people associate with grief. But there are many other types of losses. In fact, there are over 40 other life events that you could experience that would cause feelings of grief.

One definition is that grief is the conflicting feelings caused by the end or change in a familiar pattern of behaviour. It's the normal and natural reaction to any change in your life. Any event that causes change can result in grief.

Have you ever moved house? Even if you moved to your dream home in the perfect neighbourhood there can be grief. Why? Because it's a change in what's familiar. Think of the huge changes COVID caused.

Have you ever lost pet? That can be devastating. How about divorce, losing or changing jobs, or having your child leave home for university?

Senior citizens might feel grief when they don't feel needed anymore, retire or have to move to an assisted living facility.

All of these events have one thing in common, change.

It's crucial to know that feelings of grief aren't only the result of death because if people don't know they are experiencing grief then they might not find the tools they need to recover. It's vital to talk about so that when you or someone you love is experiencing loss you can be supportive or ask for help.

Think about your life. When could you have been grieving, but didn't acknowledge it because it didn't have to do with someone dying?

Loss and grief are about all the human emotions caused when everything we're familiar with changes.

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Divorce

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- Pet loss
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- Any other loss
- Job loss

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Fishing with Pont



By Nathan Pont

Spring is in the air and the baitfish are becoming more common. One fish that really goes for baitfish are John Dory. This month I am going to discuss how to take John Dory from a by-catch to a targeted species. I use live bait on dropper rig for catching John Dory.

The key to finding John Dory is finding baitfish (often yellowtail mackerel). The best way to do this is to run along coastlines or find reef structures or FAD's (often channel markers, speed signs, weather stations).

If you are going under 5 knots you will see sign on your sounder often halfway down. Once the bait has been found a sabiki rig can be used to catch them. The best technique when using sabiki rigs is to drop just below the baitfish (not all the way to the bottom as you can often get a by-catch of undersize Snapper), then slowly wind up through the bait school.

Make sure you have your bucket or live bait tank full with fresh saltwater so you can transfer them straight in. Once you have caught enough baitfish to last your fishing trip it is time to anchor just on the edge of the drop-off of the reef. Around the Hauraki Gulf this ends up being around 10-15m.

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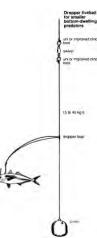
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Next set up your dropper rig (refer to photo below). This rig can be much lighter in strength, around 30lb, as it is rare to get a Kingfish as a by-catch and if you get a Snapper it can handle it.

The best technique, I've found, is to have 2 or 3 rods down right on the bottom and just wait for the John Dory to come along. Be patient and let the John Dory swallow the live bait. Using a baitrunner tool is the best way, as there is enough tension for the baitfish to be dropped but also a John Dory doesn't have the same strength to take you back into the reef.

Tight lines until next time.





Example of a sabiki rig

Example of a dropper rig

Tides-Oct 2023 (Murrays Bay)

							•		.,	
	HIG	Н	LOW		HIGH		LOW		HIGH	
Sun 01			03:04	0.1m	09:17	3.2m	15:25	0.1m	21:39	3.3m
Mon 02	-		03:52	0.0m	10:04	3.2m	16:13	0.2m	22:28	3.2m
Tue 03	-		04:39	0.1m	10:51	3.2m	17:01	0.3m	23:16	3.1m
Wed 04	-		05:25	0.2m	11:38	3.0m	17:50	0.4m	-	
Thur 05	00:04	2.9m	06:12	0.4m	12:26	2.9m	18:41	0.6m	-	
Fri 06	00:53	2.7m	06:59	0.5m	13:17	2.7m	19:36	0.8m	-	
Sat 07	01:44	2.6m	07:51	0.7m	14:12	2.6m	20:35	0.9m	-	
Sun 08	02:38	2.5m	08:48	0.8m	15:12	2.5m	21:37	0.9m	-	
Mon 09	03:36	2.4m	09:52	0.9m	16:12	2.5m	22:36	0.9m	-	
Tue 10	04:37	2.4m	10:55	0.9m	17:08	2.5m	23:30	0.9m	-	
Wed 11	05:35	2.4m	11:50	0.8m	17:59	2.6m	-		-	
Thu 12	-		00:19	0.8m	06:28	2.5m	12:38	0.7m	18:44	2.6m
Fri 13	-		01:02	0.7m	07:14	2.6m	13:20	0.7m	19:25	2.7m
Sat 14	-		01:42	0.6m	07:55	2.7m	13:58	0.6m	20:04	2.8m
Sun 15	-		02:20	0.5m	08:34	2.8m	14:35	0.5m	20:42	2.8m
Mon 16	-		02:58	0.5m	09:11	2.8m	15:13	0.5m	21:20	2.8m
Tue 17	-		03:35	0.4m	09:49	2.9m	15:51	0.5m	21:59	2.8m
Wed 18	-		04:14	0.4m	10:28	2.9m	16:32	0.5m	22:41	2.8m
Thu 19	-		04:53	0.4m	11:09	2.9m	17:15	0.5m	23:24	2.8m
Fri 20	-		05:35	0.4m	11:53	2.8m	18:03	0.6m	-	
Sat 21	00:11	2.7m	06:21	0.5m	12:43	2.8m	18:56	0.7m	-	
Sun 22			07:13		13:40	2.7m	19:56	0.7m	-	
Mon 23	01:59	2.6m	08:13	0.6m	14:42	2.7m	20:59	0.7m	-	
Tue 24	03:02	2.6m	09:22	0.7m	15:47	2.7m	22:04	0.6m	-	
Wed 25	04:09	2.6m	10:31	0.6m	16:50	2.8m	23:06	0.5m	-	
Thu 26	05:16	2.7m	11:36	0.5m	17:48	2.9m	-		-	
Fri 27	-		00:04	0.4m	06:18	2.8m	12:34	0.4m	18:44	3.0m
Sat 28	-		00:59	0.3m	07:15	3.0m	13:27	0.3m	19:36	3.1m
Sun 29	-		01:51	0.2m	08:07	3.1m	14:16	0.3m	20:27	3.1m
Mon 30	-		02:41	0.1m	08:56	3.2m	15:04	0.3m	21:16	3.1m
Tue 31	-		03:28	0.1m	09:43	3.2m	15:51	0.3m	22:04	3.0m
Courses Ma	+0.00000	alutions								

Source: MetOcean Solutions Daylight Saving: Please note that tide times have been corrected for daylight saving time.

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Kuala Lumpur: A Warm Year-round Getaway

By Marewa Glover

If you're balking at the price of a return ticket to Australia these days, have a look at Kuala Lumpur as an alternative. Kuala Lumpur, Malaysia's capital, is a vibrant city where shopping, culture, and affordability come together.

Bukit Bintang is the epicentre of Kuala Lumpur's shopping scene. Along Jalan Bukit Bintang, you'll find fashion boutiques, electronics stores, and luxury outlets. But it's not just about glitzy malls. If you enjoy haggling for souvenirs, head over to the street markets in Petaling Street, Chinatown. While you're there try the mouth-watering street food – in main tourist spots, these are regularly monitored by the health authorities.

Compared to other major cities, KL, as the locals call it, is surprisingly affordable. In many destination cities around the world, once you convert prices into NZ\$, it can be disappointing to find there's no difference. This is not the case in KL – you'll find your NZ dollar goes just a little bit further. There's also a lot of budget-friendly accommodation. Whether you prefer boutique hotels, guesthouses, or luxurious resorts, you'll find a place to stay.

Kuala Lumpur's attractions include iconic landmarks like the Petronas Twin Towers, Batu Caves, and the Sultan Abdul Samad Building. Whilst locals like to drive, there's no need for you to get stuck in traffic. From Bukit Bintang you can walk via underground air-conditioned walkways and connecting bridges to the Twin Towers and other shopping malls. Everywhere there are food halls and restaurants. It's a culinary journey serving up Malay, Chinese, Indian, Arabian, and Western cuisines. I particularly enjoyed Tenggiri Mackerel and coconut rice from the must-try Madam Kwan's restaurant, and from elsewhere, Belacan Kangkung (a spicy vege dish), and a herbal tea featuring monk fruit. Kuala Lumpur's warm tropical climate makes it an excellent year-round destination for a getaway. A lot of people speak English and it's only about an 11 hour flight to enjoy worldclass shopping, delectable cuisine and balmy evenings.



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Petronas Twin Towers



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Pay it Forward to Kiwi Kids this Christmas

As the festive season draws near, it's that time of the year when our local community can come together to make a significant difference for Kiwi kids living in hardship. Embrace the spirit of "paying it forward" by supporting the Christmas Shoebox Project. This initiative aims to give local people and their workplaces or organisation an opportunity to bring a touch of joy and hope to the faces of children whose families are facing a tough Christmas.

Paying it forward is as easy as 1, 2, 3...

STEP 1: You and your organisation or business can order boxes to fill by 31 October, and these will be couriered directly to you.

STEP 2: Choose the age of the child you would like to give to and then fill the boxes with special presents using a handy list of suggested gifts Catalytic will send you.

STEP 3: Once the boxes are completed, contact the Catalytic Foundation by the end of November to arrange for the boxes to be picked up and distributed to a nominated family in time for Christmas Day.



20

The Catalytic Foundation is a nationwide charity with our head office in Torbay, Auckland. Our dedicated team collaborate with our charity partners to ensure that your lovingly assembled shoeboxes reach nominated children living in hardship in the Auckland region. Donations of specific items for these special Christmas boxes are also appreciated. Let's make this Christmas a season of compassion, hope, and generosity. We encourage all residents and businesses to get a group together and make a significant impact



on the lives of Kiwi kids. For more information and to sign up, please contact the Catalytic Foundation by emailing admin@catalytic.org.nz or visit

 $www.catalytic.org.nz/christmas_shoebox_project.$



Team from AIA in Takapuna with Christmas Boxes they donated



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Life on the Edge-Ngā kapua/Clouds

By Yuin Khai Foong for Sir Peter Blake Marine Education & Recreation Centre, Long Bay. merc.org.nz

Ngā kapua have a way of capturing an emotion, be they pillows of white, moody dark greys, or warm tones of red reflecting the sun. However, with a different lens, they can mean much more.

From a *te ao Māori* (Maori worldview), clouds sit in the realm of *Tāwhirimatea, atua* (god) of winds and storms. In *te reo Māori* there are several names for different sorts of clouds. These names often reflect what the clouds mean about weather and conditions. *Titi taranaki* is a streaky cloud and a sign of stormy weather. *Pāroro* is the word for a threatening cloud. *Kōnguā* is cloudy and cloudless would be translated as *ātea*.

For those of us who regularly recreate on the water and outdoors we look to clouds to know current and anticipate future weather. Their shape, colour, speed, and height can all help inform us about the conditions we will recreate in.

At MERC we start our day looking at clouds and other environmental indicators to see what we can expect from the day. We then look at weather forecasts. This gives us a rounder picture and more detailed knowledge of our immediate surroundings. Throughout the day our team reassess. It wouldn't be unusual for there to be specific weather conditions we know about through our experience of operating outdoors.



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When you fly on an airplane, the pre-flight safety briefing instructs you to "put your oxygen mask on first", before helping others. This is important because, if you run out of oxygen, you cannot help other people. The same applies to parents who help out their adult children financially.

One of our retired clients asked us for advice about this recently. They had lent some money to one child and were wondering if they could afford to give the same amount to their other two children, rather than adjusting their wills to account for the loan. We did some cashflow modelling which showed that, yes, they could gift the funds and still comfortably fund their own retirement living costs. The children were very appreciative of the money and the parents were relieved that they could afford to help the children

Get in touch see if you are on track to achieve your financial goals.

Rachelle Bland *Financial Adviser – Investments* Put your oxygen mask on first.

Room 54's '*Can Angels*': Two Weeks of Good Work



By Candice Bradshaw

In August, the students of Northcross Intermediate School took on a remarkable mission: collecting cans of food to support the Good Works Trust, a local charity known for its food distribution to those in need.

For two weeks the children rallied their schoolmates, friends, and families, urging them to donate cans of food. Their dedication bore fruit, resulting in a staggering total of 1515 cans collected. This marked the second consecutive year of their heartwarming can drive, showcasing their compassion and will to help others.

The impact of their efforts was felt most strongly on the North Shore, where families facing hardship welcomed the assistance with gratitude.

Leading this inspiring initiative were the *'Can Angels'* from Room 54:

· Naomi Wanghan

22

- · Sofia Brandolino
- Christopher Rawles Samantha Ridgley

They're very proud of everyone's efforts and they hope the can drive will be repeated next year.





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Sudoku

	6	2	7	3	9			
4	8			6		9		3
	9		1				5	2
9	7		4			3	8	
				7			1	
2	1	6		5				4
6		9	3			1	2	8
3	2	8			1	4	6	7
1		7		2				

ACROSS

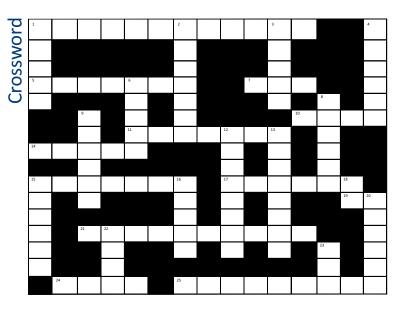
- 1 * Mimi and Adrian's burgeoning empire
- 5 * New fish at Evan's Kebab
- 7 * Pay it forward is an opportunity to bring a touch of_
- 10 Opposite of a sphere
- 11 * Nathan reckons this rig can be much _
- 14 * Maximum sunlight prevents seedlings getting tall and _

15 Always maintain a _ of decency

- 17 * Next Torbay Theatre production is _
- 19*Auckland Transport
- 21 * Jens Gran was an amazing
- 24* Festival at Birds of a Feather
- 25 * Alpaca farm in

DOWN

- 1 * _ and Gold new barbershop
- 2 A base or bottom layer



- 3 * _ salts solution for the garden
- 4 *Events causing grief have this in common
- 6 * Grant's Head of Security 8
 - We all have them
- Tiered tower common in Asia 9
- 12 * Marewa enjoyed the _ Mackerel in KL
- 13 To know your part you need to _
- 15 * Look for signs your hair may contain
- 16 * Keep your seedlings
- 18 Short for each
- 20*Owner of new barbershop
- 22*9 groups at Community _ held late Sept
- 23 Taringa (noun)

Answers on page 30. Answers to clues marked * can be found in this months magazine.

(23

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A Big "Thank You" from Torbay Plunket



The 2023 Nearly New Sale was a fantastic success. A big THANK YOU to everyone who attended, the fantastic sellers, those who volunteered on the day, and to those who kindly donated items to Torbay Plunket to sell on our table. It was a buzz to see so many people with smiles on their faces as they picked up some great bargains.

With heartfelt thanks to our generous sponsors: New World Long Bay for the terrific raffle basket, Kent Johns Health for covering the venue hireage, 1st Impression Design & Print for the brilliant flyers and Nicole Penny at Barfoot & Thompson, Browns Bay for adding them to her big letterbox drop.

A big thank you also to Suzanne Butler from Mama Markets



for all her hard work in coordinating the sellers and tables – we couldn't have done it without you! And to the Browns Bay Bowling Club and Torbay Senior Citizens Club for generously loaning us tables to use for the sale.

We're incredibly proud that the funds raised from the Nearly New Sale will be going towards our Meals For Families initiative.

If you want to volunteer to be part of the Torbay Plunket committee, we'd love to see some new faces. We're an easygoing group who meet monthly to plan a couple of major fundraising events each year. If you want to know more, please email torbayplunket@gmail.com.



Torbay School's Working Bee



By Susan Ye

The journey towards Torbay School's garden began with a vision to create an enduring space that would enrich the educational experience of our students. We started off with a few planting boxes and over the years, with Chanel Torbet's horticultural expertise guiding the way alongside our Year 6 *Whānau Rakino,* the garden has blossomed into an educational oasis that fosters curiosity and deeper connection to nature. The vegetables, herbs and other fruit trees have blossomed into fruitful resources for the *"Garden to Table"* programme.

As a school we decided to create more opportunities for our *tamariki* and to utilize the spaces on our school grounds, so a bigger garden was created. This project was successful due to our PTA's unwavering commitment to fundraising. The realization of our vision has allowed students to engage in hands-on learning about cultivation, nutrition, and the environment.

The crowning moment of Torbay School's garden project was the "Working Bee" event held on August 13th. A heartwarming display of community spirit;, parents and their tamariki eagerly joined forces to contribute their time and energy to the garden's growth. Together, they planted an assortment of fruit and native trees, symbolizing their dedication to cultivating a legacy of environmental consciousness and sustainable living. Under the guidance of landscaper Naomi Gray, along with help on the day from Steve Krebs, the garden expert who did an educational lesson on how to plant trees, the community took away some great planting knowledge. The tamariki didn't miss out on their educational session either, they learnt to dig various sizes of holes to ensure there was enough space for the tree to grow. They also helped with transporting soil and water from one station to another, building on their physical skills. What a great community spirit. As a school, we would like to thank our community for their time and effort to get this job done.

We are looking forward to watching the gardens and the trees grow, providing lots of opportunities for our *tamariki* to develop sustainability as the year progresses. We are also looking forward to seeing what our *tamariki* produces in the kitchen with the produce from the garden.







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Ladybirds Lawncare—For all your lawn mowing needs. Phillippa Jones 027 643 8888

Landscaping—Format Landscapes, local, over 20 years experience, Diploma in Landscape Design. We undertake all aspects of hard and soft landscaping including decks, paving, fences, retaining walls, planting etc. Small to large projects. Free quotes. Ph Matt 021599 107. www.formatlandscapes.co.nz.

Landscaping—From concept to completion. For practical and creative solutions. Small areas and makeovers a specialty. Ph Peter 0274 394 574. www.landscapedesignauckland.co.nz Lawnmowing and Hedges—Ph Jim's Mowing 0800 454 654 for large or small lawns, trimming, rubbish, spray, clean-ups. Guaranteed! www.jimsmowing.co.nz

Rubbish Removal and Skip Filling—Ph Cliff 473 6317 or 027 618 5917 for all your garden and general rubbish removal needs.

Shaun's Home and Garden Maintenance— Honest & Reliable. Lawns, Sales & Rental tidy ups, Hedges, House washing & much more. 021 1548 886 shaunshgm@gmail.com

Squeaky Cleaners—Eco friendly products, Insured, References, Non Franchised, Reasonable Rates. Specialising in Residential / Office cleaning to showhome standard. Call or text Joy now to discuss your options. Ph 021 487 463. squeakycleaner.co.nz

SIGNS

Sign Addiction—Shops - Vehicles - Boats - Site Signs and more. Ph 0274 991 744 or 473 6364 or sign.addiction@xtra.co.nz

FOR HIRE

Awatuna Scout Hall—Waiake Beach. Available for birthday parties, exercise classes. Kitchen facility. Ph: Amanda 021 076 7422, awatuna@gmail.com.

Senior Citizens Hall, Torbay—Email torbaycommunityassociation@gmail.com

Torbay Community Hall—Email torbaycommunityassociation@gmail.com

TUITION

Ballet—Pre-school, grades, advanced and adult classes. Royal Academy of Dance syllabus. www.diannewallaceballet.co.nz. Dianne Wallace RAD Dip Tchg. Ph 027 603 0481

NEEDED

Treasurer for Not-For-Profit community organisation. Can be co-opted to Board. Small honorarium can be paid. Email chairperson@torbay.co.nz

What's On Where

AL-ANON FAMILY GROUPS—Support group for family and friends of alcoholics. See: www.al.anon.org.nz or ph: 0508 425 266

ALCOHOLICS ANONYMOUS—0800 229 6757. www.aa.org.nz. Join our friendly **Tuesday** night meeting at 7.30pm St Marys by the Sea Anglican Church if you wish to stop drinking.

AGE CONCERN NORTH SHORE - 489 4975

AGE PLUS CHARITABLE TRUST-09 550 3387

ASSOCIATION OF BOOK CRAFTS-027 440 4458

BACKGAMMON CLUB—Backgammon is a very old popular game. Easy to learn, harder to win. Depends on the roll of the dice and your strategy. Join our friendly mixed group on **Wednesday** 12.30-4pm for some fun at Heart of Bays, Inverness room, 2 Glen Road, Browns Bay. Cost \$2. Ph: Linda 021 216 3050 or 476 8311 or just come along.

BAYS CITY JUDO-473 7855

28

BRAEMAR SCOTTISH COUNTRY DANCE CLUB—Relaxed, friendly group who dance **Tuesday** 7.30pm at St Anne's Hall cnr Glencoe and Beach Rd, Browns Bay. Ph: Yvonne 410 9126

BROWNS BAY LADIES CLUB—Retired and still young at heart? Why not join the Browns Bay Ladies Club. We meet 4th **Friday** of every month. We have a guest speaker and also offer many interesting groups and bus trips. Ph: Christine 475 5426 or Jan 478 9231.

BROWNS BAY RACQUETS CLUB—Would love to have more players 55yrs plus. We play mixed doubles. **Friday** 9am. We have lots of fun and fees are low, in fact nil at first. Ph: Angela Verry 021 121 158 or 479 5094

CITIZENS ADVICE BUREAU-479 2222

DIGITAL SENIORS—FREE COACHING—Need help with your digital device? Bring your phone, tablet or laptop to East Coast Bays Library. Tuesdays 10am-2pm. Ph: 0800 373 646

THE CREATIVE KEYBOARD CLUB—Who have Members in Torbay. We meet at The Community Hall, (behind St Cuthberts Church) 45 Anzac Road, Browns Bay 2.00pm every 2nd **Sunday** of the month and enjoy music from members and guest artists. Includes afternoon tea. Small admission fee. Ph: Marlene 478 3166.

DEEP CREEK RESTORATION SOCIETY-021 366 236

EAST COAST BADMINTON—Active Badminton Centre, 44/46 Apollo Drive. **Tuesday** 5pm-10pm. Ph: Don 473 0703 or 027 497 6242

EAST COAST BAYS BRIDGE CLUB—Learn to play bridge. All ages welcome. Contact: lessons@ecbbridgeclub.co.nz or Helene 027 296 3365

EAST COAST BAYS LIONS-022 047 3266

EAST COAST BAYS RSA-478 8033

EAST COAST FOLK CLUB—8pm first Friday of every month at the Torbay Senior Citizens Hall (behind Torbay shops 37 Watea Rd). \$10 Admission. Casual performers first half with featured guest in the second half. Ph 09 426 3588 r.uhe@xtra.co.nz

EAST COAST BAYS TOASTMASTERS-027 422 3685

ECB WIDOW & WIDOWERS ASSOCIATION-479 6042 FRIENDS OF OKURA BUSH-021 177 5755 FRIENDS OF SHERWOOD-476 7279

HAURAKI FLORAL ART CLUB—Join a fun and friendly group creating artistic designs with flowers and foliage. Free lessons. We meet the second **Wednesday** of every month from 9am. Ph: Jennifer 09 479 5691 or Jo 027 673 8836

LONG BAY OKURA GREAT PARKS SOCIETY-021 424 617

LONG BAY RESIDENT'S ASSOCIATION—Longbayra@gmail.com

LONG BAY TOASTMASTERS-022 048 5034

LONG BAY VILLAGE MARKET—4th Sunday of every month 9am-2pm, Michelle 021 119 8796, Leanne 027 432 3317 (txt is best); longbayvillagemarket@gmail.com

NEIGHBOURHOOD SUPPORT-09 353 0427

NORTH SHORE BRASS ACADEMY-021 281 0405

NORTH SHORE CMA—Companionship and morning activities for seniors. Ph: 489 8954

NORTH SHORE KICKBOXING-021 228 2808

NORTH SHORE WRITERS GROUP—Invitation to all adults who have written, are writing or want to write! Contact Tim 021 224 4533 timowen1968@gmail.com

PLUNKET-838 0981

RAFT STUDIO—Term 3 Weekly Classes:

- Mondays: 9.30am-12pm Open Studio; 12pm-3pm Sewing; 7pm-9pm Have a Yarn (alternate Mondays from 17 July)
- Tuesdays: 9.30am-12.30pm Papercraft; 1.30-4pm Papercraft and Mixed Media projects; 7pm-9pm Evening Open Studio
- Wednesdays: 9.30am-12.30pm *Sewing;* 10am-1pm *Abstract Acrylics;* 1pm-4pm Open Studio
- Thursdays: 9.30am-12.30pm *Mixed Media Advanced;* 1.30pm-4.30pm *Casual Art Group*
- Fridays: 10am-12pm Art for Wellbeing; 12.30pm-2.30pm Open Studio; 3.30pm-5.30pm Youth@Raft
- Ph 021 145 2865. For more details see RAFT pg 12.

RESTORE HIBISCUS AND BAYS—Monthly planting days at local reserves. For info ph: 027 290 4826

ROTARY BROWNS BAY—Torbay meets every 1st and 3rd **Tuesday** of the month for a 7am breakfast at the Bays Club in Browns Bay. If you are interested in doing different things in your community, come for a visit. Ph: Paul Mees 021 0257 0993. www.brownsbayrotary.co.nz

RUMMIKUB GROUP—Join our friendly group on **Wednesday** mornings 10am-12 noon in the Council Building in Glen Road, Browns Bay. Ph: Annette 021 061 2199 or just come along.

SALVATION ARMY OP SHOP-473 2150

ST MARY'S COMMUNITY GARDEN, TORBAY— Allotments available to grow your own veges, herbs, flowers. Join a fun sharing group. Ph: Nanette 021 140 4548 or Dianne 027 313 7116.

TORBAY FRIENDSHIP CLUB—A lively and thriving club for retirees. The club meets monthly (except January) on the second **Thursday**, 10.00am at Torbay Village Hall. Activities include great speakers, excursions, coffee mornings and games groups. Annual membership \$25.00, plus joining fee. Call Noreen 027 271 3524. Visit fnzi.nz for info on Friendship Clubs in general.

TORBAY GARDEN CLUB-478 1601

TORBAY HISTORICAL SOCIETY-473 6482

TORBAY INDOOR BOWLING CLUB—Looking for a new activity? Come join this friendly club on **Monday** 6.45pm at Torbay Community Hall. Entrance off Watea Road by the Tennis Courts. All ages welcome. Ph: Janet 473 1621

TORBAY INTERNATIONAL COFFEE GROUP-473 3259

TORBAY SAILING CLUB-021 1844 580

TORBAY SENIOR CITIZENS— Email: torbaycommunityassociation@gmail.com

TORBAY STEP BEYOND STUDIOS-022 596 8440

TORBAY TENNIS CLUB—Behind the Community Hall offers tennis for all ages. All inclusive membership fees. Junior fee includes coaching. Club coach Jason Hart offers exciting programmes. For more info or to register see our website for open day dates: www.torbaytennis.org.nz

TORBAY THEATRE—**Backstage Club:** To volunteer for anything backstage or lighting, Wednesdays 10.15am-12, pop in, contact Daphne 473 7494 or see our website (page 15).

CHURCHES

Browns Bay Presbyterian Church	479 2441
City Impact Church	477 0300
East Coast Bays Catholic Parish	478 4565
Graceway Baptist Church	473 8562
Long Bay Baptist Church	473 2498
Long Bay Baptist Mainly Music	947 3378
Shore Presbyterian Church022	241 23460
St. Mary's By The Sea Anglican Churc	ch 473 8180
Trinity Methodist Church	478 5107

TORBAY WALKERS—A group of friendly women meet every **Wednesday** afternoon at 4pm and walk for 1 hour. Please come along and join us at the bus stop in Torbay Village. Ph: Irene 473 1159 or Diane 473 1761.

U3A BROWNS BAY—A group of likeminded people in their 3rd age (retired or semi-retired) who wish to keep their mind active through learning and gaining new skill, meet the first **Tuesday** of the month at Presbyterian Hall, 45 Anzac Rd, Browns Bay. We have amazing speakers and over 30 special interest groups. Annual fee \$30. Ph: Myfanwy van Hoffen 4755741, email: myfanwy@xtra.co.nz or see www.U3ABB.nz

VAUGHAN PARK—Couples' Retreat: "I do", Rev'd Sapati Tima & Meiolandre Tima. Overnight Retreat: Friday 13 October 1.00pm – Saturday 14 October 1.00pm. \$180.00 includes catering and accommodation. Email chaplain@vaughanpark.org.nz to book.



29

SCHOOLS

City Impact School	477 0302
City Impact Arts Academy	477 0300
Glamorgan Free Kindy	473 5099
Glamorgan Primary School	473 6453
Long Bay College	477 9009
Long Bay Primary School	473 6077
Northcross Intermediate School	477 0167
Titoki Montessori School	473 0362
Torbay Kindergarten	473 9340
Torbay Play Centre	473 8077
Torbay School	473 8603





New to the menu in October:

CRUMBED FISH & CHIPS

As local business owners, we're keen to give back to the local community that has shown us such great support.



Amanpreet & Kunal

Ph: 09 478 8894

www.evanskebabnorthcross.co.nz

Support our Local Schools

Present this voucher in store to donate \$2 from your purchase to

support your school.

Tick your school choice

- Sherwood Primary
- □ Torbay Primary
- □ Glamorgan Primary
- Long Bay Primary
- Northcross Intermediate
- □ Long Bay College

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Torbay Business Association Members

BREAKFAST, LUNCH & DINNER

Chand Indian, Torbay 473 6259
Euro Patisserie, Torbay 473 7535
Hells Pizza Northcross 478 6661
Hot Roast Shop, Torbay 473 2134
Parallel 23 Bar & Eatery, Torbay 214 7931
Piatti Italiani, Waiake 478 6936
Scout Café, Torbay 473 9070
Sushi Torbay 473 6361
Torbay Bakery and Café 473 6467
Torbay Takeaways473 9229
Troy Restaurant, Torbay 473 1002

GROCERIES

BK's Four Square, Torbay	. 473 6197
Torbay Village Butchery	473 2014
Liquor Centre Torbay	. 473 9619
Liquorland Long Bay	473 0065
Torbay Dairy	473 9721
Torbay Fruit Shop	. 473 9429

HAIR & BEAUTY

Black & Gold Barbershop	392	4089
Bloom Beauty and Wellness 021	217	4047
Foxxy & Co., Torbay	473	2277
Jasmine's Thai Massage 022	247	4753
La Bella Vita Beauty, Torbay	473	0856
Nom Thai Massage, Torbay	473	5080
Simply Colours & Cuts, Torbay	473	8111
The Cutting Room, Torbay	473	5241

HEALTH SERVICES

Community Laboratory, Torbay 473 1908
Torbay Chinese Acupuncture Centre
Torbay Medical Centre 477 9000
Torbay Pharmacy 473 9629 or 473 0730
Torbay Physiotherapy & Hand Clinic
Torbay Skin Clinic 477 1111

HOME & GARDEN SERVICES

Cedar Master Ltd	022 690 6650
JMC Build	021 234 383
Premium Garden Solutions or 021 723 751	473 3878

REAL ESTATE AGENTS

Barfoot & Thompson Torbay 473 9190)
Matt & Maggie - Harcourts 027 777 0737	7
Wendy Treadwell - Harcourts021 042 7370)

OTHER SERVICES

Acquire Financial	022 107 0106
Dogs Body Grooming Parlour .	473 1500
RAFT Studio	021 145 2865
COREISS Research Centre, Torl	bay 972 2757

OTHER SHOPS

LongDayz—Surf, Skate & Streetwear,	
Long Bay 027 521 4894	ŀ

Co-ordinator Needed for Torbay Business Association

Do you love Torbay Village? Are you restless with ambition for our community? Do you want to help local business owners lift their enterprises to the next level?

The Torbay Business Association is excited to announce we are on the hunt for a Business Association Co-ordinator.

The role would suit someone with community spirit, some business acumen, and flexibility re hours and days tasks can be attended to (average is 10 hours a week).

Co-ordinators for not-for-profit business associations are generally contracted and need good self/timemanagement skills.

The tasks are varied and include:

• Supporting the elected chairperson with setting

business agendas, minute taking, applying for funding, and reporting to Auckland Council

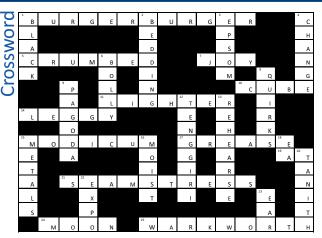
- Marketing and encouraging businesses, community groups and individuals to contribute to this fantastic local magazine
- Organising and running local community events; and much more!

Skills needed include admin, marketing, campaign and event planning, and Word/Excel/social media literacy. Some knowledge of how not-for-profit organisations and Incorporated Societies work would be useful. People willing to learn are welcome. It is anticipated the role will continue to inherent more responsibility with time and experience.

If you would like to learn more, please contact chairperson@torbay.co.nz. We would love to hear from you.



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GERALDINE ZAREIAN



0211840312 g.zareian@barfoot.co.nz www.tosell.co.nz





YOUR GO TO PROPERTY EXPERTS In Torbay, Waiake 4 Long Bay

cc

The biggest thank you from the bottom of our hearts to MATT & MAGGIE!!

We knew from day one that your tandem would equate to passion and great results. We never doubted you! We are so so elated with the outcome.

Selling our first home was such a roller coaster of emotions but you have ways to balance that in such a dynamic way!

We look forward to working with you again!

Highly recommended Matt & Maggie of Harcourts!!

JAY & CYNTHIA



THINKING OF SELLING?

Confactus to make a plan

MATT CORIN 027 777 0737 matt.corin@harcourts.co.nz

MAGGIE GAO 021 518 280 maggie.gao@harcourts.co.nz

Harcourts Cooper & Co